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Airborne Pilgrimage

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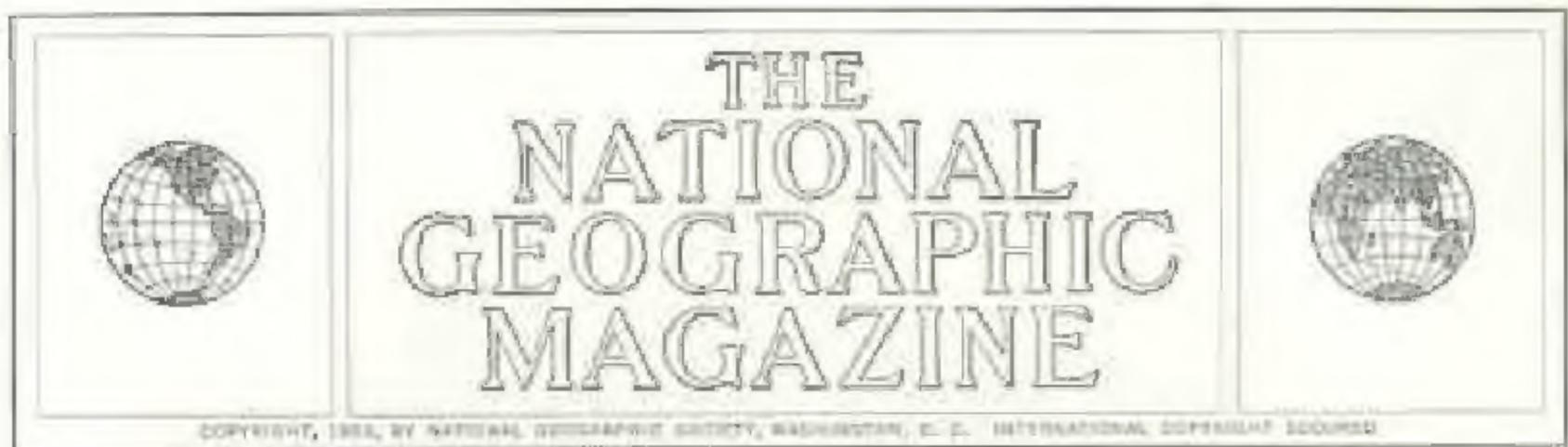
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From America to Mecca on Airborne Pilgrimage

A Moslem Student at Harvard Business School Records Islam's Sacred Rites in Color in the Interest of World Understanding

BY ABDUL GHAFUR SHEIKH

With Illustrations from Photographs by the Author

FROM every land, by every route, we came, dribblets and droplets of humanity trickling down from distant mountains and from far-off ancient cities until over the whole scope of Islam our stream became in time a river, and our river a tide.

We flowed, at the command of the Prophet, toward Mecca. "Verily," the Koran says to us, "the first house founded for mankind to worship in is surely at Mecca, a blessing and a guidance to the worlds." To visit it at least once before we died, if at all possible, was our duty and our privilege.

We pilgrims numbered nearly 500,000; about a third were women. Some, trudging down dusty roads from Central Asia toward India, had already been a year or more upon the way. Others, journeying in the stifling holds of freighters and tramp steamers, made their slow passage from South America or the green islands of Indonesia (map, page 9).

Magic Carpet from New York

Still others, traveling by night under the desert stars, plodded eastward by camel from Meknes and Fés and the sandy wastes of Libya. Not a few still squatted on the wharves of Istanbul, Dubrovnik, Algiers, Gaza, Bizerte, Piræus, waiting with haggard patience for a place on some crowded open deck.

But I, I came from America by magic carpet. Standing at the New York International Airport, I had uttered the pilgrim's traditional prayer: "Lord, roll up the earth for me!"

And it had been done. Oceans, countries,

continents had fallen away beneath the wings of my Pan American Clipper until, on August 26, the sixth day of the Moslem month of Dhu l-Hijja, I stood at last before the Great Mosque of Mecca. I entered it by the Gate of Salvation and passed thence through the inner Gate of the Sons of the Old Woman.

Before the Black-draped Kaaba

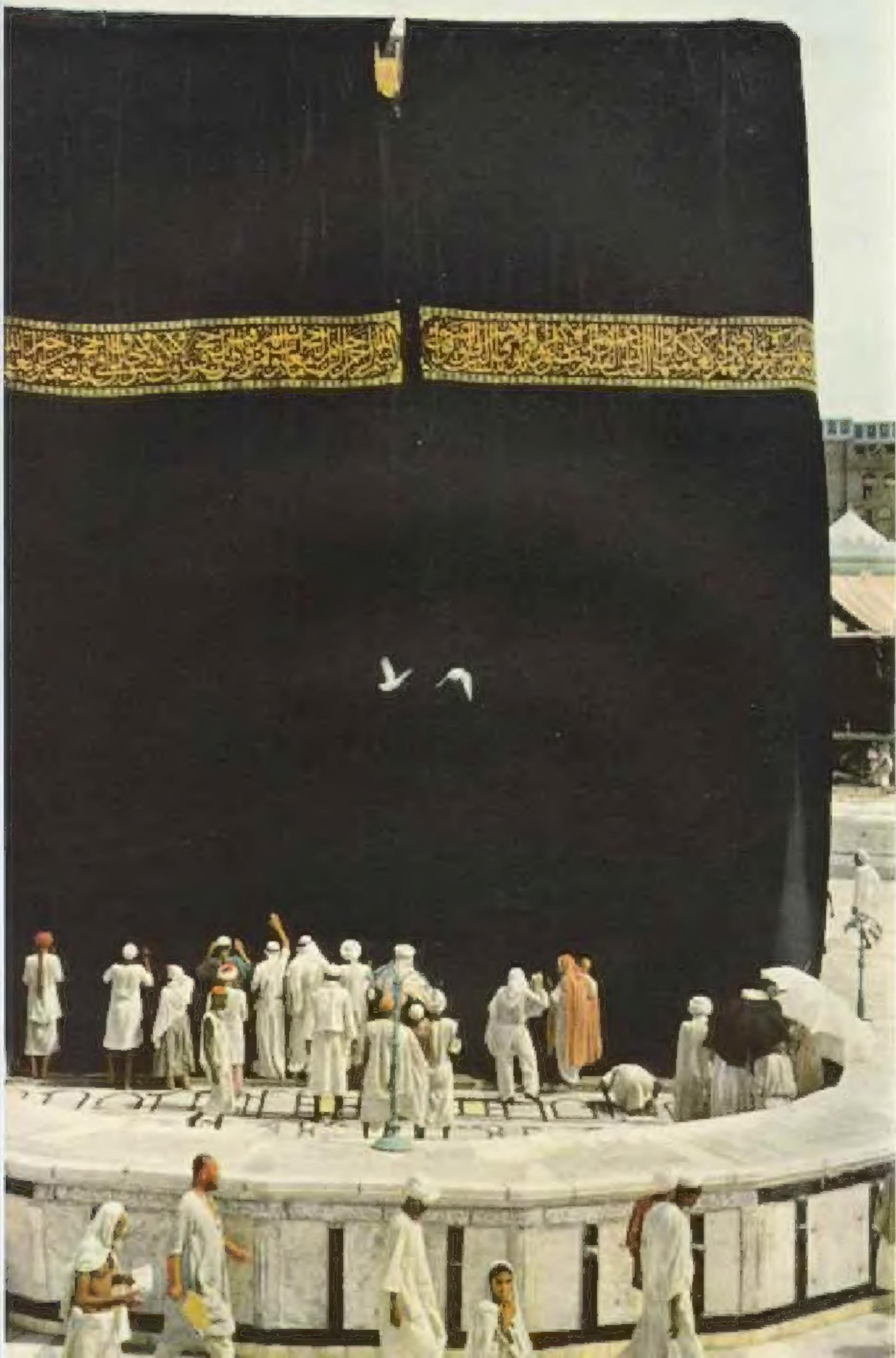
The dawn sky above Mecca was pale, and the air under the archway dank and cold. Two pilgrims hastening to prayers brushed by me, padding on brown bare feet. I gave them greeting, pressed forward, and emerged suddenly within the courtyard.

There, beyond the wide, stone-set pavement, stood the House toward which all Mos-

The Author

Abdul Ghafur Sheikh is the third son of a prominent East African businessman and philanthropist, Sheikh Fuzal Dahi, who came to Kenya in 1898 from what is now Pakistan. Prospering mightily, Sheikh Fuzal Dahi has set up the Sheikh Charitable Trust for welfare work in the Near and Middle East. To manage it he chose Abdul Ghafur and sent him to Dartmouth College and Harvard Graduate School of Business Administration.

Last year 21-year-old Abdul Ghafur came to the National Geographic Society's headquarters in Washington and announced his intention to go on *hadj* to Mecca during his vacation. He wished to make a photographic record of the pilgrimage as a means of interpreting Islam's sacred rituals to the West. Though he had had little experience in color photography, he sallied forth with two small cameras lent by The Society and returned with the extraordinary photographs which illustrate this article.—Editor.



lems, the world over, turn their hearts: the Kaaba—black-draped, severely square, immense. Unforced, the words of the *Talbiya* came to my lips:

"Here am I, O God, at Thy command! No equal hast Thou; here am I."

A breeze filtering down from the barren hills moved the skirt of the Kaaba's covering and let it billow and ripple in gentle folds. I felt a deep sense of humility. Part was that humility natural to any Moslem standing before the Presence: in the belief of Islam, Abraham built the Kaaba at the command of God. But part sprang from another source—the knowledge of my mission in this place.

For I had set myself a task with few precedents in the long history of Islam: to take in color, if I could, a full pictorial record of my religion's sacred rites.

Permission from a High Official

My purpose was simple and clear—to bring the West a richer knowledge of Islam, its high festivals and their meaning. To more than 370 million Moslems, the *hadj*, or pilgrimage, has a central, living significance. Surely, I thought, if I can convey to the outer world in words and photographs some measure of that great pageant's importance to men of my faith, I shall have advanced, by at least a little, man's understanding of man.

I had been careful, of course, to obtain the permission of a high Meccan official. Until fairly recent times such permission would have been almost impossible to obtain, and zealots among the faithful who flock to the sanctuary might have attacked me.

Why would zealots have considered my photography impious? First, because Mohammed banned all representation of the human form—sculpture, painting, murals—so

the Arab would not return to the worship of images as idols. Second, because to bring a camera into a shrine of Islam would, in their eyes, defile the holy place.*

From beneath my *ihram*—the two seamless sheets which make up the pilgrim's garb—I drew my light meter. As I had surmised, the day was yet too young, contrast in color still too faint. Later in the day, when the sun was higher, I could return and commence the thorough photographic coverage of the mosque which I desired.

Now, however, I must resume my role of pilgrim. I stepped out into the courtyard to begin my own *tawaf*—the sevenfold circuit of the Kaaba which each *hadji* must perform on at least three occasions: when he first reaches Mecca, when he returns from the Stoning at Mina, and when he says farewell to the city on his last day (page 28).

Three laps of the *tawaf* must be accomplished at a trot, the other four walking. I knew not the special prayers which the guides recite for their followers, but I offered those phrases which welled most naturally to my tongue. The circumambulation, an old custom, is a means of turning the thoughts of pilgrims upon the soul's own seeking after the Lord. For such a journey, I thought, no paid guide was truly necessary.†

By this time, however, many thousands of eager, early-rising pilgrims had entered the square and with ecstatic indifference to those around them were jogging past the shrine, some chanting, some weeping, some struck dumb in contemplation of this, the "navel of the world." Caught up in this throng, crushed shoulder to shoulder, cheek to jowl, I was soon no longer capable of independent motion but surged forward like a chip on a racing tide.

← The Kaaba: "Navel of the World" Photographed in Full Color by a Devout Moslem

Moslems believe that Abraham built this cube of basalt blocks at the command of God. The curtain's gold embroidery cites verses from the Koran in Arabic.

To pay homage at this holy of holies forms one of the five basic obligations of Islam. The other four: to observe the fast of Ramadan; to recite the belief that "There is no god but God, and Mohammed is His Prophet"; to pray five times a day; to give to the poor one-fortieth of one's wealth.

Moslems confronting the Kaaba weep, wail, and prostrate themselves; they kiss its mantle and drench it in costly perfumes; or merely stand in awestruck contemplation. On rare occasions, when rain pours from the Kaaba's gilt Waterspout of Mercy, pilgrims vie for each drop of the heaven-charged moisture.

No planes are permitted to pass over the Kaaba. Even the doves (so the devout report) fly around but never above it. (See also pages 26-33.)

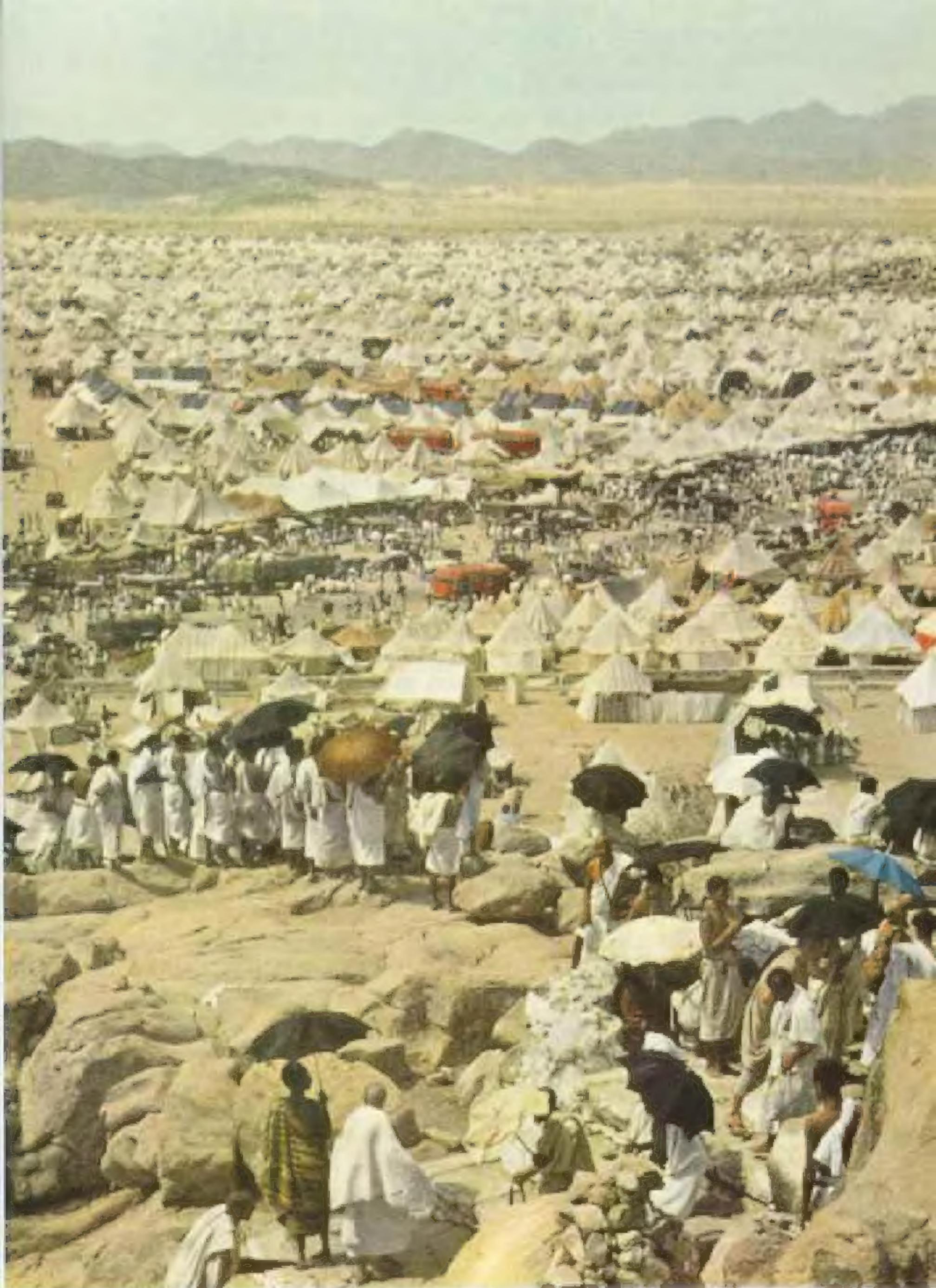
* Editor's Note

Some years ago pilgrims would have thought it sacrilegious to photograph the Kaaba and other sacred shrines. Indeed, zealots might have attacked anyone displaying a camera. But today comparatively few Moslems believe a photograph breaks Mohammed's ban; even to go abroad on a *hadj* they must have a passport photograph.

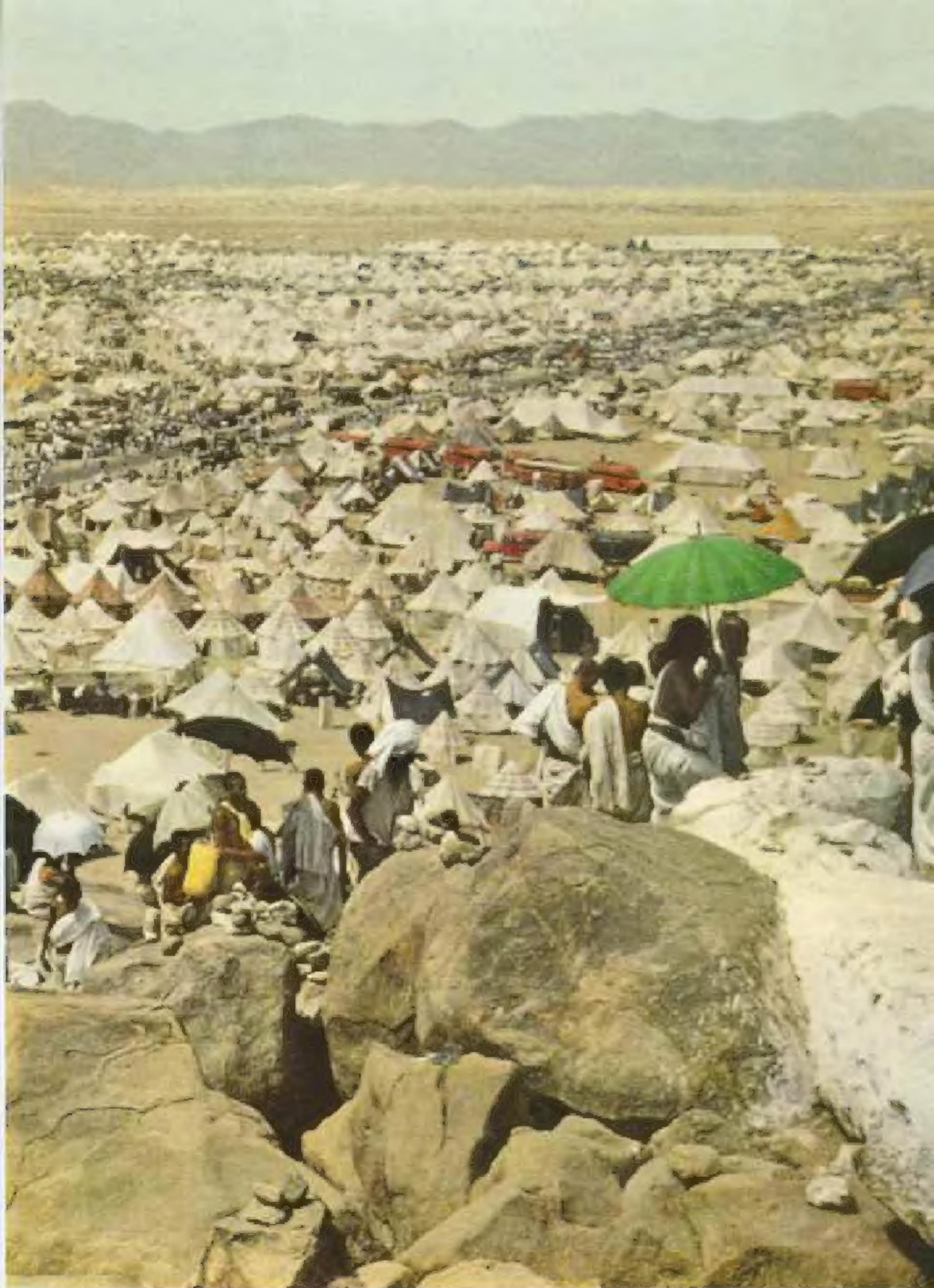
With increasing frequency, approved Moslems are permitted to record the *hadj* on film. In fact, the great pilgrimage is lavishly illustrated in Arabic language newspapers, and souvenir photographs are available in shops near the gates of Mecca's Great Mosque.

Nevertheless, scenes such as the ones which accompany this article are still rare in Western publications. This reverent and fully illustrated record of the great pilgrimage to Mecca was made possible when one of the progressive officials of the Saudi Arabian Government granted Abdul Ghafur Sheikh permission to make the photographs.

† See "Pilgrim's Progress to Mecca," 27 illustrations in duotone, NATIONAL GEOGRAPHIC MAGAZINE, November, 1937.



On the Tented Plain of 'Arafa, 14 Miles from Mecca, 500,000 of the Faithful Convene. No Moslem can truly say he has made the *hajj*, or sacred pilgrimage, unless he has stood at 'Arafa before sunset on the appointed day. At twilight the throng breaks camp and rushes pell-mell for the road to Mardalita.



Here Mohammed Prayed on His Last Pilgrimage. The Devout Repeat His Steps and Prayers
Moslem legend holds that Adam and Eve met on this spot after expulsion from Eden. Goal of a Standing, or gathering, is an attendance of 600,000. If fewer appear, angels are supposed to descend and make up the difference.

I was fortunate in one thing: before me ran a gaunt Moroccan reciting verses from the Koran in a voice at once majestic and exquisitely tuned. Arabic, and most particularly the Arabic of the Koran, carries the pitch of poetry with ease and emphasis, and on the lips of a gifted declaimer it can weave a rare enchantment. So, as the great crowd bore me onward in our counterclockwise rotation, I drank in my companion's words as one athirst.

Such pleasure served to offset in part the pain given me in another quarter. Being in a mosque, of course we wore no shoes. I was glad that all pilgrims must pare their nails before beginning the hadj, for with each stride the Bedouins behind me trod on my bare heels with their calloused feet. Before I had finished my sixth lap and kissed the Black Stone embedded in the Kaaba's eastern corner (page 27), my feet were painfully bruised.

Eventually I limped from the mosque by the Safa Gate and began the ritual of running between the hills of Safa and Marwa. Here, in Moslem legend, Abraham left Hagar in the desert with her son Ishmael. Rushing frantically from one spot to another, she searched for water, until the angel Gabriel led her back at last to a spring which bubbled up miraculously near the child's feet.

That same spring, Moslems believe, now feeds the well of Zemzem within the Great Mosque. By their "running," pilgrims commemorate each year the mother's anguish and her amazed discovery.

Dhahran to Jidda—by Air

The route of Safa-Marwa flanks one side of the mosque and intersects the city's most turbulent bazaars (page 56). It was still early when I commenced my seven courses to and fro, but already men thronged the coffeehouses and merchants hawked their wares. With burning lungs and aching feet I flung myself into the crowd and was buffeted at every step.

I made my devotions as best I could, though compelled to concentrate as much upon keeping my balance as upon maintaining a humble and attentive heart. When I had sidestepped the last gesticulating merchant and had uttered my culminating prayer, I withdrew, panting, to the waiting chair of a barber for the ceremonial trimming of hair which follows the Safa-Marwa.

Much I had to ponder, and not least the question of where I was to lay my head that night and for the nights to come. My father was to have joined me in the city this day, flying from Damascus to Jidda, Mecca's Red Sea port, and driving inland by car. He kept a house in Mecca; but I had knocked upon its door and found it locked, unoccupied, and

I feared he had been grounded and his application rejected by airlines swamped with insistent hadjis.

I myself had reached Jidda only through the timely help of Aramco, the Arabian American Oil Company, which had found me, its guest, stranded in its headquarters town of Dhahran. With kind efficiency the company's officials had hustled me aboard a plane carrying cargo and assorted pilgrims southwestward into the Hejaz, the coastal Arabian province along the Red Sea.

Airborne Passengers Jubilant

We were a jubilant lot. Gazing down upon the coppery rock and sand, the camel's-thorn and fields of outcropped lava, we blessed our prop-drawn steed for the discomfort it was sparing us, the hours of tedium and torment which had been the fate of earlier caravans.

Most of my fellow passengers had changed into the ihram, and they upbraided me for laxity. "For this," they decreed, "you must sacrifice an extra goat at Id al Adha"—the day of sacrifice which we should celebrate, later in the hadj, at Mina.

We found Jidda hot with the damp, vindictive heat of the Red Sea, stifling, devitalizing; and the hordes of pilgrims which each ship or plane loosed upon its dusty streets seemed to raise the city's fever another degree (pages 20, 21).

There was little to tempt one to prolong his stay in Jidda. Most pilgrims, and I among them, hastened to procure passage for Mecca, 45 miles away. In the courtyards of old hostleries I could hear the cameleers helping their passengers climb aboard the rickety bamboo-framed litters in which they would ride to the holy city, and then the sharp "Yahh! Yahh!" as the guides kicked and prodded their beasts upright.

Many such caravans filed out into the desert and were lost to our sight in the haze, and not a few pilgrims set out stubbornly on foot because they thought that they gained in favor by walking the entire distance. But for the most part the hadjis traveled by bus and by car.

No Non-Moslems Allowed

I was fortunate in this, that an official of Mecca sent down his own car for me and for my friend, Hadji Fateh Mohammed. Jidda we left in darkness, but the driver knew the route like the back of his brown hand, and he guided us unerringly to the several places of visitation along the way where the Prophet had rested during his travels. Here we washed and prayed and drank little cups of coffee and went on.

Again and again our car pulled to a halt

A Moslem Kneels in Prayer; Another Tells His Beads

The great hadj, or pilgrimage, to Mecca fell last year within the period of August 28th to September 2d—the 8th to the 13th of the Arabic month of Dhu'l-Hijja. In the preceding weeks the author traveled through Turkey, Syria, Lebanon, Iraq, and Iran, watching the vast movement toward Islam's central shrine get under way.

◀ Here at the Baghdad tomb of Sheikh Abdul Karim Gilani a worshiper prostrates himself in awed humility. In other, more rigidly orthodox areas of Islam, such prayers to saintly intercessors would be frowned upon: Allah, and only Allah, would be petitioned.

↻ A Pakistani visiting the Sheikh's tomb faces Mecca as he counts his prayer beads. Rug, inkwell, tea glass, water jug, blanket, sacred hook, and Koran stand (left) are all his worldly possessions.

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Reproduced by Abdul Qadir Sheikh

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Looking More Like an Arab than a Harvard Student, the Author Nears Mecca

Few non-Muslim travelers are known to have penetrated Islam's holiest sectors. First European to enter in disguise was Ludovico di Varthema of Bologna in 1503. Best known was Sir Richard Burton, the English explorer. The present author, a Pakistani Muslim born in Nairobi, Kenya, here stands beside a sign midway between Jidda, port of entry for pilgrims, and Mecca, Islam's holy city.

at check points, and Saudi guards peered in the windows and examined our credentials. The guards' aim seemed largely to make certain no non-Muslim should penetrate the restricted sector.*

For three hours we traversed the straight and level way, and then, topping a ripple of low hills, we saw abruptly the lights of Mecca. Shadowy the city might be, but in my mind's eye bright with the luster of history. For, long even before the coming of the Prophet, Mecca was renowned as a key point upon the myrrh and frankincense route which caravans followed from Palmyra to Sheba. Here came spices and fruits from Yemen, ivory from Ethiopia, fair women from Damascus, slaves from Egypt. Here too stood the images of sundry gods worshiped by the tribes, and a strange cubical building, the Kaaba, around whose origins clung many a legend.

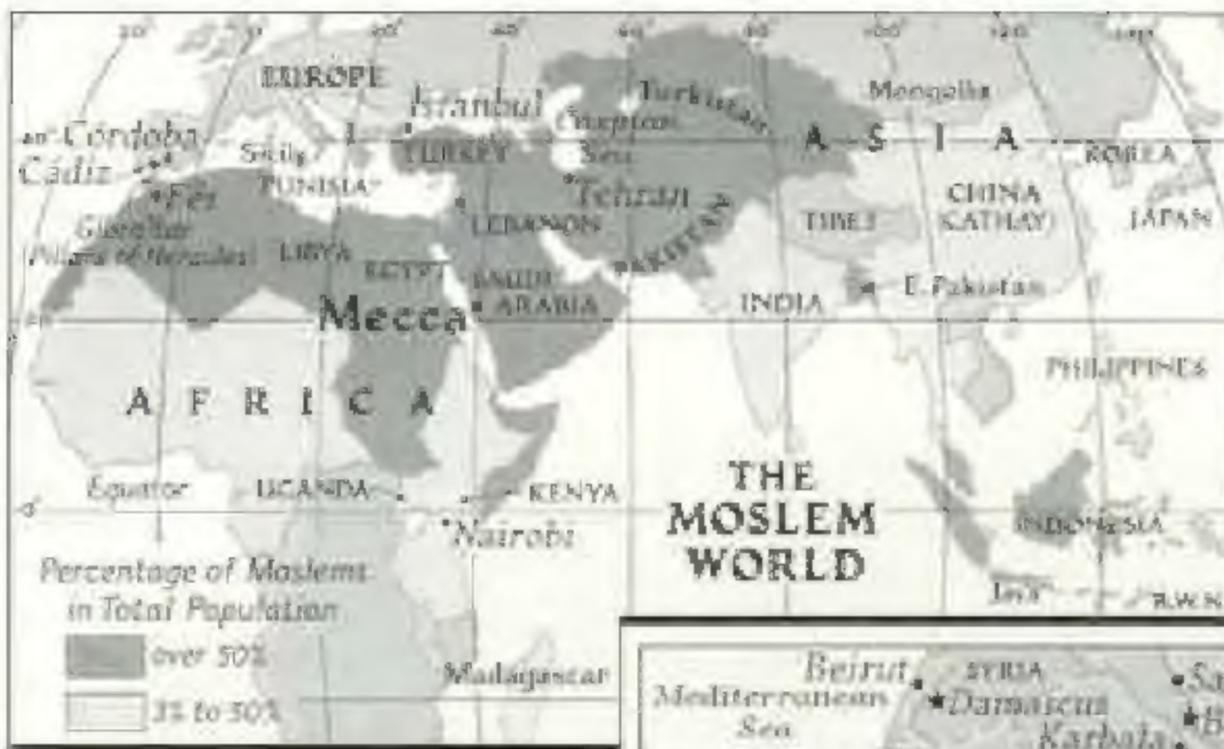
Now, in the wavering light of weak oil lamps stationed at the street corners, I could make out on either side of the car the ragged

outlines of tin-roofed shacks, the hovels of the poor. A half mile beyond appeared an encampment of guns, tanks, trucks, jeeps—display window of the King's armed might in the Hejaz.

Into the Ancient Holy City

In another moment, clearing the last guard post, we plunged into the narrow, twisting, bazaar-flanked streets of the city proper and fought our way toward its heart (pages 24 and 25). Ancient houses, fretted with projecting wooden balconies, leaned over us at a tipsy angle. A policeman walked ahead, tapping on the hood of our car with his stick and crying "*Yallah, yallah!* Get out of the way!" to pilgrims slumbering on the cobbles, slack-jawed obstinate camels, men pushing carts.

* See, in the NATIONAL GEOGRAPHIC MAGAZINE: "An Unbeliever Joins the Hadj," by Owen Tweedy, June, 1914, and "Mecca the Mystic," by Dr. S. M. Zwemer, August, 1917.



← The Moslem World

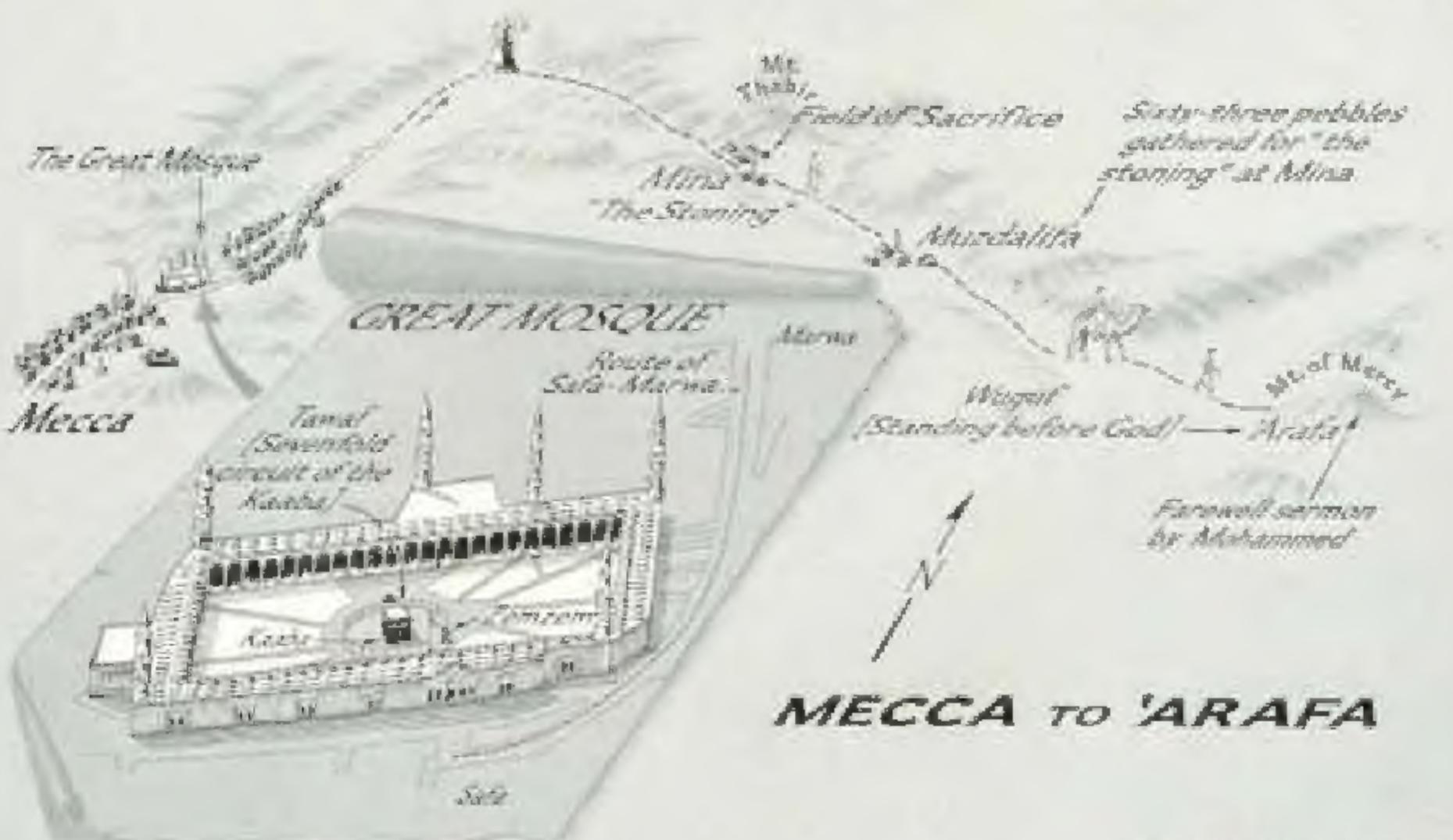
From the Near East sprang all three of the world's great monotheistic religions: Judaism, Christianity, and Islam. Born in Arabia's capital, Mecca, more than 13 centuries ago, Islam at first met strong opposition and won few followers. But, today, with some 370,000,000 adherents, the Moslem religion exerts a powerful influence through a vast area.

Story Area

"Verily, the first house founded for mankind to worship in is surely at Mecca, a blessing and a guidance to the worlds," says the Koran. Devout Moslems honor this city of the Prophet's birth, hope to visit it at least once in a lifetime, and face toward it for prayers five times daily.

→ Mecca to 'Arafa

Goal of every Moslem pilgrim, after visiting the Great Mosque in Mecca, is to trace the 14-mile route to the Mount of Mercy at 'Arafa. Here the faithful pray on the spot where they are reminded of the Day of Judgment when they must stand before Allah.



Drawn by William N. Palmstrom

1980



Thus I had come at last to the Great Mosque that morning and had said goodbye to my friends of the journey and entered to perform my tawaf. And thus, too, my hair freshly trimmed, I found myself now standing by the main gate, searching the faces of the crowd for one I might recognize.

Reunion in Mecca

The sun was warm on my face before there came by a young man I had known in Pakistan. He hailed me, and I inquired after my father; but he knew nothing of him. One thing he gave me, however: directions to the house of the friends with whom I had ridden from Jidda. I was about to set forth when a gleaming car drew slowly past our portal, stopped, and a tall, bearded man in a snowy turban stepped out. It was my father.

"*Salaam alaikum,*" he said gently. "Peace be upon you."

"And upon you, peace," I replied.

He looked frail, but his stance was as uncompromisingly erect as ever. A philanthropist and an international trader in sisal and timber and other things, he keeps his headquarters in Kenya; but he has returned more times than I can remember to Mecca, for this is his spiritual home.

We rode back together to the family house. At once orders flew like sparks from a struck match. One servant rushed to the market to buy bread and dates for breakfast; another went to tell my father's friends of his arrival; a third cleaned and aired the sleeping chambers.

In a little while the hall and courtyard grew clamorous with venerable men from a dozen countries, eager to splice the threads of old acquaintance.

Drowsy with the forenoon's growing heat I dozed, then roused myself for midday prayers and a prolonged *ama* with my camera around the mosque. I returned in the evening to find my father still surrounded by his grave contemporaries.

Seated cross-legged on their carpets as the glasses of chilled yoghurt went round, these men from Pakistan and Indonesia, Turkey

and Fr. Kuff questioned me with a flattering insistence. Their concern, however, was less with learning about the United States than with discovering if I had strayed from the true way.

"O son of a merciful man, you have lived among strange men who worship strange gods," said one. "I trust you have not forgotten in the glories of Islam."

"How could I do that?" I asked.

But the elder was not so easily to be diverted from his lecture. He reminded me of how, in less than a century after the death of the Prophet, Moslem banners had waved over an empire greater than the Romans', from Cadiz to Cathay, from the Pillars of Hercules to the steppes of Tartary. He spoke of the universities which the conquerors planted at Seville, Granada, Cairo, Fés, Córdoba, Baghdad. He dwelt at some length upon the achievements in medicine, chemistry, agriculture, mathematics, astronomy, and philosophy which Moslem savants bequeathed to a still largely backward Europe.

He had discoursed in this vein for some time before a trimly bearded Syrian at my left broke in quietly.

"You know," he said, "I think that our most notable accomplishment was none of these. I think it was this: that under our empire Christian and Jew and Moslem could live and worship and prosper in peace. Look at the Jews who held high state positions under several caliphs. Or the Christian grand viziers in Baghdad. And as for Sicily under the Aglabite Moslems from Tunisia."

Where Legends Say Adam Met Eve

Around and around my head the talk buzzed, and as the dappled shafts of sunlight which filtered through the latticed blinds the old tales of Islam seemed to dance and weave hazy memories of splendors long past. I excuse myself in a moment, pleading our need to plan the forthcoming trip to 'Arafat (page 4).

This plain of 'Arafat lies some 14 miles east of Mecca, and it would be here, on August 29, ninth day of the month Dhul-Hijja, that the *wuquf*, or Standing before God, would take place.

We could not miss this ceremony, for it is the crux of the whole *hajj*; in deed, he who has not stood bareheaded at 'Arafat before sunset on the appointed day has not truly made his *hajj* at all.

Why 'Arafat? It was at 'Arafat that Mohammed, astride his she-camel, preached from the Mount of Mercy a farewell sermon. And it is there that Moslems are reminded of the Day of Resurrection. According to our legends, Adam met Eve at 'Arafat after their

Karbala's Gold-domed Minaret Calls Faithful to Prayer

Muezzins chanting "Come to prayer!" from spires like this noble shaft in Karbala, Iraq, are appointed by a mosque committee. A learned elder called an *imam* *muad* by words the prayers, but defers to anyone in the congregation he considers more worthy. The minaret towers from a mosque housing the tomb of Husain, grandson of Mohammed.

For more than 13 centuries Islam has spread over the globe with no clergy, no priest, and without money. Its caliphs, even at the apex of Arabid power, were temporal rulers only.



Iraqis in Kuthba Presence Before the Tomb of Husain, Grandson of the Prophet

Viewed from the East, the tomb of Husain is seen in the distance. The tomb is a small, white, domed structure, and the surrounding area is a large, open courtyard. The figures in the foreground are dressed in traditional Middle Eastern clothing, including long robes and head coverings. The scene is set in a bright, open area, likely a public square or a courtyard in Kuthba.

A Doves Kisses
a Seaver Door to
Hudson's Bay

My first memory is of a
pigeon flying over the water.
I was a boy of ten, and I
remember the first time I
trapped one. It was a
dove, and I was very
proud of it. I was
very young, and I was
very happy.

The pigeon was very
beautiful. It was
very young, and I
was very happy.
I was very young,
and I was very
happy. I was very
young, and I was
very happy.



expulsion from Eden and their separate wanderings over the face of the earth.

My father had arranged seats to the plain on a bus, but I objected: it would be crowded and would give me no chance to stop where I liked along the route and take pictures. So I urged on him the luxury of a hired car, even though for those few miles it would cost us nearly \$100.

In the three days before the Standing we bargled and argued, made plans and changed them and made them again, in a fashion time-honored within my family.

In between these forensic bouts I slipped out into the city for several hours each day with my camera.

Then I was arrested. I was taking a picture near the Station of Abraham when a guard suddenly grasped my shoulder and demanded: "What have you there?"

With a firm grip on my arm he led me to the police station. There I met a volley of questions from the guards, who, incidentally, are accomplished linguists, for each had brought to Mecca a bundle of tongues from a hundred lands.

Eventually my interrogators released me, still in possession of my camera lenses, and light meter.

How the Telephone Came to Arabia

Next day we drove down the eastern road to Mina on our way to 'Arafat. Here the Prophet had halted overnight to rest his camel, and so by tradition, did our great throng of several hundred thousand pilgrims. Mina, of course, could not hold us: a few houses, a few shops comprise the village. The hadjis spread out over the narrow valley under Mount Thabir in a cloud of tents.

My father's tent was pitched upon a slope he had frequented in years past, and hardly had the smoke of our cook fires ascended before friends down the line began to arrive with gifts of food and cooling drinks. It was like the first night in some summer resort to which the same group of enthusiasts returns each year from their scattered places of winter work.

Often the talk veered to the impact of the West upon Islam, and there was much cussing with alarm and shaking of aged heads, but not all the innovations that worried some were outbried by humor. One sheikh, for instance, told how wily King Abdul Aziz of Saudi introduced the telephone into Saudi Arabia.

"You must understand, O enflamed ones, that the religious leaders around the King, the *ulema*, are strict in their ways. When the *ulema* heard that certain ladies were toasting upon His Majesty an odd black in-

strument which spoke, they felt sure the Devil was at work.

"So the King (may Allah grant him a long life!) called the *ulema* to his palace at Riyadh and when they had gathered he held out the receiver to the chief among them and told him to put it to his ear. Trembling, the old man obeyed, and in a moment a beautiful smile dawned on his face. For from the instrument came a voice chanting the first chapter of the Koran.

"In the name of Allah, the Compassionate, the Merciful, praise be to God, the Lord of the Universe."

"And the King, who had stationed the speaker at the other end of the line in Mecca, turned to the *ulema* and said: 'Is this the voice of Satan?'

"And as for me, the elders cried, 'Next night, *inshallah*!' We beseech God's forgiveness!"

Then spoke a man on my right. "If it were the *ulema* wrong? Verily, at times when I have tried to complete a call between Mecca and Jidda, I, too, have thought this an invention of the Devil!"

A merchant from Jidda joined in the laughter. "I know well what you mean," he said. "But service has improved a little. For a time it seemed impossible to get through, for the operators would sip their coffee and tell you again and again: 'We are sorry, but Prince Faisal is on the line.'"

"This was all very well, until one day Prince Faisal himself tried to telephone. They told him, 'Pardon, the line is engaged. Prince Faisal is talking.' The Prince strode down to the telephone exchange and roared out to them: 'Look! Here is your Prince Faisal!' And he gave them a tongue-lashing that left them trembling.

"As I say, the service has now improved somewhat."

I suspect the story is apocryphal, but it shows the Moslem sense of humor.

Islam Marches to 'Arafat

We broke camp at Mina after the morning prayers, and the whole entourage moved toward the plain, nine miles away. On this, the appointed day, Mina and Mecca itself would be ghost towns, for all who could walk, and some who could not, would find their way to the Standing.

In truth, we were not a nation on the march but a community of nations—slan Chinese with little portees; huge turbaned mountaineers from Afghanistan; knife sharpeners from Turkestan with their grindstones strapped to their backs, and one chief, Jais from Uganda; neat, delicately boned Javanese; dotted Egyptian; Lebanese emigrants from

(Text continued on page 15)



Swords Clasp
in Damascus
Along the Street
Called Straight

To see the swords clasp in Damascus, you must go to the street called Straight. There you will find the swords clasp in the hands of the men who sell them. The swords are of various kinds, but the most common is the Damascus sword.

The swords are of various kinds, but the most common is the Damascus sword. The swords are of various kinds, but the most common is the Damascus sword. The swords are of various kinds, but the most common is the Damascus sword.



Dresses Worn in Moslem Localities, by F. Galloway in Different Parts

When you go to any of the Mohammedan localities, you will find a variety of dresses worn. Some of these are the same as those worn in the West, but many are quite different. The dresses worn in the East are generally made of cotton, and are of a simple, practical design. They are usually long and loose, and are often decorated with intricate patterns. The colors are generally muted, and the fabrics are often of a heavy, durable material. The dresses are often worn with a headscarf or a turban, and are often accompanied by a long, flowing shawl or a pair of gloves. The dresses are often made of a heavy, durable material, and are often decorated with intricate patterns. The colors are generally muted, and the fabrics are often of a heavy, durable material. The dresses are often worn with a headscarf or a turban, and are often accompanied by a long, flowing shawl or a pair of gloves.

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THE END



Business Wants on Hospitalary in Elizabeth
—It's Always Good to Be in a Room

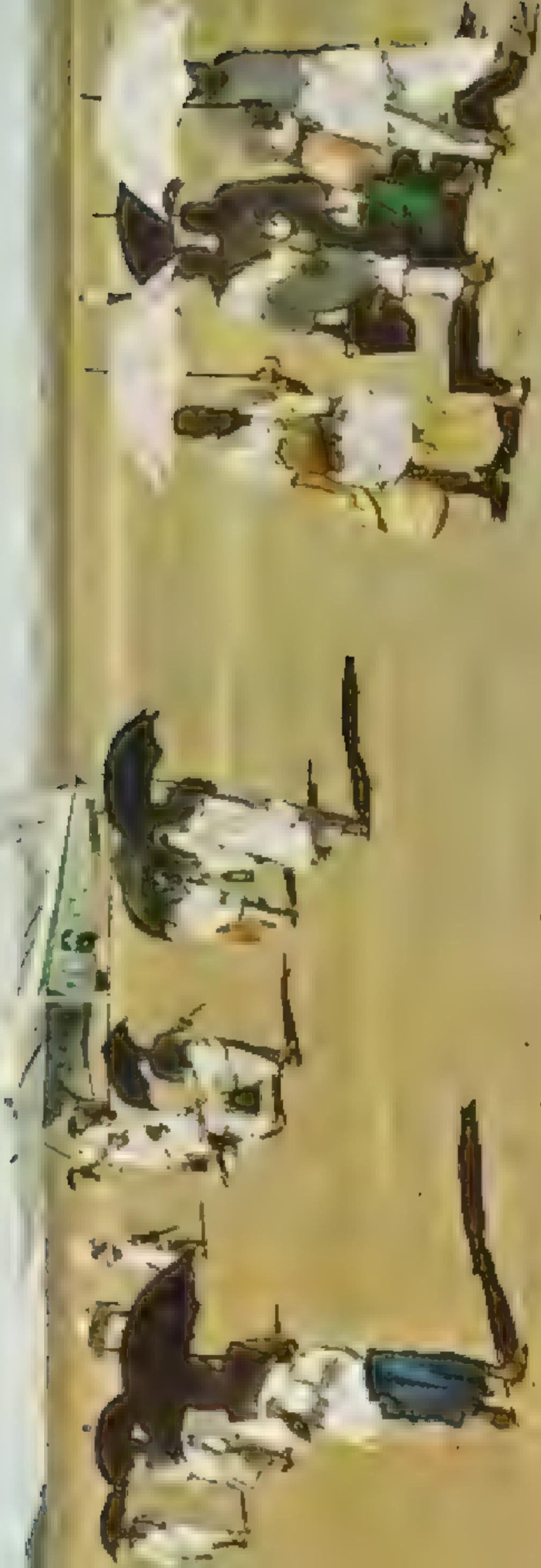
Business wants on hospitalary in Elizabeth, N.J. — It's always good to be in a room with a good view.

Elizabeth, N.J. — It's always good to be in a room with a good view. The view is of the ocean, and the view is of the ocean.

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"Here, Apr. 1, 1904, at The Commercial City Pilgrims A meeting in South America by Airplane or Ship

Men, women, children, and a dog, all of them, were present at the meeting. The group was composed of about 150 people, including men, women, and children. The group was gathered on a sandy beach in front of a large, light-colored building. Some of the people were holding umbrellas. The scene appears to be a social gathering or a group portrait.

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Tier on Tier Alcega's
Houses Rise Above
the Great Mosque

Alcega's houses are built on a hillside overlooking the city. Most of them are built on a hillside overlooking the city. Most of them are built on a hillside overlooking the city.

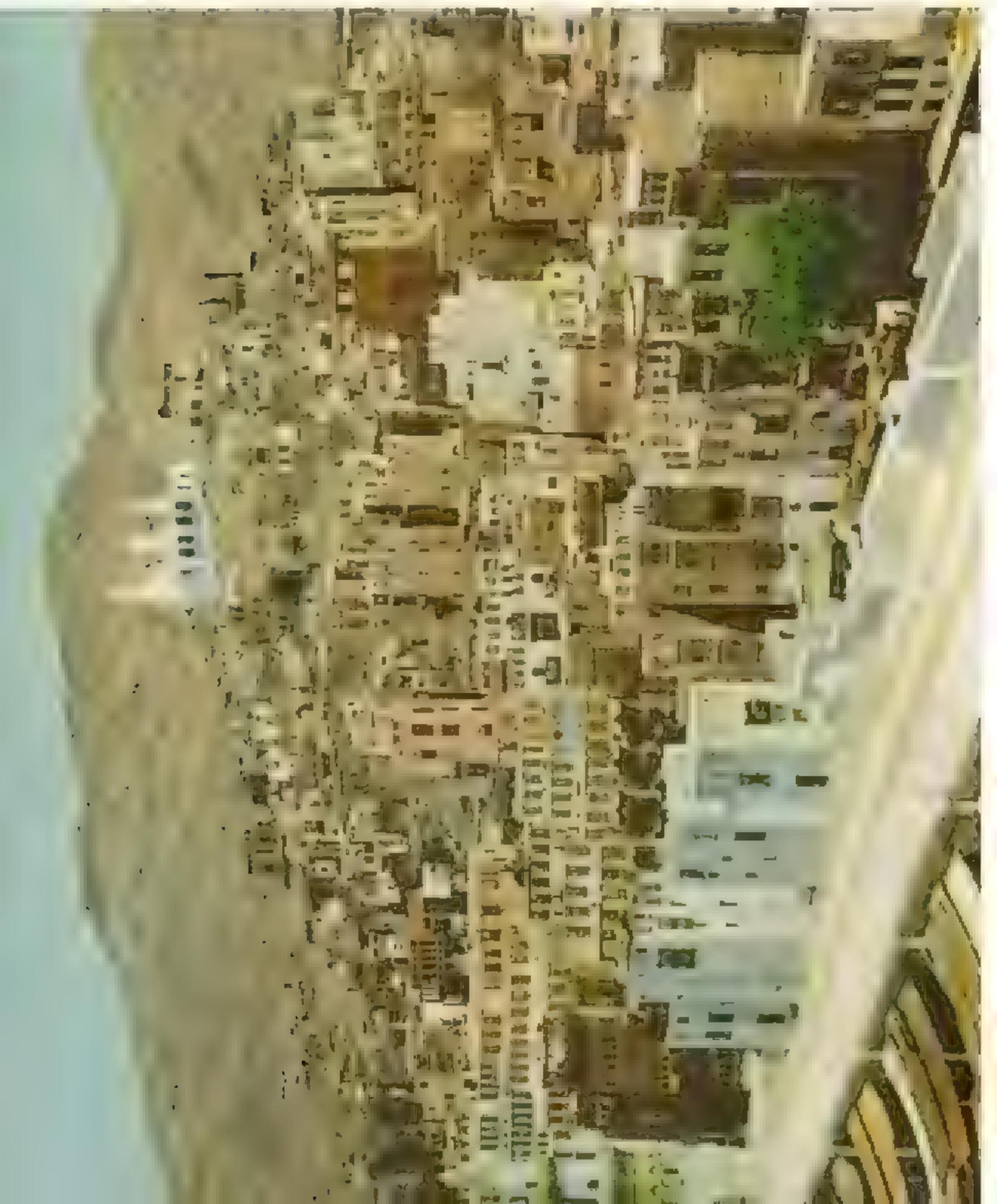
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Merchants Crowd the Streets of Holy Mecca By Night Towards al Paterins Clock, Fat, and Stern on Sidewalks

At the close of the day the streets of the city are filled with a vast multitude of people, who are seen in every part of the city, and especially in the streets leading to the Paterins Clock, Fat, and Stern on Sidewalks.





A Progress Watch as Exempt Gift, a Rich Manly for the Kuba Drops into Price

The political course of the country is a subject of great interest to the public, and it is not surprising that the public should be so much interested in the progress of the country.





Barefoot on the Burning Marble, Pilgrims Shuttle Counterclockwise Around the Kaaba
 Seen from the courtyard of the Kaaba, Mecca, Saudi Arabia. The Kaaba is the holiest site in Islam, and millions of Muslims visit it each year for the Hajj. The Kaaba is a large, dark, rectangular structure, and the courtyard is filled with pilgrims. The background shows a densely packed city built on a hillside.



Pilgrim Shreds, Sprinkled at Holy Well of Zouzen This is Shrine in Mosque's Paving

See account, page 28 with full-page photo. Zouzen - covered and paved with pilgrim shreds. (The Killa
 Sep 1964) (The Killa - 1964)



4 Guides Church, Nurses from the Koran Lead Their Pilgrim Parties Seven Times Around the Kaaba

Meerut, both on their way to the Kaaba, and on their way back. The first time they





Behind the Kaaba's Rarely Opened Door Lies a Sanctuary Lit by Gold and Silver Lumps

Only a few, and only with permission, are allowed to enter this sacred place. It is a place of great sanctity and is the only place in Mecca where the Kaaba is visible. The Kaaba is the holiest of all places in Islam and is the direction in which Muslims pray.



Entranced Pilgrims Enter and Kiss the Sacred Warhas Mantle

The Muslims had a great number of people from all over the country, and many of them had a great number of children with them. They were all very happy and contented. They were all very happy and contented. They were all very happy and contented.

Some of the men were from the Philippines, some from the Malay Peninsula, and some from the island of Sumatra. They were all very happy and contented. They were all very happy and contented.

Some of the men were from the Philippines, some from the Malay Peninsula, and some from the island of Sumatra. They were all very happy and contented. They were all very happy and contented.

I saw the man carrying the smaller bundle back to his wife's tent. He was very happy and contented. He was very happy and contented. He was very happy and contented.

He said he would have been very happy to see me and to see the people of the country. He said he would have been very happy to see me and to see the people of the country. He said he would have been very happy to see me and to see the people of the country.

The Muslims, indeed, the pilgrimage is the most important thing in their lives. They are all very happy and contented. They are all very happy and contented. They are all very happy and contented.

to see me and to see the people of the country. They are all very happy and contented. They are all very happy and contented.

He is very happy and contented. He is very happy and contented. He is very happy and contented. He is very happy and contented.

Surging Sea of 50,000 People

When we got out we were very happy and contented. We were very happy and contented. We were very happy and contented. We were very happy and contented.

At night as we were sleeping we were very happy and contented. We were very happy and contented. We were very happy and contented.

The sun is very bright and the people are very happy and contented. They are all very happy and contented. They are all very happy and contented.

See also the account of the pilgrimage to the Holy City of Mecca, in the book "The Pilgrimage to Mecca" by the author.





taken the Prophet, an hour or more to reach this way station on the route to Mina. In theory, the cars and buses would easily overtake them; in practice we knew well that so many hundreds of thousands pouring through one bottleneck out of the plain would produce a stoppage of monumental proportions.

Unhurried, we lay on our carpets and scanned the early stars, grateful for the winking out of God's great diurnal lamp.

Not until one o'clock in the morning did the choked lines of traffic unravel sufficiently for us to proceed, and even then we did not dare keep to the road but cut through the hills on tracks the guide claimed he knew.

At Muzdalifa we paused long enough to gather, as custom dictates, the pebbles we should need for the Stoning at Mina—63 pebbles apiece. We tried, too, to find something to quench our parched throats; but this was not so easy. At length I came upon a party of Yemenites who had an oil drum of water.

"For the love of Allah," I cried, "give me to drink!"

They looked at me and saw only a sweat-stained, dirty beggar, and they shouted: "Yallah! Beggar!"

I went. But I came back when their attention was diverted elsewhere and drained a jar full of water from their tank. It smacked of oil, but it was at least wet.

Stones Fly in Scorn of Satan

At Mina we settled at our former campsite, and in the morning before the sun was high we sallied forth to the Stoning. According to one Moslem legend, Ishmael encountered the Devil three times at Mina, and each time he rejected Satan's enticements, refusing to counter his father Abraham's purpose of sacrificing him to the Lord. In remembrance now the faithful, too, spurn the Devil at Mina by throwing stones.

There are three stone pillars marking the spots where Ishmael (in the Bible, Isaac) was tempted. At each in turn the pilgrims shout "Allah akbar! God is most great!" and fling seven pebbles in succession (page 47).

We threw ours with a wild and dazed as best we could those coming from the other side of the pillar. There was much laughing and shouting by the crowd and a genial sense of solidarity.

The Prophet had recommended this rite so that his followers should learn that, though each was weak and armed only with a pebble, together as brothers in Islam their collective strength was great.

I hoped that, for my generation, it would be a reminder of how all Moslem nations must unite if they are to defeat their common ene-

mies: poverty, disease, ignorance, and communism.

From the Stoning we went to the field of Sacrifice. Here, for three days, the feast of Id al Adha would be celebrated; but not only here, for all over the world Moslems would be observing this annual holiday. We at Mina felt ourselves at the ceremony's epicenter, however, in that it was here Abraham is believed to have offered his son as a living sacrifice to God, and here that the angel produced us substitute a ram.

Bleating Flocks Await Slaughter

In commemoration, Moslems today choose a beast for slaughter—a sheep or a goat or a camel—and give most of its body to the poor. Those who have sinned against Koranic law in some respect often sacrifice a second or a third animal in expiation.

The field was thick with flocks when we came to it, and loud with the bleating of the huddled victims (page 52). I watched as a friend of mine bought a sheep from a wiry Bedouin, pointed its head toward Mecca, murmured "In the name of Allah, the Compassionate, the Merciful," chanted "Allah akbar," and drew the knife across its throat. The hot and thirsty sand drank up the blood; the sacrifice had been fulfilled.

Before the evening of the third day of Id al Adha, the pilgrim must journey back to Mecca and make his second tawaf around the Kaaba. My family urged me to accompany them in a hired car, but I insisted on walking—not from an excess of piety so much as from a desire to take pictures along the way.

Dust Storm Wraps the Road to Mecca

As I plodded along the Mina-Mecca road, another dust storm swirled up from the alien desert and wrapped our straggling column in choking, stinging clouds of grit. By the time it had bedeviled us enough and danced off across the dun-brown plain, the light had begun to fail.

Truly anxious now lest I miss my tawaf, I hailed a passing truck. For five riyals (about \$1.50) the driver let me ride beside him, and we jounced into Mecca at a good clip. In the Bazaar of the Kedba in he let me descend and, dusty and disreputable, I hobbled through the clogged streets to the mosque.

I had come in time, and the day was not yet spent before I completed my circumambulation, jogged the seven long laps between Safa and Marwa, and submitted once more to the ritual hairclipping. Numb, exhausted, I stumbled back to my father's house, savoring in my mind its hospitable serenity.

Hospitable I found it; but hardly serene.

(Text continued on page 47.)



Worshippers in a Mosque at Kaba Face Mecca, as Muslims Do the World Over

Viewed from the interior, the Kaaba is a black cube with intricate gold and silver patterns. Worshippers in a mosque at Kaba face Mecca, as Muslims do the world over. The Kaaba is the holiest site in Islam, and is the focus of the annual Hajj pilgrimage. The Kaaba is believed to have been built by the prophet Ibrahim (Abraham) and his son Ismail (Ishmael) in the 7th century AD. The Kaaba is a symbol of the unity of the Muslim world, and is a source of inspiration and strength for Muslims everywhere.





Chattained Cart Goes in Lady's Stilling R'd de from Arala to Neeen

The Chattained cart, a traditional mode of transport, is used for carrying goods and passengers. It is a simple wooden cart with a thatched roof, pulled by a person. The cart is loaded with various items, and a woman in a pink sari is visible inside. The scene is set outdoors, possibly in a rural area.

The Chattained cart has been used for centuries in the region. It is a simple wooden cart with a thatched roof, pulled by a person. The cart is loaded with various items, and a woman in a pink sari is visible inside. The scene is set outdoors, possibly in a rural area.

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In the courts, the people of Lawrence and occupied and were coming from the west coast. The faces of judges are from the states, and the great swathe of the law. A great deal. At the end of the war, the people of the west coast were coming from the west coast.

With late and early, the people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.

This evening I was in the street, and the people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.

Prayer is better than sleep. The people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.

My name is better than sleep. The people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.

My name is better than sleep. The people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.

After breakfast we walked up the street. We had reached the church, and the people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.



"*Ala Paka Ala Allah!*" Cries a Yemenite on Mount of Mercy

The people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast. The people of the west coast were coming from the west coast.



**• Bridging the Divide
When it's Adults
Can't Fix Us
Festive Alone**

But when it comes to the holidays, the divide is real. It's not just the different traditions and customs, but the different ways we spend time with family and friends. The holidays are a time when we are most vulnerable to the divide, and it's important to take steps to bridge the divide.

One of the best ways to bridge the divide is to focus on the things that we all have in common. Instead of focusing on the differences, focus on the similarities. This can be as simple as sharing a meal or a drink, or as complex as participating in a tradition. The key is to find something that we can all enjoy and share.

**• The Best of
a Glass**

When it comes to the holidays, there's nothing more festive than a glass of wine. Wine is a staple of many holiday celebrations, and it's a great way to bring everyone together. Whether you're hosting a dinner or just having a glass with friends, wine is a sure way to make the holidays more enjoyable.





Indis on the Mount of Mercy Stood Bareheaded in the Blazing Sun Until Two o'Clock

Mount of Mercy, a small hill in the city of Mecca, Saudi Arabia. The men in the photograph are wearing traditional white robes and are bareheaded. The scene is brightly lit, suggesting a sunny day.

Raiding Pilgrims on Hadj Once Formed the Bedouins' Favorite Outdoor Sport

Some years ago a well-known English traveler, Mr. ...

... the ...



States, and we hadjis were still the guests of Prince Faisal (page 35), Viceroys of the Hejaz, obliged by the laws of hospitality to await official permission before leaving the city. Authorities were apparently withholding that permission until last night, I prepared myself to cope with the returning hordes.

I asked our guide to secure a special pass from the authorities so that I might have at least a day's grace before the floodgates were unlocked. But he replied only with a shrug of resignation and the advice: "Wait, wait. You Americans must do everything today, or, if possible, yesterday. Tomorrow will be."

"Tomorrow?" I cried. "Your tomorrow is a pregnant woman. Who knows what it will bring forth? I am more interested in today."

But he would do nothing. So in the end I tramped from office to office myself, harrying sleepy bureaucrats, parrying excuses, outwitting those "in conference." I still had a slip of paper on which a Jidda official had jotted down Crown Prince Saud's name and an hour at which I might see him. Our conference had long since taken place, but I saw no need of stressing this fact. At last I found a desk holder so impressed by the urgency of this royal audience that he scribbled me a permit to leave Mecca at once.

Airline Besieged by Pilgrims

When I returned, triumphant, to my father's house, I found myself immediately embroiled in a family argument as to whether I should go alone or whether they would all permit or none, accompany me. The dispute dragged on like a wounded snake, getting nowhere, until I tired of it and, shouldering a great bag of silver riyals, declared I was going to Medina and would meet them there when and if they ever arrived.

Easier said than done. In Jidda I found the airline willing enough to sell me a ticket to Medina, but in no hurry to give me a reservation on a particular flight. Hundreds of applicants indeed were already besieging the airport counters day and night in the lolly and asserting squatters' rights to positions near the counters. When, a short while after I had come, officials released the hadjis from Mecca, this army received formidable reinforcements.

I might be waiting yet to break through this cordon if it had not been for the help which my brother, Rashid, in an odd way provided me. The previous year he had hopped across the Red Sea to Jidda in his little private yellow plane and hammered on every door for permission to fly on to Medina. This was firmly refused, of course, for airplane sight-seers are not permitted above the holy city. But in the course of his stubborn peti-

tioning he had charmed as well as astonished every official in Jidda, and when I came in my turn to plead with them, they greeted me with courtesy interlarded with considerable curiosity. And in due course, I received my reservation.

Ordeal by Air Pocket

Once in the air, however, I had cause to question my good fortune. I had flown many hours in all manner of planes; in my own two-seater I have fought the truly violent down-drafts of Africa's mountain passes. But never have I endured so bumpy a flight as this 200-mile trip to Medina.

The heat which rose from the desiccated plain was almost visible, and the air pockets into which we lurcher and sink seemed bottomless. It was as if we had been caged in an elevator with an operator gone berserk, or had stumbled into the revolving room of some Crazy House at a children's carnival.

When our wheels at last touched ground at Medina, I joined my fellow passengers in giving thanks to God, not so much for the privilege of being in the town beloved by the Prophet as for arriving on the ground at all, and in one piece.

We waited no more than an hour in the hot sun before the Government bus arrived, crammed to its heat-blistered sides, and we tumbled into the city packed together like tin soldiers in a box.

Hiring a porter, I set forth into the twisting, ancient streets in search of my friend's house. His name was Maulana Zeyahodin and he had lived in Medina many years.

But the address meant nothing to my bearer and it was late afternoon before we found ourselves, dusty and footsore, at Zeyahodin's gate.

My telegram of two days previous had not yet reached him. But he embraced me, nonetheless; cried "God be glorified that you are here," and called his children to meet me.

When I had rested he suggested that before the evening prayers I might like to visit the public baths. Gratefully I went and steamed from myself the petty irritations and annoyances of the day, returning refreshed in body and spirit.

By the Tomb of the Prophet

As I strolled past walled gardens and houses old before the Prophet's time, a breeze that bore the promise of a cool night to come ruffled my fresh, clean garments and brushed my brow with a gentle touch.

At Zeyahodin's I met a young man with whom I had played as a child on my first hajj. Possessing now a great beard, tall, most distinguished in his Arab robes, he met my startled

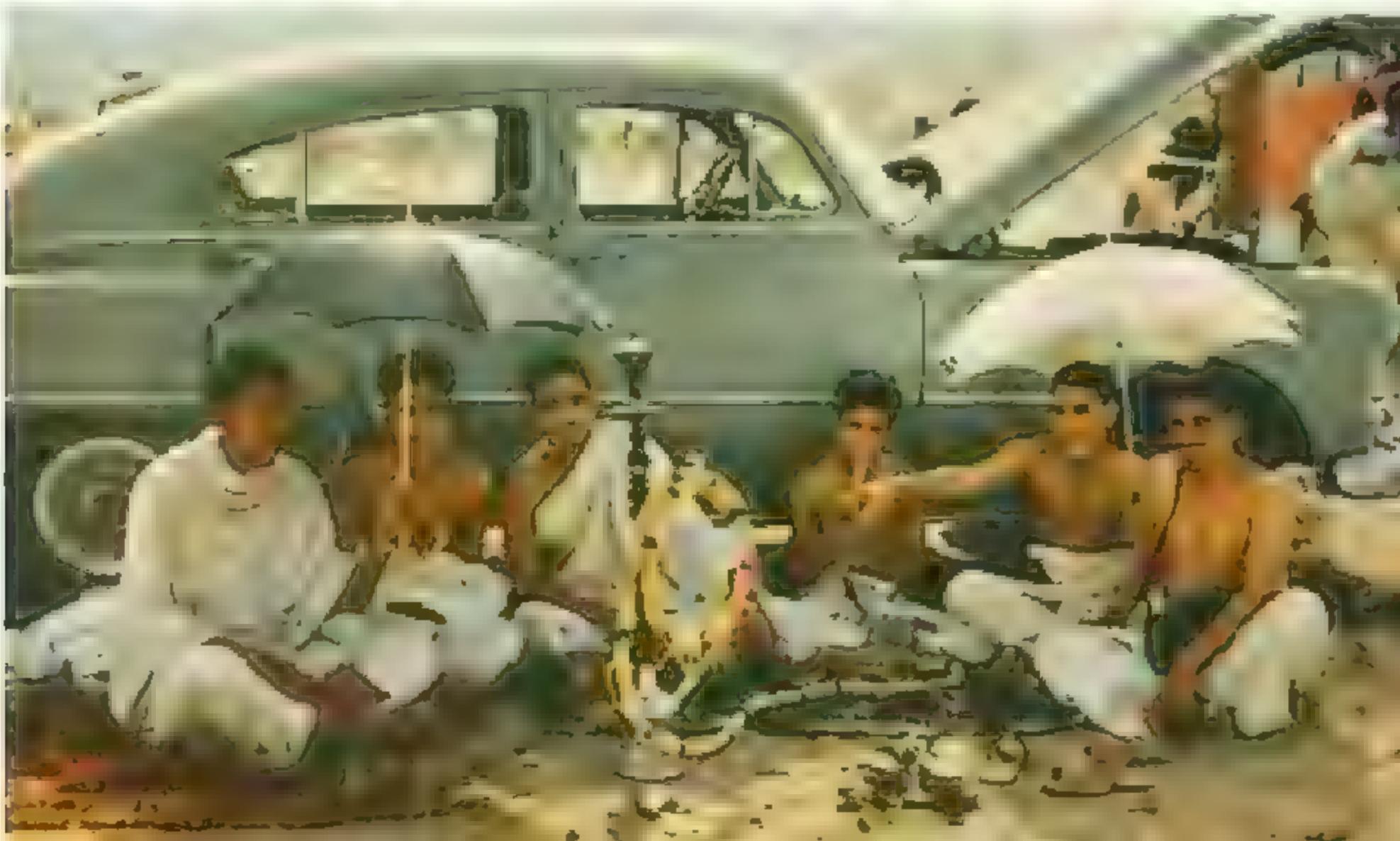
(Text continued on page 57)



Bus and Car Go to 'Yatra' - He Who Walks, Some Pilgrims Believe, Carry More Power

With religious fervor, a group of pilgrims is seen walking towards the bus and car. The scene is set in a rural area with a dirt road and some buildings in the background. The pilgrims are dressed in traditional Indian attire, and some are carrying umbrellas for shade. The bus and car are parked on the side of the road, and the pilgrims appear to be in the process of boarding or disembarking. The overall atmosphere is one of devotion and community.

At the same time, a group of pilgrims is seen walking towards the bus and car. The scene is set in a rural area with a dirt road and some buildings in the background. The pilgrims are dressed in traditional Indian attire, and some are carrying umbrellas for shade. The bus and car are parked on the side of the road, and the pilgrims appear to be in the process of boarding or disembarking. The overall atmosphere is one of devotion and community.





3. **Pharm in Ollars Sheep for Sale. Here the Author Meets Western Club**

4. A very interesting and important part of the history of the West is the story of the sheep. The sheep have been a part of the life of the West since the first settlers came to the mountains. The sheep have been a source of food and clothing for the people of the West. The sheep have also been a source of wealth for the people of the West. The sheep have been a part of the life of the West since the first settlers came to the mountains.





Thousands of Sheep and Goats Await the Pile-er's Knife on the Field of Sacrifice at Minia.
An illustration from the book "The History of the People of the East" by the author of "The People of the East" and "The People of the East" (London: George G. Harrington & Co., 1891).



Muslims Must Kill at Least One Animal. They Offer Sacrifice More in Expiation of Sins

Muslims must kill at least one animal, and some Muslims prefer to kill more than one. In the month of Allah's birth, the Prophet Muhammad was born, Muslims observe the festival of Eid al-Adha, the Festival of Sacrifice. The festival is observed by Muslims all over the world. It is a time of joy and celebration. Muslims are encouraged to sacrifice a lamb, a goat, a cow or a bull. The meat is then shared with family and friends. The festival is also a time of prayer and reflection. Muslims are reminded of the sacrifices made by the Prophet Muhammad and his followers. The festival is a reminder of the importance of sacrifice in Islam.



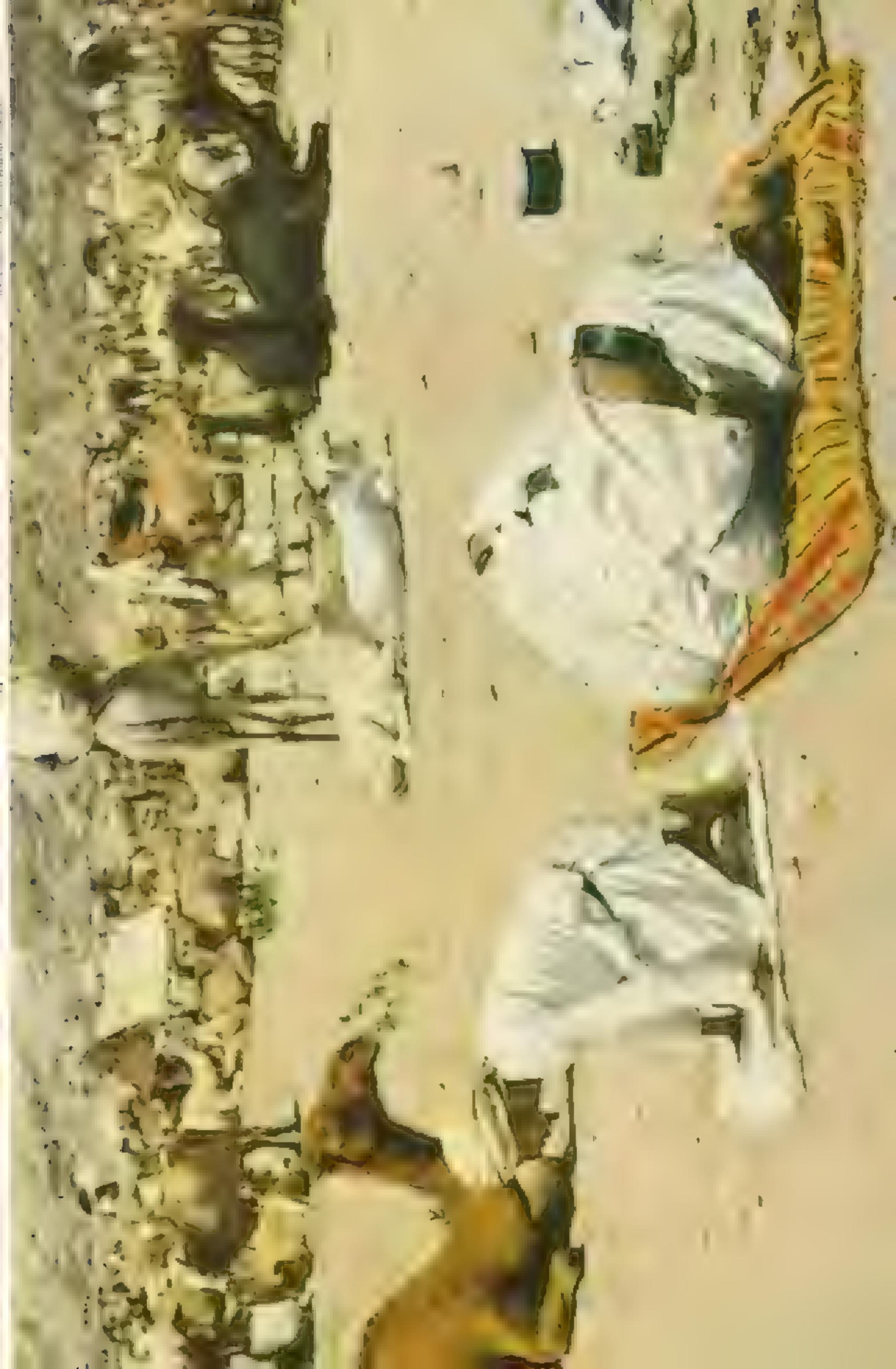
A Author's **epiphany** took place
 in **California** in **1968**, the
 year that **Robert Kennedy** was
 elected **President** of the United States.

As a young boy, I had always
 been told that the world was
 a cruel and unforgiving place.
 I had heard that people were
 always fighting and that
 there was no good in anyone.

But when I met **Robert Kennedy**,
 I saw a man who was
 different. He was kind and
 caring, and he believed in
 the power of love and
 compassion.

It was in that moment that I
 realized that the world was
 not as bad as I had been
 told. There was good in
 everyone, and there was
 hope for the future.









**Haji's Ride a Magic Carpet
with Parsad Nests**

When I had time to go to the scene of Hajji's carpet ride, I found Hajji, Mulla, and Mulla sitting on the ground in a courtyard. Hajji was in the center, and Mulla was on either side of him. They were all looking at the camera with a slight smile.

When I asked Hajji how he felt about his ride, he said he was very happy and that he had enjoyed the experience very much. He said that he had never before and that he was very happy to go to Mecca.

**Fugitive's Farewell to Mecca
Prays "Eagerly Await My Huli"**

When I had time to go to the scene of Hajji's carpet ride, I found Hajji, Mulla, and Mulla sitting on the ground in a courtyard. Hajji was in the center, and Mulla was on either side of him. They were all looking at the camera with a slight smile.

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Mulla said that he was very happy and that he had enjoyed the experience very much. He said that he had never before and that he was very happy to go to Mecca.

When I asked Hajji how he felt about his ride, he said he was very happy and that he had enjoyed the experience very much. He said that he had never before and that he was very happy to go to Mecca.



For instance, at each of the rache, I set up the golden scepter toward the tomb and pointed toward Medina, I said: "O Allah! Bless the feet of the Prophets, the seal of prophethood, with blessings as plentiful as the stars in heaven and the waves of the sea." And as Medina is we prayed not to material wealth for ourselves, but gave thanks for those blessings already you granted us and sought the mercy of Allah for those we loved.

A Tale from Long Ago

The story which the Meccanite was about to tell me, as our companion told me, was as follows: In the days of old Medina,

"I have been asked for its protection," he said, "and I have seen the stars of Medina, whether as it was said to me, as God is to witness. A century or two ago there came to Medina two excellent merchants who were well learned and bold. One of them, Qasim, had a merchant vessel. They lived in their house near the mosque, and good was their condition.

One night, however, the king in his camp

heard the news that the king of Medina and in that year the king of Medina had that the Prophet's tomb was entombed. Back he rode to the city on his fastest camel, and his army with him. He summoned the governor and instructed him to hold a huge feast and to invite all in the town.

Then the king stationed himself by the door to the feasting tent and looked into the face of each guest who entered, for in the town at that time there were many who bore the name of the Prophet, and many who were his relatives.

"So he said to the governor, 'I will put your head on a pole. Not all the people have come to the feast.' And the governor, distraught, wandered through Medina until he reached the tomb of the Prophet. He saw the tomb of the Prophet, but he did not see anything of his relatives, and he returned to the king.

"He did not see any of the relatives of the Prophet, and he returned to the king. The king said to the governor, 'I will put your head on a pole. Not all the people have come to the feast.' And the governor, distraught, wandered through Medina until he reached the tomb of the Prophet. He saw the tomb of the Prophet, but he did not see anything of his relatives, and he returned to the king.

VICE



* **Stranded Pilgrims Queue Up
for America's Aid**

When the news of the disaster at sea reached the United States, the Department of State and the American Red Cross at Washington immediately began to make arrangements for the relief of the stranded pilgrims. The first step was to determine the exact location of the ship and the number of people on board.

To help in this emergency, American Airlines and the United States Coast Guard were alerted. The Coast Guard cutter, the *Albatross*, was dispatched to the scene. The ship was located on July 1st, and the stranded pilgrims were rescued. The American Red Cross and the United States Government immediately began to make arrangements for the relief of the stranded pilgrims.

The stranded pilgrims were taken to the United States and the American Red Cross immediately began to make arrangements for their relief. The stranded pilgrims were taken to the United States and the American Red Cross immediately began to make arrangements for their relief.

The stranded pilgrims were taken to the United States and the American Red Cross immediately began to make arrangements for their relief. The stranded pilgrims were taken to the United States and the American Red Cross immediately began to make arrangements for their relief.



street to the mosque itself, and already only a few feet short of the tomb of the Prophet.

"The king gave thanks for God's timely warning, stopped the tunnel with earth, and covered the tomb enclosed in metals of the hardest degree."

"And what happened to the scholars?" I asked.

"They did not die of old age," said my companion curtly.

Where the Prophet Became a General

From Medina I went out to the battlefields of Badr and Uhud where Mohammed fought the armies of Mecca. Driven into exile by the powerful Koreish tribe that controlled and profited from the idol worship around the Kaaba, Mohammed had sought allies among Medina's citizenry, many of them Jews.

These men became the Prophet's first troops and, after some initial reverses, proved that crossing passion, backed with shrewd generalship, could make a devoted handful the equal of a horde.

I visited the cemetery where many of these companions-in-arms lie buried, and the Kuba mosque built on what is believed to be the spot where Mohammed received his revelation instructing the faithful to face no longer toward Jerusalem when they prayed, but toward Mecca (pages 39, 41).

I heard about it, but did not inspect, the well whose waters the Prophet's prayers changed from bitter to sweet, and the shrine where a bow and arrow supposed to have been his are displayed.

Higher, more temperate in climate than Mecca, Medina is calm, peaceful, almost luxurious. The dust blows through its streets, yet there is greenery evident everywhere (page 40). Date palms wave over courtyard walls (and the dates are delicious); truck gardens provide an abundance of fresh vegetables; milk can be had, and pomegranates, the fruit of Paradise.

Second Holiest City of Islam

Time means little in Medina; eternity everything. The city seems not merely reconciled to death but half in love with it. For it is reckoned a great blessing to die in Islam's second holiest city; on the Day of Judgment, so legend says, the Prophet will arise, with his family and the citizens of Medina, and together they will all march down to Mecca to arouse the rest of mankind.

How much this hope is prized became clear to me when I tried to tempt Zeyahidin to visit my family in Africa. I offered him salaries into the bush, a shot at a lion or an elephant, mountains to climb. He only shook his head sadly and said, "But what if, after

all these years, I should die outside of Medina?"

I countered: "Would that not be the will of Allah? And do you question His will?"

He smiled ruefully. "I question it not. Yet I cannot go."

Most pilgrims to Medina perform at least 40 prayers. At five a day, these would consume eight days. I left the city after only 10 prayers. This disturbed my friends; but I knew that if I remained longer, it would disturb the Dean of the Harvard Graduate School of Business Administration even more. So while I was quite sure to miss the day of registration,

Mercifully the plane back to Jidda pursued a calmer course than the one on which I had arrived. But on landing I discovered that commercial flights from that city to points outside the country were now subject to six days' quarantine imposed by foreign authorities. In despair I turned again to Arabia.

Obliging as ever, the company promised me space on a plane leaving the next day for Dhahran, whence I could fly home. With several hours to spare, I drove up the long road to Mecca, now relatively deserted, to say farewell to my family; for, true to my expectations, they had never quite made up their minds to join me in Medina.

The Pilgrim's Farewell

Most pilgrims making their tawaf of farewell around the Kaaba and bidding goodbye to Mecca know a gentle sorrow. They cannot tell when, if ever, they will lay their eyes again upon the holy city. My regrets stemmed largely from another source.

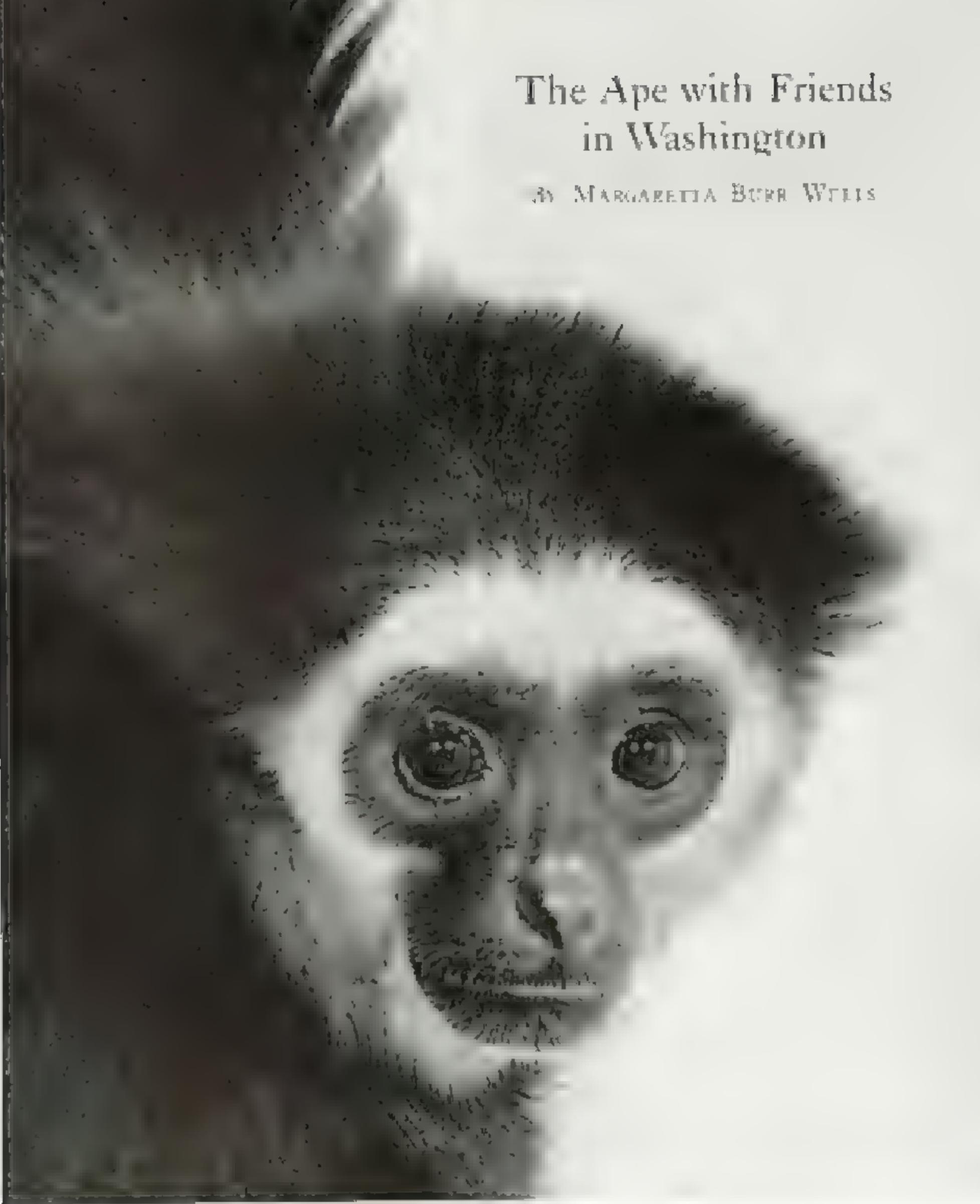
There is a saying among Arabs: "On the first hadj, one sees the House of the Lord only; on the second, one sees the House and the Lord; on the third, the Lord only." This was my third hadj, and I asked myself the sharp question: Had I reversed this order of spiritual progress, so that, distracted by my photographic mission, I had focused solely upon the House and missed the Host?

With Allah lay the answer. I walked for the last time up the muddy streets (wet with water shed on them by merchants fighting the dust); stepped past the dawns where men lounged and called languidly to the *gahwa-wallahs*, "Coffee, I pray!"; and wheeled about for one lingering look at the mosque's high walls and slim, aspiring minarets.

I then to myself I murmured the prayer all pilgrims pray on their homeward course: "Lord, accept my hadj." And I turned and strove to be waiting car and drove toward Jidda and the plane which would take me to Dhahran and a flight westward to complete in New York my airborne pilgrimage.

The Ape with Friends in Washington

BY MARGARETTA BURR WELLS



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"THIS picture looks like 'Brody,' said Fred, looking at the picture panel and pointing to an illustration of a monkey in the National Zoological Park in Washington, D. C.

"Yes," we agreed over a vent of laughter. "Brody." No other monkey looks like Brody.

"But we have lost Brody in college," Fred had exclaimed along a corridor and jumping a wall to get on the floor. The

Prince Rogers College. So we a couple of days ago, Monday, Monday, in the student play when necessary and keeping our hand out as we went with just the right amount of appreciation. When we got to our theater in the east town, we called it in. It's clear that Brody's a post-graduate, the best of the best when it comes to progress.

"Well, there's one thing you should know about it is



Expatriates from Chiang Mai Prepare to Pole Down the Ping

They met with some small Thailand in a Bangkok, and when they met the... The... elevated position... World War...

...found us at the zoo. We circled... located three... a blotchy... and a smaller black one with white hands and feet and a fringe of white about its face.

Is the Gibbon Binbo?

"It is Binbo. I know it," said Roberta exultingly.

"Call to her," urged our son, 10-year-old Kenneth.

Roberta rose from a seat and called to Thailand gibbons, this one pitched in the manner she had always used in attracting Binbo.

Her shrill shout had no effect on Kenneth. Roberta called more loudly. The curious glances and audible comments of the crowd outside had made her feel a bit conspicuous.

For a moment, looking over the heads of... which of the... with... whoops.

Our first trainer... his... voice

Every time the gibbons... she shouts her down," said Roberta.

"We'd have to come early some morning when there is no crowd around," said Dad. The next day he telephoned Mr. Ernest P. Walker, the zoo's assistant director.

"Can you tell me where you got that black gibbon?" he asked.

"I am an animal dealer in Bangkok; we don't know where he got it. Do you wish to buy one?"

"No. You see, she looks like a pet we had in Chiang Mai. We're wondering if we could be allowed up close to her to find out."

"Yes, indeed? I'm very much interested in the memory of apes. How about Friday morning, before the crowd comes... I'll be there at 8:30."

Gifts for Binbo's Sweet Tooth

It had been 15 months since Binbo had seen Roberta and Kenneth, half the world away in different continents. Even if the Thai gibbon was Binbo, would she recognize them?

Early morning P... and...



**Beitho Holds Still
Long Looking for
a Primping**

The first of the women in Beitho
has a face that is a study in itself.
The woman in the middle is a
study in itself. The woman in the
middle is a study in itself. The woman
in the middle is a study in itself.

When the first of the women in
Beitho has a face that is a study in
itself. The woman in the middle is
a study in itself. The woman in the
middle is a study in itself. The woman
in the middle is a study in itself.

The woman in the middle is a study
in itself. The woman in the middle
is a study in itself. The woman in
the middle is a study in itself.



enjoying chocolate creams. She is yours without a doubt.

"She usually has waffles and syrup for Sunday-morning breakfast," observed Kenneth.

"That I'm afraid we can't manage," said Mr. Walker regretfully.

"Do let me get into the cage with her," begged Roberta.

"You'll have to do it at your own risk," warned an assistant standing by.

"Oh, yes, please! It will be all right."

Old Friends Enjoy a Good Cry

The iron bars were opened and Roberta stepped in. She stood at the far end of the cage, held up her hand, and called in a tone that told of palm trees, flame-of-the-forest, and frangipani blossoms.

With a whoop of joy Bimbo threw herself into Roberta's arms, and girl and gibbon hugged each other, crying unrestrainedly. For some time Bimbo refused to be put down, not clung fast and protested in a hurt little voice. She allowed her nose to be rubbed, and the spot between her eyes, and her eyebrows, and she stretched her neck as a cat does in order to be rubbed under the chin.

Since an animal ordinarily shies away from anything near the eyes, Mr. Walker was more convinced than ever that Bimbo was with her own family.

The morning crowds were beginning to come to the zoo and to flow past the Small Mammal House. The somewhat incongruous sight of a girl in the gibbon cage stopped them in their tracks. Reluctantly Roberta left the cage, giving Bimbo a second chocolate as a parting gift.

Roberta Receives a Scolding

"We must have pictures of this," declared Mr. Walker. "Can you come back on Wednesday?"

We did. The two larger gibbons had again been decoyed away and the cage cleaned. Bimbo watched with interest and offered comments while Mr. Walker set up his camera. She took the proffered pineapple and chocolates as her due; then, waiting until Roberta stepped into the cage, she greeted her with delight.

Finally Bimbo sat down on the floor and turned her back on Roberta, saying "woop, woop, woop," softly and reproachfully.

"She's pouting," explained Roberta, "and asking why we stayed away again after finding her."

Dr. William M. Mann, for 28 years the director of the zoo, wagged his head as if he had now seen everything.*

Roberta soothed Bimbo's ruffled feelings in apologetic tones, whereupon our pet bright-

ened up and became her usual cheery self. She was ready to pick up life where she had left it in Chiang Mai, 15 months before. She made prodigious leaps while giving coy glances asking for pursuit. She tugged at Roberta's skirt and ran away, then returned to snatch at her bust, roughhousing as she used to do on the big veranda (opposite page).

Bimbo would never roughhouse with me, but would sit on my lap to be brushed and to have her head stroked and her feet rubbed. During this process she would stretch out and doze, purring gently like a cat, until with something like a snore she would drop off to sleep.

"Get into the cage and see if she remembers you, Dad," suggested Kenneth.

She may not forgive me for walking out on her—and for my teasing."

He referred to the times when he would stand near her feeding tray and eat a banana without offering her any. After feigning indignation at this outrage and using very bad gibbon language, she would then extend a long arm around him for the other banana hidden behind his back.

On this occasion Bimbo did remember him and forgave all, and after a big smile and a hug she thumped him on the chest with both feet and darted away to show that they were back on the same old footing.

Bimbo Grew Up with Humans

Now just over six years old, Bimbo was a baby when we got her, and small enough to fit into a shoe box, long arms and all. She came from the fantastically beautiful Doi Chiang Dao, the Mountain of the City of the Stars, or, as some say, the Mountain as High as the Stars, which is 42 miles north of Chiang Mai. There, in a lush glen, wild gibbons feed on tropical fruits and drink from a crystal stream flowing from a limestone cave where tiers of golden Buddhas sit in endless meditation.

In the poinciana tree in our back yard we built Bimbo a small house, and in front of it placed horizontally a thick bamboo pole which extended about 20 feet to a post on which was mounted a feeding tray. She was tethered to the pole by a light chain and a sliding ring. She quickly learned to hang from the pole and swing along, hand over hand, with surprising ease and speed, and, as an alternative, to run along the top holding the chain in one hand.

From the beginning her outstanding traits were affection and mischief. Her mischief was

* See, in the NATIONAL GEOGRAPHIC MAGAZINE "Man's Closest Counterparts," August, 1940, and "Monkey Pick," May, 1958, both by William M. Mann.



not malicious, but a form of teasing to attract attention or to take advantage of a situation for the fun it promised. She exhibited a variety of moods—often pure pretense—such as disdain, coyness, jealousy, indignation, hauteur, and greed, and sometimes she would giggle.

Bimbo was an early riser and each morning literally watched for the dawn. A Thai legend says that the gibbon's cry of "poo-a" (*poo*, husband) at the first touch of red in the sky is an expression of remorse. A little wife, folklore relates, helped a handsome brigand slay her husband. Highly displeased, the god Indra turned her into a gibbon. Since then the sight of a red dawn reminds a gibbon of the foul deed and sets her to wailing "poo-a."

On some mornings Bimbo would emit the cry and come nimbly out of her tree house, do a few pull-ups on the pole, and then perch on the feeding post and watch Moon, the cook, start a fire in the stove.

Friday was her night out—she was turned loose then; so on Saturday mornings she would swoop down from the giant rain tree in front of the house and run along the railing of the upstairs veranda to see if anyone was awake, particularly Roberta.

Sometimes Roberta would unlatch the screen door to her bedroom and then jump back into bed. Bimbo would cautiously push the door open and come in. The four-poster beds within were ideal for aerial tag, and as Bimbo swung about their tops her squeaks of delight were mingled with Roberta's "Sh h h, Mother will hear us!"

Gibbon Feuds with Dog and Cat

Bimbo was jealous of Archie, our mottled cat, which had the freedom of the house. Archie would lie by the screen door to get the tropic breeze, and Bimbo, seeing him, would come up bristling with irritation. Archie would then yawn and switch his tail, safe behind the screen, whereupon the gibbon would fly into a tantrum.

Being herself tailless, Bimbo seemed to carry on a crusade against the tails of all cats, dogs, chickens, turkeys, and peacocks that came within reach. In a rough-and-tumble game with Sambo, a neighbor's puppy, Bimbo found that when she dragged him by the tail he was helpless. Thereafter their game developed into "tag the puppy's tail" until Sambo became exhausted and lay panting under the house, resting up for another go at it. In any game of tag Bimbo's speed and dexterity exceeded that of dogs and men.

With little Danny Marvin, Sambo's owner, Bimbo was all gentleness and affection. From the time the boy was a month old she knew that he was to be loved and protected. She

would sit beside him while he wriggled about on a blanket on the floor, touch him caressingly, and even kiss him.

As Danny grew to her height, she preferred him to all others and at every opportunity would sit on the edge of his chair and put her arm around him.

Three-year-old Dottie, another neighbor, could pick Bimbo up awkwardly and hug her until she became almost completely unconscious.

Only one child aroused her dislike, a boy who tormented her when she was tied up. Dad found her fuming and agitated, and to solace her he unhooked her chain. She gave him a quick hug of appreciation, then loped around the corner of the house, making most unusual cries. She located the boy, promptly went up and bit him, then scampered away doubtless feeling revenged.

Bimbo Romps with Schoolboys

It was Bimbo's fondness for schoolboys that necessitated tethering her during school days. When free she would often hole in a fruit tree until students came by, then dart out after them. They would retreat, laughing; then Bimbo would turn somersaults to show that it was a game and scamper back to her tree. Once more the boys would advance; down would come Bimbo like a small black hurricane and put them to flight again.

When thoroughly enjoying herself, she would leap up and turn backward somersaults in mid air.

Occasionally Bimbo's chain became un-snapped. Thereupon she would come rattling along the veranda, holding the chain in one hand, much as a lady does a long skirt, seeking the family. At 2 o'clock one morning we were awakened by her cries from a point above the house.

"Bimbo is caught!" wailed Roberta.

We rushed downstairs and outside. It was a still tropical night with a full moon lighting up all the countryside, and every twig and flower was silhouetted against the luminous sky. There was Bimbo near the top of the 100-foot rain tree, her chain caught on some branches. We could get no help until morning, by which time she might be hanging lifeless; sadly we turned and went indoors.

At daylight we were awakened by the familiar sound of the chain. There was Bimbo running along the veranda to see who was awake.

Serenade to the Moon

On another night, when free of her chain, she became bewitched by a full moon. She awakened us at midnight, calling from the very top of the rain tree and looking toward

select a fine upstanding young mate, and enjoy the freedom of her kind. But she utterly ignored them and answered, only to our culls.

If we started out for a walk, down she would come from some treetop and run along the path after us, complaining the while of our duplicity in trying to give her the slip. If we remained indoors, she would leave the trees and appear upon the veranda railing, calling for cookies.

One afternoon we heard plaintive cries from far up the slope.

"Bimbo is lost!" I said.

"Nonsense," declared the others.

I went out and called. As soon as she heard me, she changed her cries and came hurtling from branch to branch to the cottage and her family. She had indeed lost sight of the cottage and was frantic.

Bimbo Warns of a Vicious Prowler

Early one morning she seemed too agitated to eat, but tried to tell us something while looking anxiously into the woods and climbing upwards the length of her chain. Evidently she had been frightened during the night.

That afternoon Bimbo stayed nearer home than usual, while we stayed indoors to play our new 3-o'clock game of "Hush." This consisted of reading quietly while keeping one eye on an open window. Presently our pet hen would appear, gaze about to see that all was still, then hop down into the bedroom, sweep to a corner, pick up her egg, and fly out cackling as only an agile Asiatic hen can do.

That night, as usual, we put the hen in a strong basket under the house. The next morning Bimbo was even more distraught. We looked around for a reason. Our pet hen, basket and all, was gone, and in the dust under the house were the four-toed paw marks of a leopard.

Aerobatics in the Treetops

Back on the mission school campus after vacation, Bimbo would make her rounds of favorite trees, hunting insects and sampling the hearts of any new flowers that appeared. She would take 10- and 20-foot leaps through the giant rain tree, apparently sliding down the wind, and seemed to coast down the slippery frocks of the palm trees.

On dull Saturday afternoons she would appear at an open window of the school office, sit humped on the ledge, and watch the headmaster trying to catch up on desk work. But not for long. Seeing that he paid no attention to her coy murmurings, she would slip up behind him, give him a slap on the back, and dart for the window.

If this was ineffective she would return

pick up a paper off the desk, and make off with it, dropping it, however, inside the room. As a rule she never molested objects on dressing tables and desks after the manner of an inquisitive monkey.

Each day a small class of American children met on the upper veranda for school, with me as their teacher. Bimbo loved the bustle and the moving of chairs into a circle for English recitations and the piling of books on desks. For the most part she sat quietly in my lap as the children wrote, but protested when I would get up to inspect the work or to put something on the blackboard.

If Latin nouns or French verbs were reviewed orally, she took exception to the use of such strange languages. Having sat still as long as she could, she would leap from my lap and put on her "drunken sailor" act to distract the children and get a laugh. Seizing a table runner or a towel, she would stagger around the veranda with her eyes closed, bumping against the railing, the cloth draped over her.

But try to catch her! She was off like a flash. The only successful strategy was to seize one end of the cloth and then, in the ensuing tug of war, grab her from behind.

Peeping Tom Frightens a Guest

When running loose, Bimbo knew that before breakfast members of the family were apt to be in the bathroom. In our house the bathroom was large and almost as much a social center as the village well. Bimbo loved the sound of splashing water as the children bathed around the big clay jars, and the sight of laundry being piled and sorted for the wash girl. All this she took in by peeping over the half curtains that covered only the lower portion of the bathroom windows.

One morning, while waiting on the veranda for a guest to dress, we heard a muffled exclamation of alarm from his room. The children dissolved into silent laughter.

"I'll bet Bimbo is looking into our guest's bathroom," said Kenneth.

"Are there wild animals around here?" asked the New York visitor in a guarded voice at breakfast.

"Oh, yes," answered Kenneth. "The jungle is just a little way out of town."

"Is that so? Do you know, while brushing my teeth this morning I was startled by a most unusual animal, black and hairy, staring at me through the window."

At that moment Bimbo appeared at the dining room window to call for a piece of papaya.

"There it is again!" exclaimed the guest. "I'll take it away," said Roberts, pecking up half of her fruit which she had left for



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Swinging by Powerful Arms, Bimbo Looks for a Familiar Face Outside Her Cage

this purpose. At the same time, the chimpanzee frequently and habitually swings to and fro across the cage, especially following her own natural rhythms.

On November 1, the arrival of the boys by the usual method in their own way. Coming to the fence, Bimbo went part through to inspect the men and take in the details.

If we tried to get a picture, she would turn away with a look of patient suffering or discomfort. Most people was rude to her. Bimbo's behavior was still better, and she ate the fruit first. Chocolate treats really evoked gurgles of pleasure and set her to work holding with joy.

That Bimbo was not a very good one



Just Like Old Times: Binby Sits Down to Waffles with the Family

It was a really nice day to be in a kitchen. Binby was in the kitchen, and she was really happy to be there. She was sitting at the table with the family, and she was eating waffles. She was really happy to be there, and she was really happy to be there.

Binby was sitting at the table with the family, and she was eating waffles. She was really happy to be there, and she was really happy to be there. She was sitting at the table with the family, and she was eating waffles. She was really happy to be there, and she was really happy to be there.

Roberta Nurses Binby to Health

The next day Binby's condition was checked and it showed some improvement. A physician gave us a full report, which was very good. Binby was sitting at the table with the family, and she was eating waffles. She was really happy to be there, and she was really happy to be there.

We were able to take Binby with us when we left Chicago. She was really happy to be there, and she was really happy to be there. She was sitting at the table with the family, and she was eating waffles. She was really happy to be there, and she was really happy to be there.

get on to someone else if they don't give you a permanent home. We have a grand lady she got into the southern provinces of England to the continent.

We bought two globes from the British government and the American government. The trip to America. Your globe was about 100 miles from the coast, and in our opinion it was a very good one. It was a very good one.

Binby is sitting at the table with the family, and she is eating waffles. She is really happy to be there, and she is really happy to be there. She is sitting at the table with the family, and she is eating waffles. She is really happy to be there, and she is really happy to be there.

Gloucester Blesses Its Portuguese Fleet 75

With Prayer and Pageantry, Venturesome Deepwater Fishermen
Ask the Protection of Our Lady of Good Voyage

By LUIS MARDEN

With Color Photographs by the Author

LET him who knows not how to pray
go to sea."

Devout Portuguese fishermen of New England's old port of Gloucester, Massachusetts, who daily face the dangers of deep water, will know the truth of that old proverb. These men who wrest a hard living from the sea rely on Our Lady of Good Voyage, as well as chart and compass. And once a year, in early June, the vessels of Gloucester's Portuguese fleet gather at the State Fish Pier to be blessed (page 80).

Our Lady, a patroness of seafarers and travelers, has her own church, of Azorean style, built high on a hill. Between twin cupolas stands an 18-foot statue of the Virgin (page 79). Homeward-bound fishermen, approaching by night, often radiotelephone to shore and ask that the statue be lighted; then the crew crowds the rail to catch its glow on the horizon, first landfall as they stand in for Gloucester (page 84).

A smaller figure of the Virgin—a wood-carving from Portugal—goes to the annual Blessing of the Fleet on the shoulders of proud fishermen (page 77). Four men from each vessel's crew take turns carrying the beautiful figure to the water front as the church's cannon rings out.

A Model Ship with Silver Spars

Gloucester's next Blessing of the Fleet took place in 1945. Three years later the present statue, which had been carved from Brazilian cedar in Porto, arrived from Portugal aboard the hospital ship *Gal Ranes*. Like all carvings of Our Lady of Good Voyage, she carried a fishing vessel in one hand.

Portugal's Ambassador to the United States at the time, Dr. Pedro Teotónio Pereira, himself a lover of the sea, noticed that the little silver vessel was of Portuguese, rather than Gloucester, rig. Sending plans of a Gloucester schooner to Portugal, he ordered a new wooden model with silver spars and rigging. This is the one the figure now holds.

Portuguese settled in Gloucester as early as 1842, but long before Columbus the Portuguese, then as now among the world's most skilled seamen, fished as far away as Iceland, and some think they reached the Grand Banks off Newfoundland. If they did, then the Portuguese, and not the English ancestors of

New England Yankees, were the true pioneers on the world's richest codfishing grounds.*

Some early Portuguese settlers came from the mainland, but most came from the Azores. Even today there are many in Gloucester's Portuguese colony who hail directly from the Azorean island of Pico.

American whalers of a century ago used to touch at the Azores to take on a crew. Starvation diet, poor wages, and liberal use of the belaying pin made many of these men go permanently ashore at the home port of New Bedford. From there many made their way to Gloucester to become fishermen.

Sons Prefer a Landlubber's Life

Men have fished out of Gloucester since the 1620's, when the first cargo of salt fish was sent to Bilbao in Spain, but today relatively few of the original Yankee names are heard aboard Gloucestermen. Well before the turn of the century old-timers began to dissuade their sons from going to sea, because of the danger, hard life, and small remuneration. Sons of the men who sailed the famous old schooners came ashore to less arduous and more profitable occupations, leaving the field to foreign-born fishermen.

Of Gloucester's present-day fleet of 202 vessels, not more than 30 still are run by native Yankees. Thirty-two are Portuguese, 100 Italian, and the rest divided among Nova Scotians, Newfoundlanders, Norwegians, Swedes, and Finns.

Ironically, the cycle seems about to complete itself, for today a few Portuguese captains, still erect, "able-bodied seamen" when past 70, are beginning to advise *their* sons not to go to sea. But so far there has been no shortage of willing and able men to work and captain the Portuguese druggers.

Early Gloucester fishing was done from sloops and ketches. But in 1713 a different vessel slid down the ways. Her fore-and-aft rig enabled her to sail fast close to the wind. The story goes that, as the vessel was launched, a man watching cried, "See how she scoons [skins]!" Her builder, Andrew Robinson, heard him, and so called the vessel a "scooner." Except for the spelling, all her

* See "I Sailed with Portugal's Captain Columbus," by Alan Villiers, NATIONAL GEOGRAPHIC MAGAZINE, May, 1957.

descendants took the original vessel's name.

For two centuries the schooner was supreme, and before the end of the 19th century Gloucester's fleet totaled 500 sail.

The Gloucester schooner reached the peak of design in the *Gertrude L. Thebaud*, built in 1930, which represented the United States in the International Fishermen's Races with the *Bluenose* of Nova Scotia. Her slender black hull heeling to a cloth of canvas was a glorious sight. I sailed in her when Capt. Ben Pine contested the last Fishermen's Races in 1934. In February, 1948, while running cargo in the Caribbean, she broke up on the breakwater of La Guaira, Venezuela.

So passed the last Gloucester schooner to work under sail. All have been lost at sea or converted to power, with diesels in the hold, topmasts removed, and bowsprit cut to a stump, a mere support for the forestay.

So many old schooners were available for conversion that it is only in the last five years that new druggers have been built from the keel up in the Essex yards.

The Gloucester fishery was founded on king cod and associated groundfish—haddock, hake, cusk, and halibut. When the early shore fishery became depleted, schooners ran out to Georges Bank, and later as far as the Grand Banks off Newfoundland. Once on the banks, fishermen left the anchored parent vessel and fished two in a dory, setting trawls—buoyed and anchored lines more than a mile long, armed with 500 to 1,000 hooks. The trawls, of French origin, were set in water 150 to 200 fathoms deep.

Stout Dories Have Crossed Atlantic

Dories, flat-bottomed, double-ended boats about 16 feet long, have been called the world's most seaworthy small craft. Several times men have rowed and sailed them across the Atlantic.

The advent of the otter trawl, a purselike net fished by dragging along the bottom, helped deplete the shore cod fisheries, because the net took so many fish at one sweep and raked up the bottom, destroying fish food. Incidentally, with the coming of the tin can, eating habits changed, and people ate less salt fish.

But druggers (so called in Gloucester to distinguish them from the early hook-and-line trawlers) use the otter trawl for most of the fishing done out of Gloucester today, though they rarely drag for groundfish. Setting the nets higher for free-swimming school fish, druggers take enormous quantities of ocean perch, or rosefish (*Schistus marinus*).

Since this small red fish became popular as a foodfish, about 1935, it has been taken in ever-increasing numbers, until today it makes

up about 50 percent of the Gloucester catch.

Through long custom, New Englanders still prefer their cod, haddock, or mackerel. But ocean perch find ready markets in the South and Midwest; the smaller fish more nearly resemble fresh-water varieties long eaten in the Midwest, and the small fillets are just right for the popular southern fish fries.

God Shares in the Catch

Portuguese and other Gloucestermen fish on a lay basis, ship and crew sharing proceeds of the catch. At the end of each voyage the crews of Portuguese craft set a certain amount aside as "God's share," to be given to the Church for charitable work.

Early Gloucester skippers sailed by "compass, soundings, and personal judgment" alone. Today the druggers use radiotelephone, radar, depth indicators, and even loran, the long-range electronic navigation system that traces invisible streets and avenues on the ocean's gray wastes. Yet, despite power and modern navigational aids, the sea still exacts a heavy toll.

Few fishing families of Gloucester have not paid tribute to this hard mistress. From Gloucester's beginnings as a fishing port until the present time, more than 1,000 of her vessels and 8,000 of her men have been lost at sea.

Men were washed overboard; schooners went down in northeast gales. Thick white fog took many lives when men in the dories lost sight of the parent vessel and could not find their way back, despite mournful blasts of the schooner's horn. Some lucky few rowed to land, their fingers frozen round the oars.

The danger of anchor cables parting added another hazard to winter fishing on the banks. Men peering through swirling snow would sometimes see the gray ghost of a drifting vessel bearing down on them. Then the man standing by the anchor cable had to swing his sharp ax instantly, for if a drifting schooner crashed into an anchored vessel in rough seas, both were almost certain to go down.

Many fishing vessels were simply never heard from again, victims perhaps, of a hurricane, the screaming wind that the tough men of Gloucester called an "August breeze."

At a Blessing of the Fleet, the Most Reverend Richard J. Cushing, Archbishop of Boston, said:

"The natural virtues of a fisherman are two—trust in God, and perseverance. Tossing on the sea has taught them both."

And so, despite all hazards, the men of Gloucester will continue to go down to the sea to reap the harvest of its waters. And the sea-knowledge Portuguese will be among them.



Gloucester, Massachusetts, Fishermen Take Turns Carrying Our Lady of Good Voyage

Thousands of Fishermen in Gloucester, Massachusetts, take turns carrying the statue of Our Lady of Good Voyage for the festival of the Good Voyage. The festival is held on the first of August.



Fishermen and Their Families Hear Mass Before the Yearly Blessing of the Fleet
Viewed from Behind the Madonna in the Cathedral of St. Mark, Venice, December 1, 1850
Rome. The statue is the figure of the Virgin Mary, the Good Mother, for the fishermen's industry.





A Bishop in Cape and Miter Blesses the Fishing Vessels. Thousands Join the Water Front





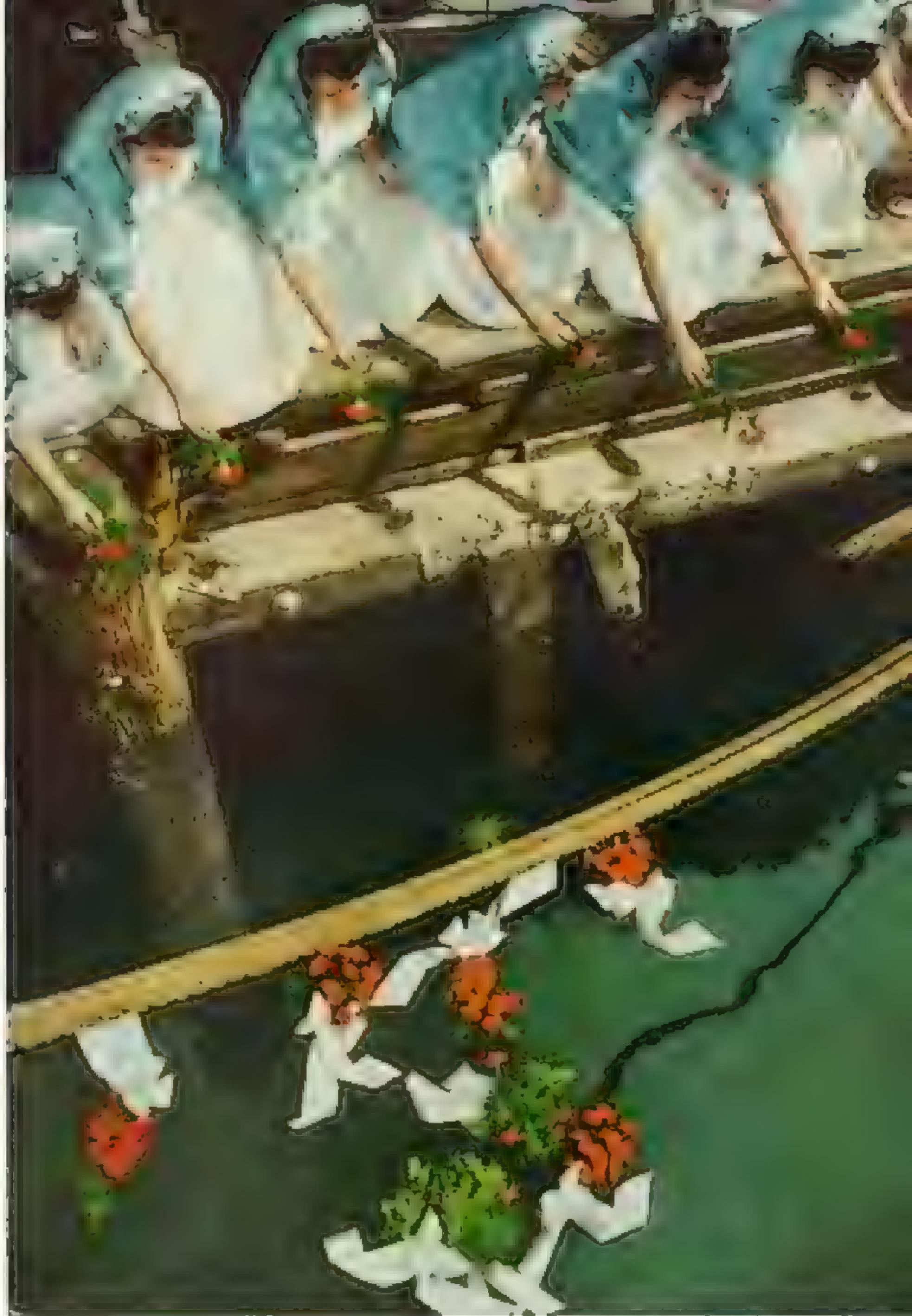
Devout Captains Keep Sierras Above Shipboard Chart Tables

These men, dressed in heavy gear, are seen in the foreground, looking out over the water. The background shows the ship's deck and railing.

Future Fishermen in Sea-westers Wear a Duty on Waves

These boys, dressed in heavy gear, are seen in the foreground, looking out over the water. The background shows the ship's deck and railing.





Girls in White Street Carriages on the Floating Tide - Memory of Men Lost at Sea



A Slip on Her Arm: An Illuminated Statue of the Virgin Welcomes Fishermen Home

Mary was a central figure in the lives of fishermen, especially those who worked on the coast. The Fisherman's Friend, a statue of the Virgin Mary, was a common sight in many fishing communities.

The Yankee Sailor Who Opened Japan

Commodore Perry and His Black Ships Changed the Course of History
by Ending Japan's Seclusion a Century Ago This Month

BY FERDINAND KUHN

JUST before you are to fly off in 1853, Commodore Matthew Calbraith Perry of the United States Navy opened Japan to the outer world.

He broke through a wall that had hidden Japan from Western eyes for 216 years. In doing so, he changed the course of history.

Other American naval commanders have reshaped the future in a single battle—Dewey at Manila Bay, for example, or Nimitz at Midway. But Perry did it without firing a shot.

His weapon was diplomacy, backed by a willingness to use force if he had to.

Festival Recalls Commodore's Landing

To the terrified Japanese of a century ago, Perry's steam frigates were the "black ships of the evil men." They spewed black smoke, they moved without oars, and they churned up Japanese waters that were supposed to be inviolable.

But because Perry did his work without bloodshed, because he dealt with the Japanese with dignity and fairness, he is remembered as a stern benefactor of modern Japan. And the arrival of his "black ships" is commemorated in a local festival every summer by the descendants of those frightened Japanese whose country he awakened after a sleep of centuries.

Today, if you stand at Perry's first landing place at Kurihama, 30 miles south of Tokyo, you can span a hundred years of history in a single view (map, page 90).

The surroundings have not changed appreciably since Perry landed. I know they have not changed, for when I went to Kurihama with my son Philip, a student at Harvard, I took with me a contemporary drawing of the beach as Perry saw it a century ago (page 88).

At one end of the crescent beach, to the northeast, is the tall headland behind which Perry's ships first anchored. At the other end the land rises in gentle contours as green as the hills of Ireland.

On the landward side are the tiny rice fields and cottages of Kurihama. And looking out across Uraga Strait, at the southern end of Tokyo Bay, you can see the dim outlines of the mountains of the Boso Peninsula on the opposite shore.

Perry saw this same placid background but the scene on the beach was vastly different on the morning of his landing. According to

the official account he submitted to Congress, the curving beach "was gay with a long stretch of painted screens of cloth, upon which was emblazoned the arms of the Emperor.

"Nine tall standards stood in the center of an immense number of banners of divers lively colors, which were arranged on either side, until the whole formed a crescent of variously tinted flags, which fluttered brightly in the rays of the morning sun.

"From the tall standards were suspended broad pennons of rich scarlet which swept the ground with their flowing length. On the beach in front of this display were ranged regiments of soldiers, who stood in fixed order, evidently arrayed to give an appearance of martial force.

When I saw Kurihama not long ago there were no "regiments of soldiers." Children were splashing happily in the waves at the water's edge. In place of the scarlet pennons and fluttering flags were rows of one-story tea-houses and soft-drink stands. Where a cluster of houses stood in 1853, at the southwest end of the beach, a big ice factory now stands as the only major change in the landscape.

A Monument to Perry Survives War

On the spot where the Emperor's representative received Perry and his retinue, a 33-foot granite shaft honors the great Commodore in a sandy enclosure known as Perry Park.

An inscription in English says: "This monument commemorates the first arrival of Commodore Perry, Ambassador from the United States of America, who landed at this place July 14, 1853. Erected July 14, 1901, by America's Friend Association."

The monument has stood as a symbol of American-Japanese friendship for more than half a century, with only the interruption of the war. It stood through the years of bitter fighting in the Pacific in 1942 and 1943, but in 1944 militant Japanese patriots pulled it down. After the surrender, it was put back on its massive base as a sign that the Commodore was not forgotten.

As I looked out from the monument to the brilliant blue of Uraga Strait, I saw a big merchantman at anchor where Perry's ships guarded the first landing. I read its name through binoculars.

It was the *American Victory*.

Perry's opening of Japan was indeed an

北亞墨加利人

ペルリ像



Japanese Eyes Saw Commodore Perry as Stern and Forbidding

Matthew C. Perry, commander of the expedition, was a stern and forbidding man. He was a tall, slender man, with a high forehead and a long nose. He was dressed in a dark, high-collared coat with a white shirt and a dark cravat. He had a serious expression, with deep-set eyes and a slightly downturned mouth. He was looking directly at the viewer.

Another victory of long world-wide fame had been gained by the Japanese navy, and this was a victory for their country as well.

In the United States of those days, and in Persia, America, Europe, and elsewhere, the news of the victory of the Japanese navy was a cause of surprise and a menace to general Asiatic interests.

Hermit Japan Imprisoned Seamen

The crews of American whalers, who were at Japanese shores, had been imprisoned. Some had been forced to work as laborers on the building of a new road.

American expedition to land took the sealion, though they succeeded in reaching the imprisoned seamen.

Our ships in Pacific waters needed sailing and could not get to the interior, because the Japanese had closed the coast. In the United States of those days there was a party of the Commodore Perry in the Pacific, who had helped to get the Government in Washington to get out a message to get to open Japan.

At the time of the Commodore Perry, the State Edward Everett was Secretary of the President's mission, except in the last year of the century, it attacked the sea power.

When the President found that the world and now was that Japanese had been opened. The Japanese people had taken an evil step, they had found ways to the guns, had moved all business, and in the city of the century. The world were now 20 years later, they were oppressive, the ways of nations were already and long.

Japanese scholars, knowing that the world was to come, had learned from the language of the Hermit, who had been allowed to keep a secret in Nagasaki, and had learned of the world's ways.

From the time of the late years the Japanese learned of Western science, of the growth of nations and nations in Europe, of the growth of European empires, and the rise of the United States. But in later years, the theater, the science, and the style, was in the west, and the world was in the west.

Thus the world was being led behind in a way, changing world, and the world men were.

If someone had to do the delicate job of opening Japan, Matthew Perry was the ideal man. His name alone was enough to give him authority in the Navy. His father, four brothers, and two brothers-in-law had been naval officers.

Perry a Stern Disciplinarian

One of his brothers, who had died long before 1853, was the casual, charming Oliver Hazard Perry, the hero of the Battle of Lake Erie in the War of 1812, the author of the famous report "We have met the enemy and they are ours."

But Matthew Perry was very different from Oliver: in looks and in personality. He was known in the Navy as "Old Matt," and sometimes his men talked of him as "Old Bruin." By 1853 he was almost 60 years old, proud and portly, blunt in speech and something of a tyrant to his men.

The sight of a smudge of dirt on their waist taken as sacrilege with them. His heavy black eyebrows and his thick black hair made him look formidable, especially to the Japanese, who left many impressions of him in their contemporary prints (opposite page).

Nathaniel Hawthorne described him as "aristocratic, gentlemanly, off-hand but not rough; unaffected and sensible." He was indeed "sensible," and so businesslike in his preparations for the forthcoming expedition that he read some 40 books on Japan before he sailed. He supplied and trained his expedition as if it were going off to fight a serious war.

With all his sternness, the Yankee sailor from Rhode Island had a soft spot in his heart for children, although he didn't always understand them.

One day he visited the family of his former



Perry's Men Called Him "Old Matt" or "Old Bruin"

brother Oliver, long dead, before sailing for the far East. He asked his 8-year-old grandson, Frank, to come along. "How would you like to come to China with me?"

Thomas Dashes Off to Pack

The youngster disappeared like a shot, and the Commodore had to go searching for him in the attic. He found the boy packing his belongings in an old sea chest, ready to go to China.

The Commodore had a really mean fit. But Thomas did go to Japan, decades later and returned a few years as president of



89

Kur Inoo Beach Has Changed Little Since Perry First Saw It In 1853

For many years after Perry's voyage to Japan, and all West coast ports, the only American wharves were those of the United States, and the only American vessels were those of the United States. The only American vessels were those of the United States, and the only American wharves were those of the United States. The only American vessels were those of the United States, and the only American wharves were those of the United States.





Americans Land on Japan's Forbidden Shore with a Letter for the Emperor

The United States government has announced that it will send a party of five men and a woman to Okinawa, July 14, to deliver a letter to the Emperor. The party will consist of a naval officer, a physician, a linguist, a woman, and a woman. The party will be the first to land on the island since the Japanese government had forbidden it. The party will be the first to land on the island since the Japanese government had forbidden it. The party will be the first to land on the island since the Japanese government had forbidden it.





Perry Saw Farms and Huts Where Busy Yokohama Sprawls Today

Here, in Tokyo Bay, Perry secured a treaty promising protection for shipwrecked Americans and opening the ports of Shimoda and Hakodate to American trade (inset). The Commodore's dealings were at Kurihama and Yokohama.

English literature at Keio University in Tokyo. And Thomas, in turn, had a charming daughter who became well known in Japan, not only as a Perry but as America's first lady in Tokyo for 10 years.

She is Mrs. Joseph C. Grew, the wife of the last American Ambassador to Japan before the war.* In her home in Washington not long ago she showed me relics of the Perrys, and Japanese prints of the arrival of the Commodore in his "black ships" a hundred years ago.

A Spy Warns of Perry's Plans

Three steam paddle-wheelers formed the main ships of Perry's squadron. The Commodore knew the value of steam ships; he had pioneered in developing them for the Navy, and his first flagship, the *Sagrebanna*, was of respectable size—257 feet long, 69½ feet broad, with an armament of six 8-inch guns.

The *Mississippi*, with the Commodore aboard, steamed alone across the Atlantic to Cape Town, across the Indian Ocean, and north along the coast of China to what is now Okinawa.

From Okinawa a Japanese spy secretly relayed news of the Commodore's plans to Japan, so that the Japanese authorities expected him when he arrived.

But the sight of his ships off Uraga spread consternation. In Yedo, now Tokyo, thousands fled the city, thinking that the great ships with their guns would destroy their homes.

A Ship's Whistle Strikes Terror

Little Japanese guard boats clustered like goats around Perry's black monsters (page 96), but the Commodore would let no one aboard except persons having official business with the expedition.

Once, when the ship *Plymouth* blew her whistle, the entire crew of one of the guard boats dived overboard in abject terror. Although the first night Perry's sailors saw beacon fires glowing on the hillsides and heard the

tolling of a great bell, which they took to be an alarm signal.

Perry had thought of everything; he had even brought a Dutch interpreter along, suspecting, correctly, that Dutch was the only European language any of the Japanese would know.

He knew that he would find a highly sophisticated society in Japan, but he had a surprise when the leading functionary of Uraga came aboard in a rich silk robe embroidered in a peacock-feather pattern.

Perry's officers showed the official and his aides a globe of the world. The Japanese promptly pointed to Washington as the capital of the United States, and to New York as its business center, and they also identified England, France, Denmark, and other countries of Europe without the slightest hesitation.

With a combination of tact and iron firmness, Perry convinced the Japanese officials that he would insist on delivering a letter

* See, in the NATIONAL GEOGRAPHIC MAGAZINE, "Japan and the Pacific," by Joseph C. Grew, April, 1901.



A Model of Perry's *Swatara* Sails the Tidal Basin in Washington, D. C.

Perry's ship, the *Swatara*, was a three-masted, 100-ton schooner. It was one of two ships that Perry used to sail to Japan. The other was the *Arcturion*.

from the President to a representative of the Emperor, and to no one else. He said he would do it near Tokyo and not at Nagasaki, where the Japanese had tried to send him.

After six days of cold but courteous bargaining, a landing was arranged on the beach at Kurihama, just around the headland from the squadron's anchorage.

The Commodore took no chances. He ordered his ships so that their guns would guard the landing place. He took nearly 400 men with him, including 100 sailors. To add to the impression of the occasion, were 40 bandmen who tooted lustily on their way to the shore.

Perry himself took great pains to be sure that his own landing would have the greatest possible effect on the Japanese. He spent a long time in front of a mirror, combing his unruly hair and buttoning his uniform. He wore full-dress uniform, although it was a hot summer's day.

Then, with all the pomp of an emperor, he went ashore.

With the bands still playing, his men formed a procession that marched up to a temporary building where the Emperor's representative was waiting. Perry did not know that this spokesman, the "Prince of Izu," was only a minor functionary from Osaka named Toda.

The Japanese were given Toda high rank just for the occasion. They had refused to send anyone of really high station for the distasteful and humiliating task of receiving a letter from the foreign "barbarians."

Golden Gasket Guards a Letter

With elaborate ceremonial, Perry delivered the letter in a box of rosewood and gold that had cost \$1,000. The letter was President Fillmore's invitation to the Emperor.

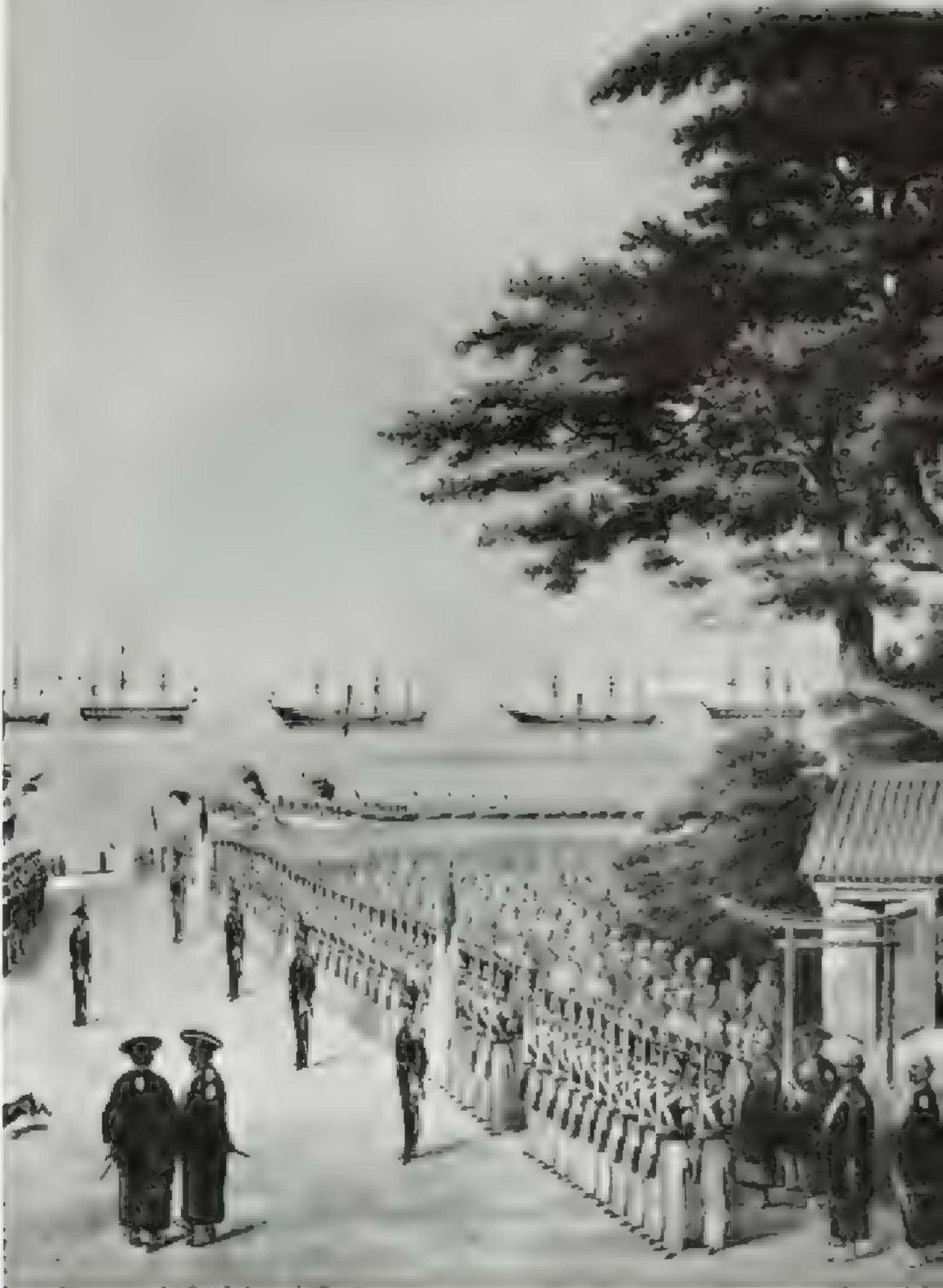
"I have no other object in sending you [Commodore Perry] to Japan," the President wrote, "but to propose . . . that the United States and Japan should live in friendship and have commercial intercourse with each other."

The Constitution and laws of the United States forbid all interference with the religious



With an Emperor's Dignity, Perry Approaches the Treaty House near Yokohama

When Commodore Perry first landed in Yokohama, he was met by a large number of Japanese. The Commodore and his crew were taken to a house near the harbor, where they stayed for several days. The Japanese were very curious about the Americans and their ships. Perry and his crew were very polite and friendly to the Japanese. They showed them many things that the Japanese had never seen before. Perry also showed them some of his own country's products, such as guns and powder. The Japanese were very interested in these things. Perry and his crew stayed in Yokohama for about two months. During this time, they negotiated the Treaty of Amity and Commerce between the United States and Japan. This treaty opened Japan to American trade and allowed American ships to call at Japanese ports.



Curious Villagers Gape Behind a Wall of Nails While Learning Fire Salutes

With a heavy cannon, the village is armed with its own defense. Her neighbors gathered behind the wall of nails to witness the firing of the cannon. The Japanese ship at the harbor.

in political concerns of other nations. I have particularly observed Washington Ferry to restrain from any act which could possibly injure the interests of your report of my visit to the islands.

At the Emperor's usual weekly audience, I presented a sample of our new process, and production, for our report to the people. He ended with the prayer, "May the Almighty have our reported reports to His Majesty's holy keeping."

Having received the letter, Ferry announced that he would sail away and return

in the spring by the Emperor's answer.

The same day in February, rather than to sail prepared to be recalled that a Russian fleet was about to attempt a landing. This was brought into the system of your, also some of our own, and his, and a steady expeditionary force for these days.

The storm of the sea had been reported by the winter's coming. Snow froze on the ground of Ferry's sea-weather, and they played toward Tokyo Bay.

His wife, however, Ferry had brought gifts for the Emperor, and his ministers.



to keep in with the spirit of his own country. He carried with him a number of examples of art and craftsmanship from the United States.

He included a telegraph instrument, with about a mile of wire (several double lines); a pair of firecrackers; a mounted silver pipe; a silver pipe; a hundred gallons of whiskey; a book; a four-volume set of *McLure's Journal of America*; three volumes of *McClure's Travels*; a pipe; and a New-England shawl.

Telegraph Bullets, Train Deaths

All these gifts were solemnly carried onto the beach near Yokohama after Perry's second visit. The telegraph instrument caused much puzzlement; some who saw it raced from the sender to the receiver and could not understand how messages could travel faster than the fleetest runner.

But nothing created so great an attention as a miniature railroad train which Perry had brought with him, complete and accurate in every detail. The locomotive was one-fifth the size of the tall stacked engines of those days. With it were a tender, a little passenger car, and a flat car.

The train traveled at 20 miles an hour and was controlled by Japanese who watched it.

Some of the old names out of Japan were used in the telegraph instrument. He was so much interested in the telegraph that he was flying in the wind, his body shaking convulsively with joy.

Within 20 years the first real railway line in Japan was in full operation over the 18-mile stretch from Yokohama to Tokyo. The Japanese had, and tunnelled to, over 17,000 miles of track. The entire system owes its first encouragement to the American Commodore.

Perry soon learned that the Emperor had answered the President's letter and was willing to make a treaty. Another pageant, more splendid than the first one on the Kuribama sands, was arranged for the signing, this time at what is now the busy metropolitan part of Yokohama.

A Crack in the Wall of Isolation

The treaty of March 31, 1854, pricked Japan open by at least a crack. It opened the ports of Shimoda, 80 miles southwest of Tokyo, and Hakodate, on the northern island of Hokkaido, to American ships; it permitted board trade between the two countries; and it authorized the first American consular representation in once secluded Japan.

Toy Locomotive at Kasukura's Amusement Park Recalls Perry's Gift to the Emperor

In 1904 a miniature railroad was built at Kasukura's Amusement Park in Yokohama. It was built to commemorate the gift of the toy locomotive to the Emperor by Commodore Perry. The toy locomotive was built by the Kasukura family, and it was built to resemble the toy locomotive which Perry brought with him to Japan. The toy locomotive is now on display at the Kasukura Amusement Park.







Great Buddha Meditates Serenely After Seven Centuries of Quake, Tidal Wave, and War

THE GREAT BUDDHA OF KAMAKURA, a colossal figure of the 13th century, has been found only a few inches from its original position after a series of shocks and tremors which have again and again made it seem as if it would fall. It is a popular curiosity for Allied troops and civilians to see the great Buddha in its present position.

Much more work had to be done in subsequent treaties to complete the process of opening the country. But 'Ch'iu Yung' had succeeded in his mission. He had achieved for the United States what no other country had been able to do for more than two years.

The way was paved for Japan to make similar treaties with Britain, Russia and the Netherlands, and to start her astonishingly swift rise to the status of a world power.

Gifts of Buttons Delight Japanese

When the new trade regulations were made known, the excitement was truly for signature. The only complaint was when to relax. He allowed Spanish tobacco, as well as officials to visit his ships, and he found them attracted by everything they saw, especially by Western clothing.

The object of the trade regulations was to permit the Japanese to buy anything they preferred to the best of their crops, and showed a present passion for buttons.

They would again and again ask for a button, the type of seal, and when presented with the best of the merchandise immediately grabbed and showed it away as if it were of the greatest value.

The reason of course was that the Japanese people sold only strings of beads to hold their cameras and other things together.

To show friendliness, the Japanese invited entertainment in the form of contests between pairs of wrestlers. These men were disguised as the monstrous, hulking of these super-heavyweights and by the usual hooping and showing of their traditional sport.

A few days later the Americans reciprocated with a feast on board the *Pouchotan*. Below deck, a table was set for the Commodore, his captains, and the high commissioners of Japan. Outdoors, on the 42-foot-wide deck, long tables were set for Perry's subordinate officers and the lesser functionaries (page 97).

The Commodore had taken good care to make it a lavish feast. The tables were loaded with beef, lamb, and poultry, fish, vegetables, and fruits, and with ample supplies of fine wines. The Japanese, according to Perry's official report, drank "unnumbered glasses" of champagne and masashiro, and the party was uproarious before the dinner ended.

Leftovers Go Inside Sleeves

One of the observant Americans at the dinner was Edward Yorke McCauley, a Perry sailor who later became a rear admiral. In his diary McCauley wrote that a new phase of the banquet began when the eating had ended:

All the Japanese except the interpreters, he wrote, "left their seats and commenced pocketing all the relics they could lay their hands on, wrapping each piece of pie, slice of beef, leg of chicken &c in a piece of paper, depositing it in the bag of their capacious sleeves."

Who could blame them? The American food was new and strange, and, besides, they were simply following a polite Japanese custom of those days—a custom which the Commodore and his men were asked to follow when they, in turn, were offered a dinner of fish soup, raw and cooked fish, rice cakes, and *take* on shore.

After the banquet on the *Pouchotan* the Americans put on an old-fashioned minstrel show. Bones and Sambo, in blackface, went through their usual antics, and even the chief Japanese negotiator, Prince Hayashi, the university professor in Tokyo and the Chief Confucian Adviser to the Shogun, shook his stately sides with laughter.

A Parting Embrace for Perry

The champagne must have been effective; for, as the Japanese were about to leave the ship, one of them threw his arms around Perry's neck, crushing a new pair of epaulets in the embrace and saying, in fervent Japanese, "Nippon and America, ah the friends!" This, according to the official account, was the first time that the Americans were given a salute of 17 guns hoisted from the *Saratoga*.

Because the Japanese authorities kept them within strict limits, Perry and his men could see little of the country. From their ships the Americans could hear the bells of Tokyo,

and once they saw, dimly in the distance, the crowded wooden houses of the capital city. On land they were limited to a circuit of only a few miles.

Their wives ashore were enough to show them the beauty of the scenery, the neatness of the villages, the wealth of the country, the tiny fields, the courtesy and friendliness of the people. Strictly off limits to them, apparently, was the most picturesque place in the entire neighborhood of the anchorage: the ancient capital city of Kamakura, with its 65 temples and 19 shrines, and its wondrous relics of medieval Japan.

One of Perry's ships, the *Macedonian*, went aground off Kamakura on the second voyage. The Commodore anchored there during the refloating operations, but he knew the place only as a dangerously exposed anchorage, open to the winds of the western Pacific.

Of its shrines, the most famous is the contemplative Daibutsu, or Great Buddha, 42½ feet high, a hallmark of Japan as familiar now as Big Ben in London or the Eiffel Tower in Paris. There is no record that any of Perry's men ever saw it, although it is only six miles from the shore of Tokyo Bay.

Today Allied soldiers on leave from Korea and sailors from the Yokosuka naval base visit the Great Buddha in droves. Its serene repose seems to cast a spell over them, for they show it unmitigated respect as a shrine.

Buddha Echoes to "Aloette"

When I was there I heard something, coming from among the trees near the statue, that would have horrified Perry. It was bougie-wogie echoing from behind a sign that advertised the Hotel Buddha. A Japanese band was trying to master the rhythms of Harlem, and was having trouble doing it.

The band gave up when a lusty platoon of French-Canadian soldiers in berets invaded the Hotel Buddha, singing "Aloette" at the top of their voices. They palavered politely with the band leader and asked if they might borrow his instruments.

Soon the Canadians were blaring and shouting their cheerful song so loudly that the Buddha itself almost clenched its palms in anguish:

Aloette-te, gentille Aloette-te.
Aloette-te, je te plumerai.

The soldiers were men of the Royal Twenty-second Regiment, a unit made up almost entirely of French Canadians and known from Ontario to the Maritime Provinces as the *Vingt-deuxième*—pronounced in French Canada as the "Vandooz."

To millions of present-day Japanese in the Tokyo area Kamakura means not only the site



Medieval Musicians and Goshas Welcome Visitors to Shyoda's Black Ship Festival

From the medieval era of the courtly life of the aristocracy of the Heian period, although the excellent traditional music of the Heian period is still heard in the Goshas of the Iwajima Shyoda Festival, the festival is now a lively and colorful affair. The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival. The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival.

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First Goshal Promoted Good Will

The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival. The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival. The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival.

By his example of kindness, patience and cool, Harris more than any other man, including Perry, laid the foundation for American Commerce in the Iwajima Shyoda Festival, even the Iwajima Shyoda Festival.

The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival. The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival. The festival is held in the Goshas of the Iwajima Shyoda Festival, which are the traditional places of worship of the Iwajima Shyoda Festival.

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along a single main street. Today it is a busy port of almost a quarter-million people and the terminus of the rail ferry that links the 4½ million on Hokkaido with their countrymen on the main island of Honshu.

One of Perry's armed storeships, the *Southampton*, paid a visit to Volcano Bay (Ushura Bay), ringed by several volcanoes, two of them belching smoke at the time. There the sailors found some of the true curiosities of Hokkaido—the Ainus, the primitive people who were living in Japan before the ancestors of the present-day Japanese arrived.*

Ainus a Vanishing Race

Our student estimated that in the 17th century there were 200,000 Ainus on Hokkaido. In Perry's day there may have been only between 20,000 and 30,000, chiefly because a smallpox epidemic had almost wiped them out a century before.

The *Southampton's* commander described them as short "not well proportioned, with intelligent features," and noted their "very black, coarse hair."

Today only a handful of pure-blooded Ainus survive in Japan. My son and I visited two survivors of this departing race in their log house at Shiraori, on the southern coast of Hokkaido (page 100).

They had taken Japanese names—Mr. and Mrs. Inosuke Miyamoto—and of course they spoke Japanese. The man, at least, had the high cheekbones and other features of a Russian peasant. Their eyes were deep-set under bushy brows that reflected the mild and friendly disposition for which the Ainus have always been known.

Mr. Miyamoto had a long white beard; his wife had tattooing like a mustache around her lips. The old couple was seated on the floor, facing a half-circle of Japanese school-children who were watching with as much wonder as our children would show for a full-blooded Indian chief.

With a soft and gentle voice, Mr. Miyamoto described his exploits in hunting bears, which from time immemorial has been a major occupation of Ainu men and the mainstay of Aina folk life. The old man pointed proudly to the precious lacquer jars which the feudal lords of old Japan had given his father and grandfather in payment for bearskins.

What if Perry had not opened Japan? Would it have been better, for Japan and for the rest of the world, if the lacquer curtain had not been pierced a century ago?

The questions are misleading; Japan would have been opened anyway, even if Perry had not gone there. Great Britain or Russia surely would have done it.

Perry himself foresaw an eventual con-

duct between America and Russia which, he said, would determine "the freedom or the slavery of the world." His official report to Congress in 1856 noted that Russia had pursued its expansionist aims "noiselessly" but persistently, with the hope of controlling both shores of the northern Pacific Ocean.

"If she possessed Japan," the Commodore reported, "she would have an abundance of harbors, unrivalled in the world for expediency, and with her resources would control the commerce of the Pacific. It is not, therefore, the interest of any part of the commercial world that Russia should ever own Japan."

If any foreign nation had to open Japan by the threat of force, probably it was fortunate that it was the United States. Neither the old Commodore nor his Government ever sought to "own" Japan or to take possession of an inch of its soil for the United States.

They wanted only to open the country to trade and friendship and to what he honestly believed were the blessings of Western civilization.

I have often talked to Japanese friends about Perry. They know the details of his expedition; they had learned about it in school. In the old days, many Japanese looked upon it as a national humiliation, for the Japan of Perry's time was defenseless and woefully asleep to its own best interests.

Japan Quick to Learn Western Ways

Yet intelligent Japanese now honor Perry as the initiator of 50 years of dazzling progress. In the half-century from the signing of Perry's treaty to the start of the exhausting war with Russia in 1904, Japan amazed the Western World by transforming herself into a modern state.

She developed a banking system, a railway network, a merchant marine, and industries; she absorbed the technology of the West and at least the forms of Western political institutions as well. It was only in the second half-century after Perry that Japan took a wrong turning which led her to the disaster of militarism, war, and defeat.

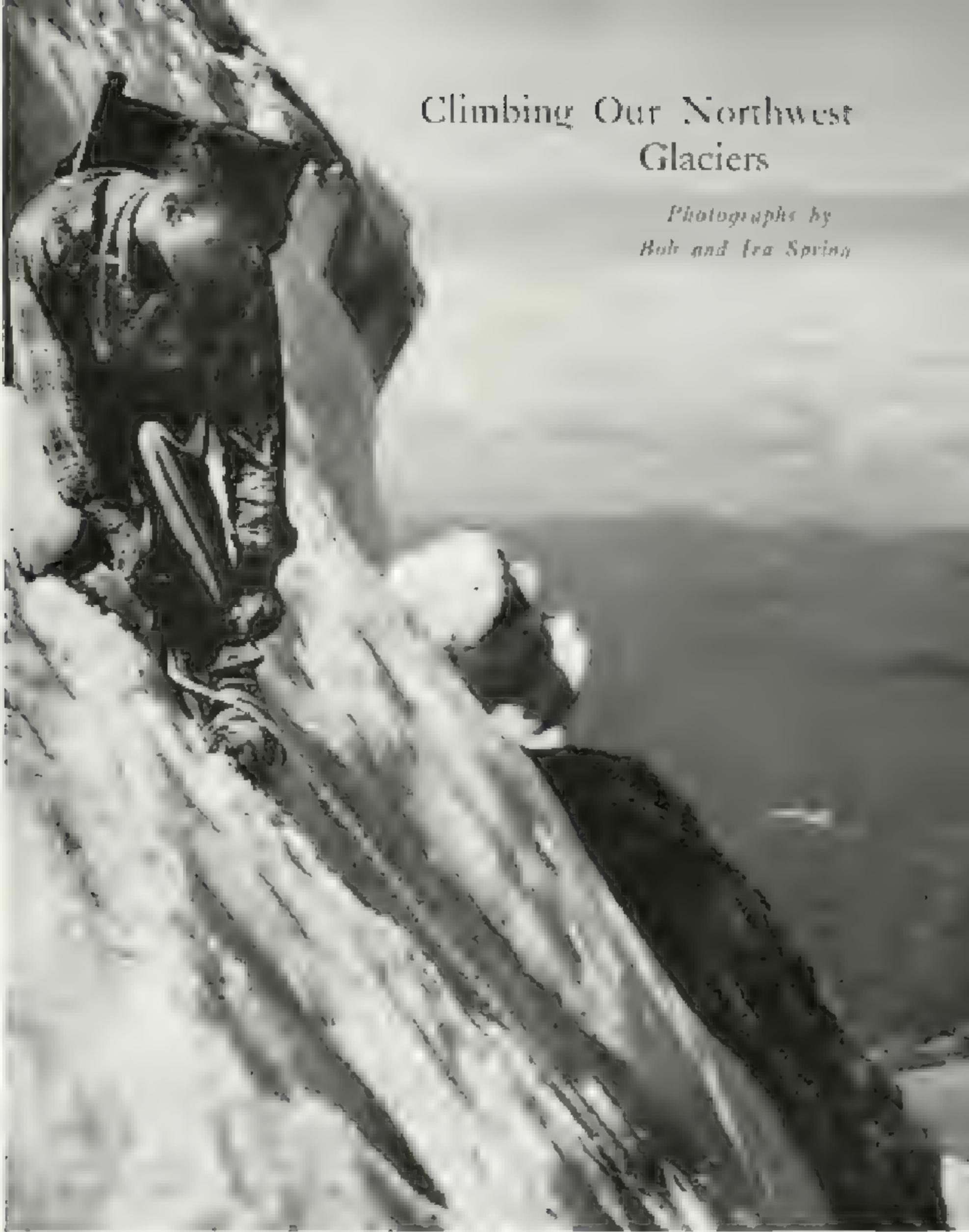
Today her thoughtful leaders wish their country had continued on the course of peaceful progress that Perry started.† In Japan as in the United States, the thickset figure of the Commodore looms larger with the passing years; and his "black ships," once so menacing, are remembered as the agents of a national liberation.

* See, in the NATIONAL GEOGRAPHIC MAGAZINE, "Friendly Journeys to Japan," by John Patrick April 1937.

† See, in the NATIONAL GEOGRAPHIC MAGAZINE, "Japan Tries Freedom's Bowl," by Frederick G. Voth March-May, 1950.

Climbing Our Northwest Glaciers

*Photographs by
Bob and Lea Spring*



101

Ice Seals a Rope Around It's Anchored Ice As to Support Climbers Below

During a recent, five-day climb, 1942-43, on the glacier of the Pacific Northwest, an anchor was used to seal a crevasse. The anchor, a North American style, was used to seal a crevasse and to support a rope around it. The anchor was used to seal a crevasse and to support a rope around it. The anchor was used to seal a crevasse and to support a rope around it.

Next to the anchor, a rope was used to support a climber. The rope was used to support a climber. The rope was used to support a climber. The rope was used to support a climber.

The rope was used to support a climber. The rope was used to support a climber. The rope was used to support a climber. The rope was used to support a climber.





**"Come and Get 'Em!"
Pancakes Hot Off the Griddle**

• From the...
 • The...
 • National...



AREA of Vancouver
CANADIAN
 1924

Vancouver
 Mt Baker
 Seattle
 Bremerton
 Everett
 Tacoma
 Parkland
 National Park
 Mt Rainier

WASHINGTON

Map with various geographical markers and a scale bar at the bottom.



Roped Climbers, Near Mount Rainier's Top, Skirt an Ice-filled Crevasse

These roped climbers skirt an ice-filled crevasse near the top of Mount Rainier. Some of the party are using ice axes and crampons, while others are using ropes and ladders. The crevasse is a deep, narrow opening in the snow and ice, and the climbers are carefully navigating it.



107

Crossing a Glacier Snow Bridge on Mount Olympus, a Mistake Could Mean Disaster

Although a new span provides the easiest way across the crevasse, it is a dangerous one. The snow bridge is a narrow path, and a single misstep could mean disaster. The men are seen working with their tools to maintain the bridge.





Dwarfed Adventurers Thread a Maze of Tortuous Chasms

Their progress is slow and their progress is slow. Mountaineers must check every inch of climbing rope, for sharp rocks may catch when strains. A house-keeping essentially must be maintained in the mountains. All weight loads are packed in waterproof containers.

As soon as the climb a party reaches the glacier, teams of two to four step together. On the ice sheet, isolated surges can cause one falling within half an hour. With a strong wind, a small ice mass may be blown over and melt. The ice is not a solid mass, but a series of small ice drops and melted snow.

These high-altitude treks are a rhythmic "best step," a pace geared to the air. With each step takes about three seconds, the time required for a full stroke.

Here on Mount Rainier independent parties with qualified leaders may try for the summit. All members must register with park ranger before starting and upon returning. The most are evidence of physical capability, proper equipment, and climbing experience.

Mount Rainier's snow fields constitute the most difficult climbing terrain. Some of the ice formations may have extended into the Puget Sound area, see page 105.

It may provide fair shelter in extreme cold. The snow is not a solid mass, but a series of small ice drops and melted snow. On the mountain, the snow is not a solid mass, but a series of small ice drops and melted snow.

Reach it at the top of mountain peaks, climber and registration books kept in waterproof containers.

These men cross a snow bridge on Winthrop Glacier, one of six ice rivers extending at Mount Rainier.

The bridge is at Steamboat Pass, the jagged line of the black rock mass (left) is the snow itself, known as the snow bridge.

When it splits the ice sheet into the Foothills, the snow bridge is broken.



Only a few feet of packed snow separate Carolyr Craig from an 8-foot Plunge
 she took in the first step of the climb. All snow is hard as ice. To within the last few feet and
 almost all rocks will break. Beyond the last corner, Neaptho Gully is Carolyr's last climb.



Cradled in a Sliding Loop, Louise Ingers Rappels Down a 100-foot Cliff

When the rope was fastened to the rock, she remained in the loop, and by keeping tension on the rope, she was able to descend with the aid of the rope. She was lowered about 100 feet.



Horse Lovers on Both Sides of the Atlantic Hail This Annual Event on Ireland's Green Old Sod

By MAYNARD OWEN WILLIAMS

With Color Photographs by the Author

IN NEARLY a century of horse shows from Virginia or the Argentine to Singapore, Horse Show Week in Dublin evokes a cherished memory or a strong hope. To thousands of Irish horse enthusiasts the competition every August in the flower-bordered, green-turfed enclosure of the Royal Dublin Society is the mecca of their dreams.

If the famous horse show itself, like a tall hunter or fine filly, could have a pedigree, it might read "Social Event," by "Royal Dublin," out of "National Prier."

As early as 1867 the Royal Dublin Society, pledged to "improve the Husbandry, Manufactures, and other useful Arts" of Ireland called the attention of Parliament to the need for more and better sires. A direct result was the first Dublin Horse Show under the society's auspices the following year.

Horsemen Treasure a Dublin Rosette

Today the prestige of winning at Dublin is world-wide. Cash prizes are offered, but the real reward is the red, or red, white, and blue rosette of victory, which a winner carries in his mouth past admiring thousands while his horse dances as if for the joy of it all (page 124). The big event is the Grand International Jumping Competition for the Aga Khan Challenge Trophy.

During five busy days more than a thousand horses compete. Cash, not cash, is the keynote. When two high-stepping harness mares from England, seemingly cut from the same black satin, strut to the applause of horse lovers, everyone knows that these exquisite equines are working for sheer pride in their prowess, not for money.

In the Blackstock Sale Park, across Merrion Road from the show grounds at Dal's Bridge, nearly a thousand thoroughbreds are sold at auction.

On the first day some untried yearling, but future winner, may bring only a few hundred pounds.

On the second and third days prices may be higher. For example, a chestnut colt by Royal Charger, out of Four in Hand, sold for about \$10,000.

Horses in training and untried thoroughbreds are sold on the fourth day.

On the final day, horses entered in the show classes change hands. I photographed one

horse that was withdrawn when bids were only \$11,000.

With an Irish companion I walked along in front of the diplomatic boxes for a preview of the jumping enclosure. A neat hedge of alternate green and gold privet enclosed a half-mile oval of greensward.

In the wide enclosure were the six permanent jumps: bank and ditch, single bank, stone wall, hurdle, double bank, and water. For some events as many as 10 fly fences are added. These additional barriers deliberately test skill as well as power. Riders sometimes lose their way and are disqualified.

Time Counts in Case of Ties

Ordinarily, speed counts no more in jumping than in golf. But an automatic timer is the deciding factor when several horses triumph over 15 or 16 barriers without a single fault for a "clear" round. In the final, and timed, round of one jumping event I witnessed, six horses had faultless rounds and finished within a time difference of eight seconds; the fastest won.

Opening day two years ago, Tuesday, August 7, dawned dark, with drizzling rain, but when I arrived, soon after 9, grooms and handlers had been at work for hours, giving an extra polish to a shapely flank or braiding a mane (page 122).

In four rings at once the judging of nearly 100 heavyweight hunters, 100 medium-weight hunters, 138 lightweight hunters, and many 3-year-olds, 2 year olds, and yearlings began. In the jumping enclosure thoroughbred stallions, yearlings, brood mares, and foals were parading on velvet turf while judges appraised each entry.

On that first day 110 jumpers competed, and I saw such master riders as Capt. Kevin Barry of Ireland, Lt. Col. Harry M. Llewellyn of England, and Dublin's own Iris P. Kellett in action (page 117).

One headline for Wednesday was "Rau Puts Danger on Horse Show." That was true for the crowd. But the interest of the experts remained at full heat. Judges taste one beautiful horse after another, risking their spines as well as their reputations.

On Friday the sun appeared for the most important hour of the whole show, the Grand International Jumping Competition for teams

of four horses. I stood on a small cement platform between the diplomatic boxes and the western end of the grandstands. Daily, across the oval, 250 yards away, crowds packed the roofless bleachers. To the northeast the view was closed by Anglesea Stand, with every seat filled. Judges and announcer occupied a glass-walled box in front. At the left end, the members' stand filled a corner beyond a row of second-story diplomatic boxes.

Off my right shoulder stretched the grandstands, packed to capacity. In front of them a tremendous crowd hugged the rails.

The President of the Irish Republic, Sean Tomás Ó Ceallaigh ("Sean T. O'Kelly" in the Dublin newspapers), was escorted to his seat amid the rapturous acclaim.

Sixteen splendid horses, 10 of them bred in Ireland, represented Spain, England, Italy and Ireland (page 120).

Preceded by two bands, they passed the Presidential box, showed their left flanks to diplomatic row, passed the members' stand and met the full-throated cheers from the towering Anglesea Stand. Both brass and kettle bands were playing *The Wearing of the Green*, but the atmosphere was *Pomp and Circumstance*.

Jumping for International Honors

Then the vast enclosure was empty except for a lone horse and rider, a tiny pattern on the huge velvet oval. Spain's Lt. Col. Joaquin Noguera, on Mister B., was starting the first of two rounds.

This contest between England's civilian team and three army teams was for the Aga Khan Challenge Trophy. The contestants must clear the six permanent jumps, as well as 10 extra jumps such as Railway Gate, Rustic Gate, Road-Closed Gate, Brick Wall and Hole, and, most popular for the general public, the "in and out"—Triple Hedges and Loop—only a few strides apart and counting as three.

All contestants knew the course, but the arrangement of the barriers had been changed. Irish-bred Aherlow, England's second starter, took the wrong course and was eliminated. Since only the three best scores for each team are counted, this did not mean disaster.

Italy's Briacone, bred in Germany, lost his way, but the crowd shouted a warning in time, as it did to another Italian entry, Glen, bred in Italy.

The time allowance for the course proved generous, but since both England's Foxhunter and Ireland's Glengarriff were tied, with only two faults out of a possible 128 for jumps alone, Foxhunter, "the best known jumping horse in the world," won on time.

At one moment Ireland's chances seemed excellent, for Ormonde had a "clear" first round, except for a misstep at the single bank.

England's team won this 1951 event with a total of 30 faults, including only two by Foxhunter. Ireland was second; Spain, third, and Italy, fourth.

President O'Kelly, in dark coat and gray topcoat, came onto the field and presented the two-gallon gold cup to the pink-coated English team, led by Lieutenant Colonel Llewellyn while the bands played Great Britain's national anthem.

Unfortunately, the 1952 show followed so soon after the Olympic Games that riders competing at Helsinki could not ship their mounts to Dublin in time for entry. As a result, the coveted Aga Khan Trophy was not offered.

Horsemen representing France, the United States, England, Italy, Ireland, and the Netherlands did match skills in a stirring unofficial team competition, won by England. The results of several other traditional contests also were unofficial last year.

Show Ends with Bargain Day

Having watched the big 1951 show, with smiling skies, for more than two hours, some visitors drifted away to tea garden or flower exhibition. But tens of thousands stayed on to see nearly 50 horses in the Consolation Competition. Appropriately named, the winner was Happy, and the big day was done.

Saturday is bargain day. For 14 cents anyone can enter the grounds. For 14 cents more, he can enter the grandstand enclosure. Those who braved the rain saw two of the finest events of the show.

Ballyblack, a sturdy veteran of many a year, broke the course record with a high jump of 6 feet 3 inches on his sixth jump. His owner, Mrs. R. G. Garland, of Newry, in Northern Ireland, is an American.

The other outstanding event, the International Jumping Competition for the World Cup, or Irish Trophy, was won by Hack On, an Irish horse.

The Lie show was over. Irish horse lovers had had their day. I boarded my plane and came home. At the New York International Airport there was nothing to remind me of the wedding week's glamour.

"Too bad," I thought. "Americans really should know more about the Dublin Horse Show."

The customs inspector greeted me: "How long were you abroad?"

"Only three weeks—at the Dublin Horse Show," I told him.

"What a vacation! How did Foxhunter look?"



Illustration by Art G. Kelly

11

Illustration by Art G. Kelly

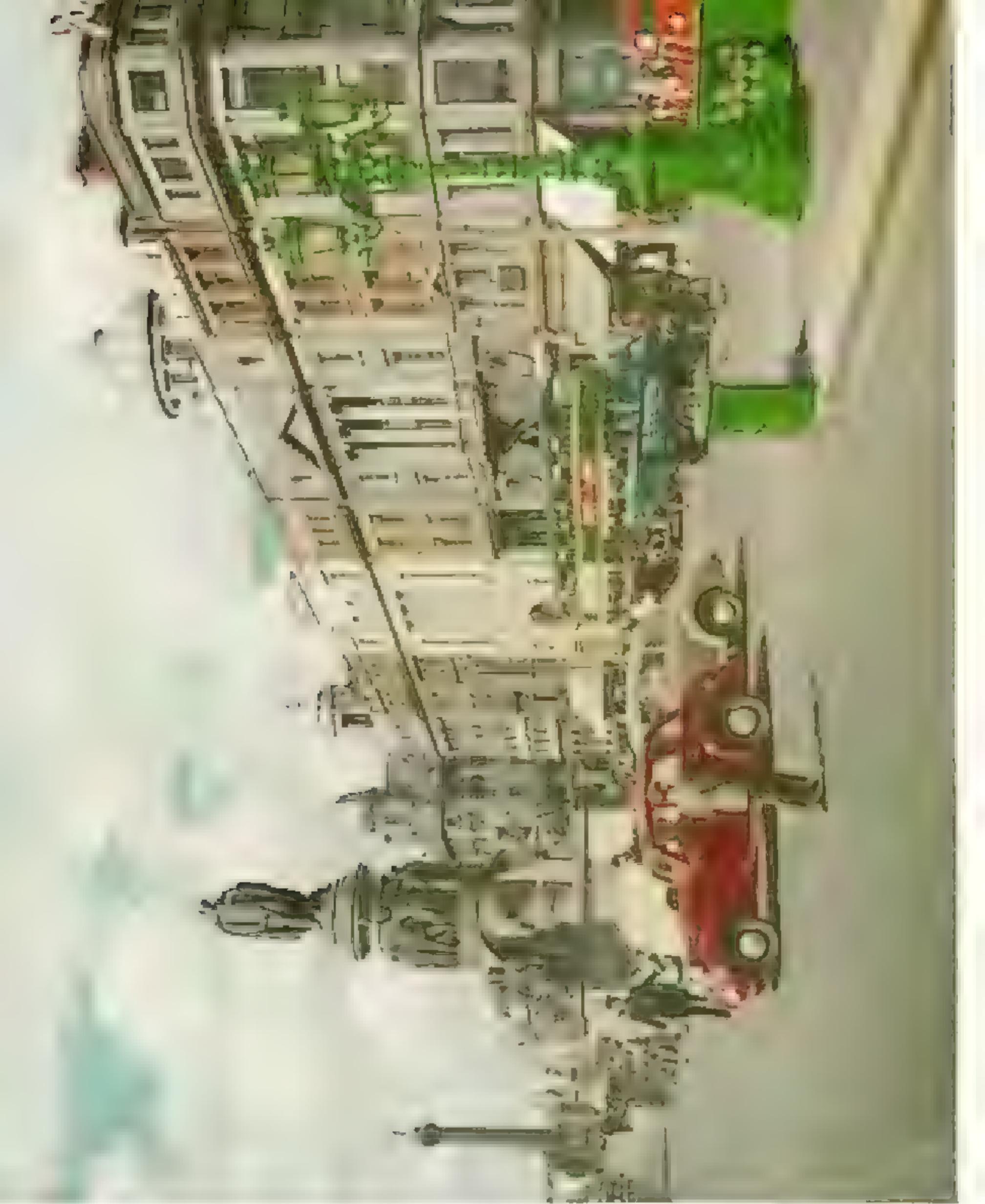
Pride of the Irish: Iris Kallett and Rusty, Her 18-year-old Jumper

A The finest in Ireland's finest horsewoman. She and Rusty have won many trophies in international jumping competitions, including London's Princess Elizabeth Cup in 1949 and 1951 and Dublin's World Cup in 1945.

**Home Stages Line
Dillon's Spiceries
410 Cornell Street**

The Home Stages Line, Dillon's Spiceries, 410 Cornell Street, is a fine example of the modern architecture of the city. The building is a three-story structure with a prominent central tower and a series of arched windows. The facade is made of light-colored stone or concrete, and the overall design is clean and functional. The building is located on a busy street, and its modern design stands out among the older buildings in the area.

Home Stages Line



Coach Passengers
Embark for the
Lakes of Killarney

After the usual
relaxation, the
passengers
boarded the
coach for the
Lakes of Killarney.
The coach was
filled with
passengers
and was
driven by
a driver.
The coach
was
driven
by a driver
and was
filled with
passengers.
The coach
was
driven
by a driver
and was
filled with
passengers.

Coach Passengers
Embark for the
Lakes of Killarney





Jumping Teams of Four Nations Pass in Review at the Dublin Horse Show

A contingent of the Imperial Cavalry, including the 1st Cavalry, 2nd Cavalry, 3rd Cavalry, 4th Cavalry, 5th Cavalry, 6th Cavalry, 7th Cavalry, 8th Cavalry, 9th Cavalry, 10th Cavalry, 11th Cavalry, 12th Cavalry, 13th Cavalry, 14th Cavalry, 15th Cavalry, 16th Cavalry, 17th Cavalry, 18th Cavalry, 19th Cavalry, 20th Cavalry, 21st Cavalry, 22nd Cavalry, 23rd Cavalry, 24th Cavalry, 25th Cavalry, 26th Cavalry, 27th Cavalry, 28th Cavalry, 29th Cavalry, 30th Cavalry, 31st Cavalry, 32nd Cavalry, 33rd Cavalry, 34th Cavalry, 35th Cavalry, 36th Cavalry, 37th Cavalry, 38th Cavalry, 39th Cavalry, 40th Cavalry, 41st Cavalry, 42nd Cavalry, 43rd Cavalry, 44th Cavalry, 45th Cavalry, 46th Cavalry, 47th Cavalry, 48th Cavalry, 49th Cavalry, 50th Cavalry, 51st Cavalry, 52nd Cavalry, 53rd Cavalry, 54th Cavalry, 55th Cavalry, 56th Cavalry, 57th Cavalry, 58th Cavalry, 59th Cavalry, 60th Cavalry, 61st Cavalry, 62nd Cavalry, 63rd Cavalry, 64th Cavalry, 65th Cavalry, 66th Cavalry, 67th Cavalry, 68th Cavalry, 69th Cavalry, 70th Cavalry, 71st Cavalry, 72nd Cavalry, 73rd Cavalry, 74th Cavalry, 75th Cavalry, 76th Cavalry, 77th Cavalry, 78th Cavalry, 79th Cavalry, 80th Cavalry, 81st Cavalry, 82nd Cavalry, 83rd Cavalry, 84th Cavalry, 85th Cavalry, 86th Cavalry, 87th Cavalry, 88th Cavalry, 89th Cavalry, 90th Cavalry, 91st Cavalry, 92nd Cavalry, 93rd Cavalry, 94th Cavalry, 95th Cavalry, 96th Cavalry, 97th Cavalry, 98th Cavalry, 99th Cavalry, 100th Cavalry



English Riders in Hunt's Pinks Won the Last Aga Khan Trophy Competition

This is a copy of the original. It is a second-hand copy and is not a reproduction of the original. It is a copy of the original and is not a reproduction of the original.

Admirers Prepare a Children's Party for the Judding King

THEY ARE a merry, devoted crowd who are preparing a party for the Judding King, the champion of the district.

He has been given a fine coat of paint, a new harness, and a new collar. He is now being prepared for the coming year's work. He is being prepared for the coming year's work. He is being prepared for the coming year's work.

He is being prepared for the coming year's work. He is being prepared for the coming year's work. He is being prepared for the coming year's work. He is being prepared for the coming year's work. He is being prepared for the coming year's work.

They are preparing a party for the Judding King. They are preparing a party for the Judding King. They are preparing a party for the Judding King. They are preparing a party for the Judding King.

They are preparing a party for the Judding King. They are preparing a party for the Judding King. They are preparing a party for the Judding King. They are preparing a party for the Judding King.



Manly Mares with Foals at Point Care a Velvet Lawn, Howard Hotel, Philadelphia, Judge the following Horses

At 10 o'clock the mares were driven to the point of care a velvet lawn, Howard Hotel, Philadelphia, Judge the following Horses
The following mares were shown at the point of care a velvet lawn, Howard Hotel, Philadelphia, Judge the following Horses
The following mares were shown at the point of care a velvet lawn, Howard Hotel, Philadelphia, Judge the following Horses





✦ A Colleen in formal Riding Attire Awaits Her Turn Before the Judges

In Ireland, such a party would be given in the most important and the most beautiful of the country. It is only in such a way that the young people of the world can be brought into the world of the world.

Indeed, the first present of the American people to the world of the international world was the gift of the year 1877. The first of the world was the gift of the year 1877.

It is not only the first of the world, but also the first of the world. It is not only the first of the world, but also the first of the world. It is not only the first of the world, but also the first of the world.

✦ Clenched Teeth Hold Coveted Awards

The winners of the world are the winners of the world. They are the winners of the world, and they are the winners of the world. They are the winners of the world, and they are the winners of the world.

—The first of the world.





▲ A Thatched Roof Shields the Cottage of These Sisters in Adare

At last, Adare, with its snow-covered hills and
 forest of evergreen trees, has been found. It is
 in the mountains. The explorer, Elisha Kent
 Canham, has discovered it. The snow is deep
 and the rocks are hidden in the snow.

★ Thomas Moore Composed Songs at This Place

Moore was born in 1779 in the town of Ballinacorney,
 in the county of Wick, Ireland. He was a
 poet and a composer. He wrote many
 songs, and his most famous one is "The
 Minstrel Boy." He died in 1852 in London.
 His home is now a museum.





Dublin's Baby Elephant Takes Three Admirers for a Ride

Wood's Park, the capital of the city, is a large, well-kept park, and is the home of many of the city's best attractions. It is a beautiful park, and is well-kept. The baby elephant, which is a very young one, is a very interesting sight. It is a very young one, and is very interesting. It is a very young one, and is very interesting.



Nansen Tells the Story of His of Bad Luck

For a while, the weather, which had been so good at some of the previous journeys, had become so bad that the men were still in the ice, and the men were still in the ice, and the men were still in the ice.

For a while, the weather, which had been so good at some of the previous journeys, had become so bad that the men were still in the ice, and the men were still in the ice, and the men were still in the ice.

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For a while, the weather, which had been so good at some of the previous journeys, had become so bad that the men were still in the ice, and the men were still in the ice, and the men were still in the ice.

A Florida of Swam
Sally Past the
Doubt - Gaston House

It is a very old building, built in the early part of the century, and is now a very fine example of the architecture of the time. It is a very fine example of the architecture of the time. It is a very fine example of the architecture of the time.

The building is a very fine example of the architecture of the time. It is a very fine example of the architecture of the time. It is a very fine example of the architecture of the time.

The building is a very fine example of the architecture of the time. It is a very fine example of the architecture of the time. It is a very fine example of the architecture of the time.





A Cart Track Flugs the Stone of Killarney's Black Lough. Here, Legend Says, St. Patrick Devoted His Last Service to the People of the Lough. The Cart Track Flugs the Stone of Killarney's Black Lough. Here, Legend Says, St. Patrick Devoted His Last Service to the People of the Lough. The Cart Track Flugs the Stone of Killarney's Black Lough. Here, Legend Says, St. Patrick Devoted His Last Service to the People of the Lough.





← Young and Old Erin Pause for Rest by a Connemara Road

Connaught. He is the youngest of
 seven children. For that Erin
 has been married to a Connemara
 man, and nothing has. Thus the
 old woman is the daughter of a
 young man. Many the Connemara
 men are the best of men, and the
 best of men.

The young man has been married
 many years, and the old woman
 has been married many years. The
 young man has been married many
 years, and the old woman has been
 married many years.

The road is very good, and the
 very best of the Connemara men
 are the best of men.

← Most of the Connemara men
 are the best of men, and the
 very best of the Connemara men
 are the best of men.

← The Connemara men

← The Connemara men



North America's Much Misunderstood Insect, the Periodical Cicada,
Emerges After 17 Years of the Earth for a Fling in the Sun

BY KENNETH F. WEAVER

National Geographic Magazine Staff

ONE day, two weeks ago, it was 1933. In May, a mysterious signal crossed the land. Citizens going about their chores heard no sound and felt no apprehension. But an invading host, waiting underground, heard and acted.

At a multitude of spots between the Atlantic Ocean and the Mississippi River the invaders began rising by night from their hiding places, lancing out to take possession of forest, wood lot and orchard. Startled citizens, facing millions of uninvited visitors, were roused by curiosity and alarm.

A "W" Marks the Coat of Arms

The woodland occupants wore uniforms of black with orange trim, and shiny cloaks emblazoned with the letter W. Their gargoyle faces and gleaming red eyes stared unblinkingly at passers-by. Discarded armor hung from every tree and fence post. From dawn to dusk drummers filled the air with a harsh and mournful din.

Invaders from Mars or from some alien land? No, these creatures are as American as basketball or buffalo nickels. They are the periodical cicadas, known to almost everybody but entomologists as 17-year locusts.

In June these same cicadas were at their prime in many places east of the Mississippi, enjoying a brief and noisy fling in the sunshine after 17 winters of subterranean darkness. The apprehension that recently met their appearance has given way to varying degrees of annoyance.

By the middle of July the periodical cicada and his keening cry will be only a memory. Then the very air would hang in limp relief were it not for the dog-day cicada, or harvest fly, whose rasp makes rowdy the late summer afternoons. But a myriad drying corpses and empty shells will continue to remind us of the summer's visitation (page 142).

Life Cycle Began in 1936

When this summer's crop of periodical cicadas began its life cycle 17 years ago, the United States was recovering from depression, Edward of Windsor was sitting on England's throne, and Hitler was gaining strength in Germany. If anyone mentioned war, he likely meant the civil war in Spain.

That was 1936. In that July and August tiny antlike creatures wriggled from nests in

furrowed twigs. They scurried briefly on bark and leaves, then tumbled to earth. There they quickly burrowed into the protective soil, to be seen no more until 1953.

A foot or so below the surface (some have been reputed to dig 10 feet) the cicadas hollowed out tiny clay cells. There they sank beaks into tender roots and settled down in quiet darkness for almost their entire lives.

Seasons passed. Depression ended and war spread around the globe. Wood lots fed to the lumberman's ax. Towns appeared; cities grew. But the hidden cicada was oblivious to all these things, except as the death of woods or orchard destroyed the nourishing roots on which he sucked. He seldom moved except to shed his clothes and enlarge his chamber as increasing size demanded.

Out of the Burrows, into the Sky!

But as last winter drew to a close, the solitary earth dwellers sensed that an important change was afoot. During late winter and early spring they gradually tunneled upward until their excavations touched the surface. Some, caught in leaf-covered or wet areas, built mud turrets above the ground as temporary shelters—exactly why, nobody knows. There they awaited Nature's mysterious announcement that sends them scurrying aloft by the millions to take part in the swift cycle of courtship, propagation, and death.

What strange telepathy must govern these small creatures? Each individual is isolated nearly 17 years; yet he senses instinctively and simultaneously with his fellows that his "resurrection day" has arrived. A few come out ahead of time, others straggle, but the big emergence in any locality takes place en masse on several consecutive nights.

In some areas the ground may be peppered with half-inch holes, as many as 40,000 under a large tree (page 136). Small wonder if some awakening sleepers feel that an invading host has taken over during the night!

Thirty years ago the *New York Times* reported that no one had ever seen a periodical cicada nymph emerging; many writers have repeated the assertion. It is true that the creatures scurried warily from their tunnels, usually under cover of darkness. Yet in more recent years observers with powerful lights and considerable patience have watched the fantastic emergence (page 137).

Lobster—the Claws Serve Rip Van Winkle, Wide Underground

The lobster, which is now practically raised in every State in the world, is one of the few animals which the human hand has not yet learned to handle. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.

The lobster is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.

Now, as it is so common in the home, it is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.

The lobster is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.

Continued on page 134

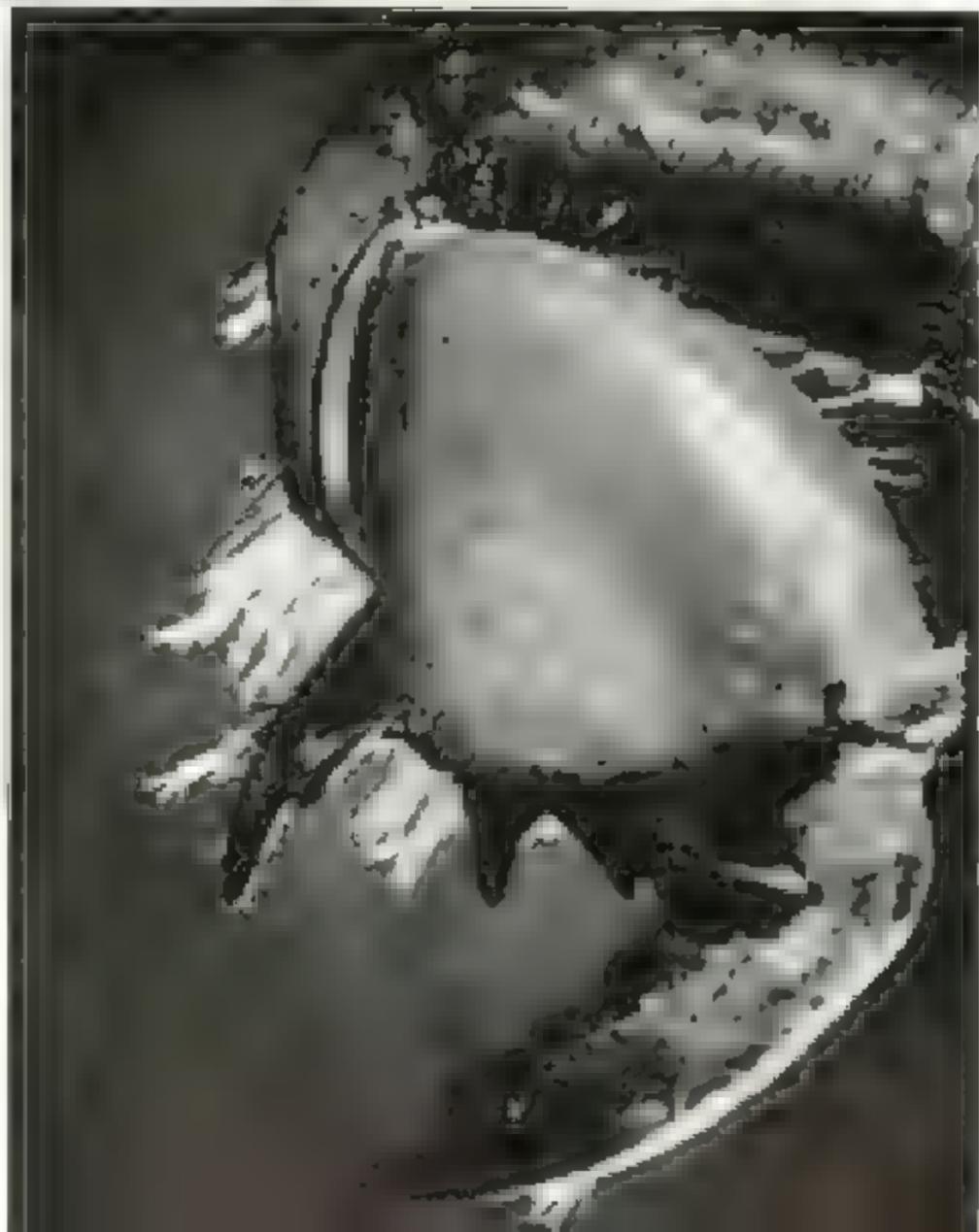
133

The newly hatched lobster is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.

Spectral Shell's Sway in the Breeze

Now, as it is so common in the home, it is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.

The lobster is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water. It is a creature of the sea, and its life is spent in the water.



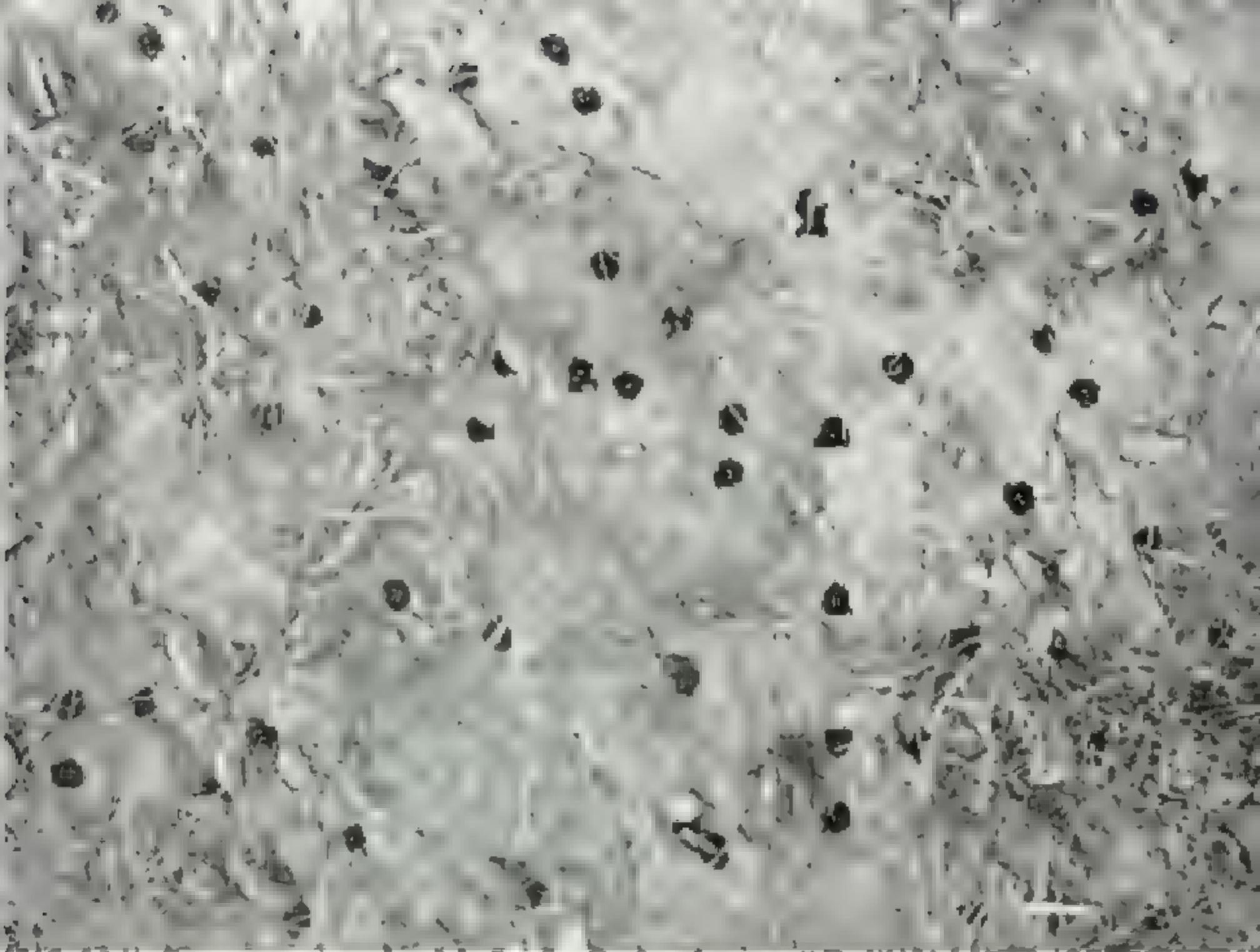


Microphone and Tape Record the Roar of Glade Drums

Two microphones are used to record drumming in the forest of a rain forest. From the ground to a tree trunk in the air, the microphones capture the sound of the drums. The drums are made of hollowed-out logs and are used to communicate between the trees. The drums are used to signal danger, to call for help, and to coordinate the movements of the forest.

A series of three drums is used to signal danger. The first drum is a hollowed-out log, the second is a hollowed-out log with a hole in the middle, and the third is a hollowed-out log with a hole in the middle and a hole in the top. The drums are used to signal danger, to call for help, and to coordinate the movements of the forest.





Emerging Cicada Nymphs Pepper the Earth with Half-inch Holes

Periodical cicadas spend most of their lives a foot or so below ground. In their 17th spring they tunnel upward, stop just below the surface. Occasionally when the ground is wet or seal-covered they build mud barriers. There they await Mayhew's mysterious call. Upon emerging, they honeycomb the earth with exit holes as many as 64 to the square foot. Heavily infested areas may contain a million cicadas per acre.

In this stage the cicada, like the shedding crab, is completely defenseless. His outer skeleton is soft and flabby, and his thick wing pads have no power of flight (page 138).

But this condition changes overnight. Almost as you watch the wing pads expand into a broad, veiny spread of fragile thinness (page 139). The color changes from a dull, brownish white to a glossy brownish black as the outer shell hardens. Orange red suffuses the margins and veins of each mica-shiny wing, while a dark W shows up near the wing tip.

By morning a new insect flits high in the treetops. Most of the time you hear rather than see him, this humbly-size creature with the fiery-red head lamps.

Pilgrim Fathers Called Them "Locusts"

An entomologist shudders when he hears the cicada called a locust. Yet the misnomer is easy to understand. It goes back to 1634, when Cape Cod Pilgrims took fright at the emergence of vast swarms. Indians knew the cicadas; they roasted and ate them, although they regarded the sudden appearance as an omen of pestilence.

But to the Pilgrims the insects were an eerie phenomenon. They concluded that the vast and noisy forest company must be locusts, the ancient plague of Egypt. Their illusion was heightened by the fact that the insect seemed to call, "Pha-a-a-r-a-a-a-toah!"

I went to Louise M. Russell, the United States Department of Agriculture's authority on cicadas, for clarification of the cicada-locust confusion (page 140).

Locusts and cicadas have little in common, although some people may think they look alike," Miss Russell told me. "The locust, a member of the order Orthoptera, is a migratory grasshopper. He has strong jaws which can strip vegetation to the roots, and he is well known for his incalculable damage in the Middle East and Africa. He often migrates in vast swarms for hundreds of miles.*

Cicadas belong to the order Hemiptera, insects whose mouth parts are developed for piercing and sucking rather than for chewing. They live on sap from trees and shrubs and

* See "Report from the Locust Wars," by Tony and Dickey Chappase, NATIONAL GEOGRAPHIC MAGAZINE, April, 1955.

are related to other sucking insects such as aphids, scales, and leaf hoppers. Cicadas do not migrate; each dies within a few hundred yards of its burrow.

Few Insects Live As Long

Not only does the cicada insist on the right to his own name, but he lays claim to certain distinctions. For an insect, he has a staggering life span.

Man has catalogued more than two-thirds a million insect species. Most live a year or less. Many exist only a few days or weeks.

One exception on the present continent is a *Metanulph*. As its Latin name implies, the cicada *septendecim* lives 17 years before its emergence. Its emergence requires 13 years. These creatures hold virtually the longest record known for insect longevity. (Some scientists believe the family *Cicadidae* may include a longer-lived variety.)

Cicadas, periodical and otherwise, are notable as the loudest insects, and their sound apparatus is one of Nature's most complicated.

Only males possess this equipment, a fact which led the ancient Greek Xenarchus to quip about the European variety:

Happy are cicada's lives,
For they all have silent wives.

No one who has heard the periodical cicada in full chorus will forget the sound. The woods ring as if a hundred buzz saws were ripping through oak knots—a shrill dissonant wail whose monotonous rise and fall leaves the listener unnerved and melancholy. A dwarf form of the insect makes a different sound, like the hissing of escaping steam.

Some insects sound their roll by stroking delicate sections of legs or wings. But the cicada is a drummer. On his abdomen, behind the back legs, each male carries two corrugated membranes which tireless muscles vibrate rapidly (page 115). Soundboard below the drums reflect and amplify the sound. These can be muffled to produce a ventriloquistic effect, so that a shrieking cicada



A Nymph Reconnoiters Before Entering an Unfriendly World

Instant speaks to millions. In its cicada's life, it is the loudest insect in any locality ever recorded simultaneously during several months. The astonishment of unsuspecting citizens. They powerful light and the camera's eye catch the rare sight of a nymph poking head and shoulders aloft.

almost at one's elbow may sound as if he were yards away.

R. E. Snodgrass, one of the world's foremost insect anatomists, drew on his extensive research to describe the cicada's music for me.

Insect Orchestra Tunes Lip

"The periodical cicada utters at least four different sounds, all characterized by a sharp buzz. None resembles the screech so commonly heard from the dog-day cicada. One effect is a prolonged hurring, with individual notes becoming lost in the hum of the multitude.

"Another sound is the so-called 'Pharaoh note, which, with imagination's aid, sounds like the ancient ruler's title, sustained for about five seconds on the first syllable and dropping abruptly on the last. It is repeated indefinitely at intervals of two to five seconds.

"A third note is a soft, one-syllable putt, often heard from the insect sitting low in the bushes. The remaining note is a loud, round buzz uttered as a squawk of surprise or fright.

Is the cicada's drumming a mating call? Scientists don't know. For years they said



the same old for year; recently they have found ears on her belly. But the purpose of the dismal drumming remains a mystery.

Where cicadas abound, the racket may make daytime hours uncomfortable. Reports tell of schools being dismissed because youngsters could not study; of travelers who, upon entering a new area, stopped their cars to see what was wrong with the music; of a vacation in a large street that was mostly empty the day after.

Yet so localized is the cicadas appearance that while one town may be colonized with them, a near-by community may be virtually free.

17 Broods—One for Each Year

Periodical cicadas appear somewhere in the United States every year. There are probably 17 broods of the 17-year type, each numbered in the order of its appearance. Some are small and scattered. Brood XI, due next year, has been recorded chiefly in the Connecticut River Valley, and it has been much reduced in numbers, possibly to the point of extinction.

This year's crop, Brood X, is the largest and most widespread. Records show it is now appearing from Vermont to central Georgia and from the eastern seaboard to the Mississippi, with an additional small colony on the Iowa-Nebraska border.

This brood emerges most thickly in three well-defined sections: a large one in Illinois and Ohio; one in New Jersey, eastern Pennsylvania, Delaware, and Maryland; and a third covering the southern Appalachians in northern Georgia, Tennessee, and North Carolina.

We know by counting backward that brood XIV is the one seen by the Cape Cod settlers in 1634. It next appears in 1957.

Brood IV, the most westerly group, concentrates around the Kansas-Missouri-Iowa border region.

Theoretically, there are 13 broods of the 13-year cicadas, one for each year, but only two are of notable size. This race appears chiefly in the Deep South, especially in the Mississippi Valley.

Records show the broods, whether 17- or 13-year, appear only in the United States and only in its eastern half. Thus the periodical cicada is a North American insect—a North American institution, if you will—although its steadily weakening numbers foretell a possible fate like that of another American, the passenger pigeon.

Cicadas moult a week or ten days after emerging. Within a few days the female begins to lay eggs beneath the soft bark of twigs or plant stems.

She prefers deciduous plants and rarely attacks conifers. Oak, hickory, apple, and peach are favorites.



Busy Female with a Sawtooth Caddisfly Larvae Partowed Nests in Twigs

Up and down, up and down, the female caddisfly larva was seen to pass its body through the narrow hole of a twig.

A female caddisfly larva was seen to pass its body through the narrow hole of a twig. The larva was seen to pass its body through the narrow hole of a twig.

When the female caddisfly larva was seen to pass its body through the narrow hole of a twig, it was seen to pass its body through the narrow hole of a twig. The larva was seen to pass its body through the narrow hole of a twig.

A female caddisfly larva was seen to pass its body through the narrow hole of a twig. The larva was seen to pass its body through the narrow hole of a twig.





Cicadas Have Departed; Hollow Hoopings Claim to Have Chiselled Leaves

They are the last of a group of insects which have been known to emerge from the ground in large numbers in this country. They are the only insects which have been known to emerge from the ground in large numbers in this country. They are the only insects which have been known to emerge from the ground in large numbers in this country.

musical cicadas bearing the sign of the Wasp. The cicadas in the eastern United States almost every year, and in some cases they are known to be very abundant.

How many cicadas are there in a year? A cicada will pierce human skin with its mouthparts. Admittedly, cases of stinging are recorded for the cicada's stinging wasp, occasionally picked up by accident with the insect.

Only orchardists are likely to suffer extensively from cicada damage. The cicada does not feed on the fruit of any tree, but it does pierce the bark of many trees. The cicada is a very common pest of orchards. It is a very common pest of orchards. It is a very common pest of orchards.

The cicada has been known to pierce the bark of many trees. The cicada has been known to pierce the bark of many trees. The cicada has been known to pierce the bark of many trees.

However, there is a certain amount of protection for the angler. He may have to work hard

to get a fly out of the river when it takes a fly out that has fed for a month or so. The fly is much stronger and heavier than most. Their flesh is firm and highly colored.

A noisy flyer, the cicada is easy prey to enemies. A fungus disease often eliminates the hardest. Flies feed on the cicada. Squirrels, barnyard fowl, and other birds, and wild birds often on a cicada and in some places gullions English sparrows have almost wiped out the insect.

As the Woods Vanish, So Do Cicadas

But man, unwittingly, is cicada's greatest enemy. Wherever he cuts down trees and replaces them with asphalt, the cicada is doomed. Millions coming from the ground to reach weeks found their woodland homes gone. For them the line was broken; they were a lost generation. In their playgrounds the cicada note will be heard no more.

Since cicadas do not migrate, the range of woodland constantly diminishes. Noisy the 17-year cicada may be, but he is a unique and fascinating creature, and the American scene will seem the poorer for his passing.

* See "Pests of the Forest—Worms and Hoopings" by Arthur H. Allen, National Geographic Magazine, July, 1917.

Current Scientific Projects of the National Geographic Society

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SIX major scientific undertakings, which range from mapping the distant reaches of the universe to exploring the bottom of the sea, are being carried out by the National Geographic Society and cooperating institutions during 1953.

The projects are: the National Geographic Society Palomar Observatory Sky Survey; The Society-Calypsa Marine Archeological Expedition; development of an "Aquascope" for coastal underwater photography; The Society-Smithsonian Institution 12th Archeological Expedition to Middle America; a continuing investigation into the lives of ocean fish conducted with the University of Miami, Coral Gables, Florida; and The Society-Bartol Research Foundation Cosmic Ray Expedition to India.

A long-range undertaking now about half finished, the Sky Survey will prove of inestimable help to astronomers the world over, providing them with a comprehensive atlas of approximately three-fourths of the heavens. The Survey photographs heavenly bodies to a distance of more than 600,000,000 light-years from the earth.

Sky Survey Finds New Worlds

Already plates made with the remarkable 48-inch "Big Schmidt" telescope at California Institute of Technology's Palomar Observatory have disclosed thousands of heretofore unknown galaxies, vast "islands" of stars and gas in outer space.

Dr. Walter Baade, distinguished Palomar astronomer, proved in a revolutionary discovery earlier this year that the most distant visible galaxies are two billion light-years away, rather than one billion as previously believed. The discovery expands the volume of the observable universe eight times and places its age at four billion years rather than two billion.

When completed, the Sky Survey's celestial atlas will provide about 1,700 photographs of that part of the universe visible from Palomar Mountain. Each sky area is photographed with two plates, one sensitive to blue light, the other to red, so that details not captured by one will be shown on the other.

One of the most important archeological discoveries of recent years has been made by the National Geographic Society-Calypsa Marine Archeological Expedition, headed by Com-

mandant Jacques-Yves Cousteau of the French Navy. On the bottom of the Mediterranean off the southern coast of France expedition divers discovered the oldest known cargo ship in the world, a Greco-Roman vessel that sank in the third century B. C.

Exploring Undersea by Television

Commandant Cousteau plans to raise the ship so archeologists can examine it in detail. In the meantime they watch television pictures flashed from a special camera exploring the galley and its cargo of ancient wine and oil jars 120 feet under water.

"We are seeing the galley at ease in the cabin of *Calypsa*, our workship, with now and then a thought of pity for the frozen divers below," reports the Commandant.

For several years the National Geographic Society and the Marine Laboratory of the University of Miami, Florida, have cooperated in a study of plankton, the minute life that abounds in all the world's seas. Recently plankton nets in the Gulf Stream have trapped numerous larvae of important deep-sea fish.

Little is known of the lives of these creatures from the larval to adult stages, and a new long-range study of their entire existence has been started. Results of this National Geographic-sponsored research may someday help increase man's food supply from the sea.

Fish in the waters of Chesapeake Bay recently saw a strange object lowered to the bay floor. It was the National Geographic Society's "Aquascope," a unique 2,700-pound steel tank with a wide plastic window. Inside were two men, a biologist observer and a staff cameraman; outside was equipment to provide brilliant light for high speed photography.

Aquascope Photographs Marine Home Life

Lowered in 30 to 50 feet of water, the rectangular Aquascope rests on the bottom as if it were part of the underwater scenery. Marine life takes its normal course, allowing the photographer, lying prone in the tank, to take pictures of fish undisturbed in their natural setting. The Aquascope was designed and built by Gilbert C. Klingel of Randallstown, Maryland, a noted marine biologist.

Dr. Harold E. Edgerton, inventor of the electronic flashlight for ultra-high-speed photography, has worked with all three underwater projects on the lighting problems of



Mediterranean Depths Give Up Ancient Greek Wine Jars

Some of the most important archaeological finds with their accompanying illustrations appear in the *Journal of the American Society of Naturalists*, published by the National Geographic Society. Dr. Martin A. Pomeroy, Washington, the director of the expedition,

and his whole team. This discovery by both Commandant Cousteau in the Mediterranean and his associates with equipment he has designed for use with scuba tanks, by free-swimming *Andrena* type.

Hunting Proficiency in Panama

In the jungle of Panama, Dr. Matthew W. Storer of the Smithsonian Institution has conducted an important investigation by The Society and the Institution into the past evolutionary development of the people. Dr. Storer, who has been in Panama for many years, has just published his findings in the *Journal of the American Society of Naturalists*.

The National Geographic Society and the British Research Foundation in the Tropics, International Ph.D. program worked together since 1933 to study the people of Panama.

the storm, not only for the water, but also for the land, the earth, and are particularly active in the outer atmosphere. Dr. Martin A. Pomeroy, who has led two expeditions to the Hudson Bay country to study the local low-temperature environments to heights of more than 10,000 feet, is continuing his field research in Alaska.

The Society and the American Museum of Natural History, New York, are sponsoring Dr. Thomas Gillard of the museum, still back in New Guinea, as he studies the local plants, people, and their strange traditions and Stone Age habits.

Continuing from National Geographic magazines is the long-term research of Dr. Carl W. Coatsworth of Cornell University into the mysteries of the prehistoric world.

Last winter the Society sponsored an investigation by Dr. Carl A. Zies of Haskins Laboratories, New York, into the human sea life thrown to the surface from vast

depths by stranded civilizations of the Strait of Messina, between Sicily and Italy. Dr. Zies's story and extraordinary color photographs will appear in *The Magazine*.

As usual, National Geographic will welcome and disseminate the outstanding in every field of natural history and other articles and photographs of historic value.

For more information concerning some of these projects see in the *NATIONAL GEOGRAPHIC MAGAZINE*, the *Far East*, *Caribbean*, *South America*, *World*, *Europe*, and *Mediterranean* for the past few years. For more information see the *Journal of the American Society of Naturalists*, published by the National Geographic Society, Washington, D.C. For more information see the *Journal of the American Society of Naturalists*, published by the National Geographic Society, Washington, D.C. For more information see the *Journal of the American Society of Naturalists*, published by the National Geographic Society, Washington, D.C.

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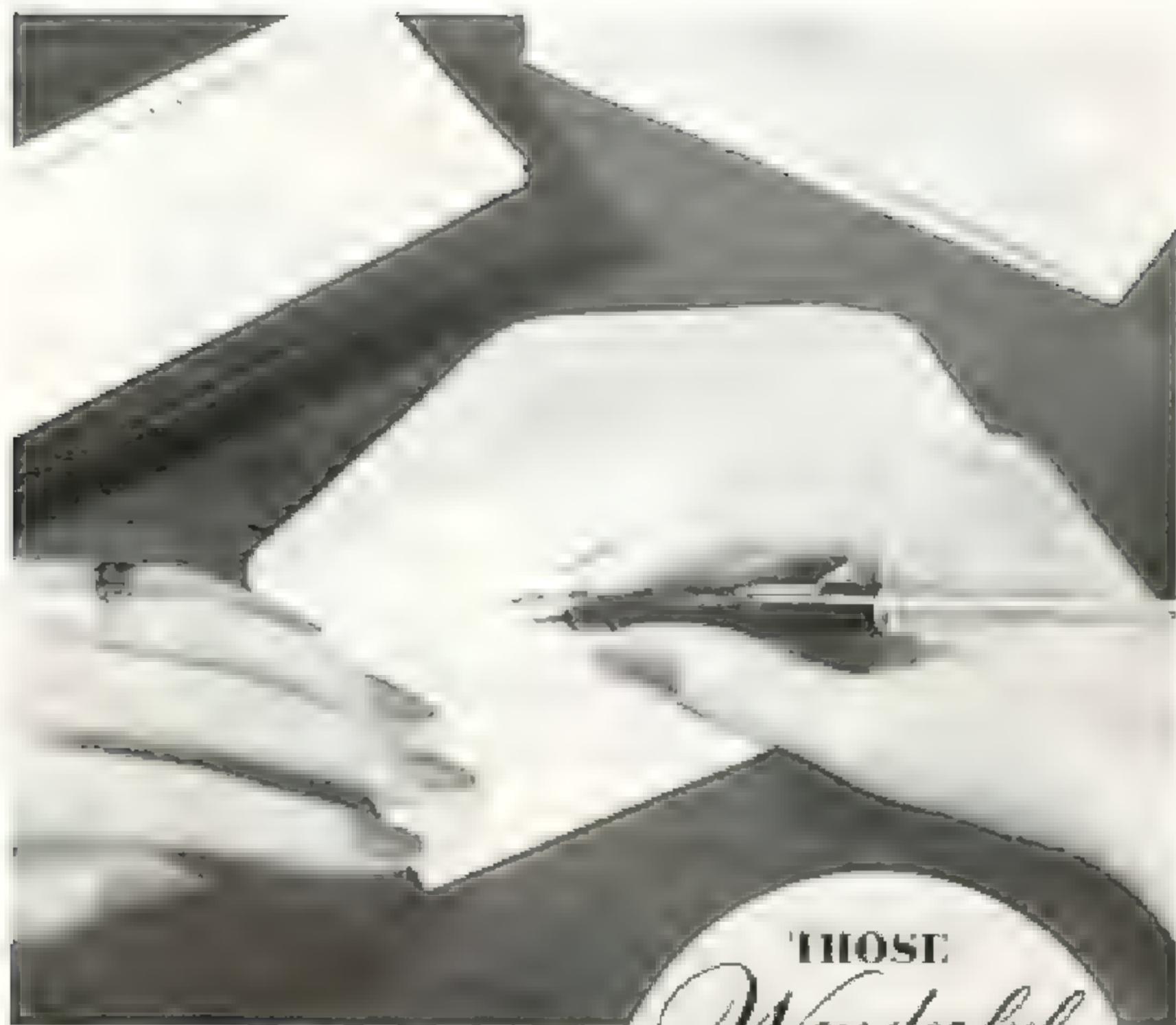
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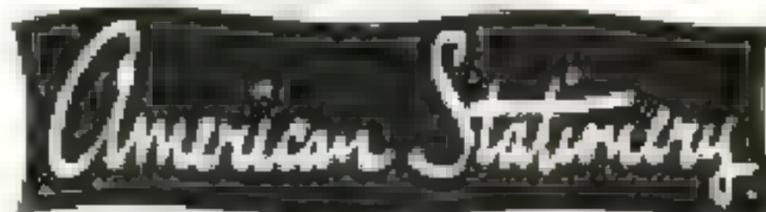
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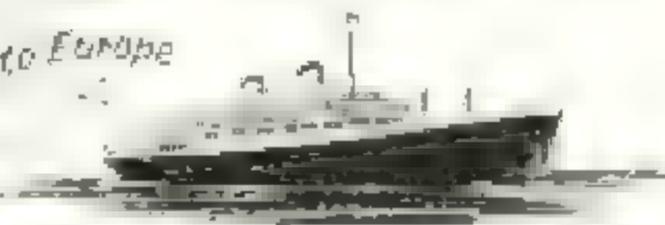
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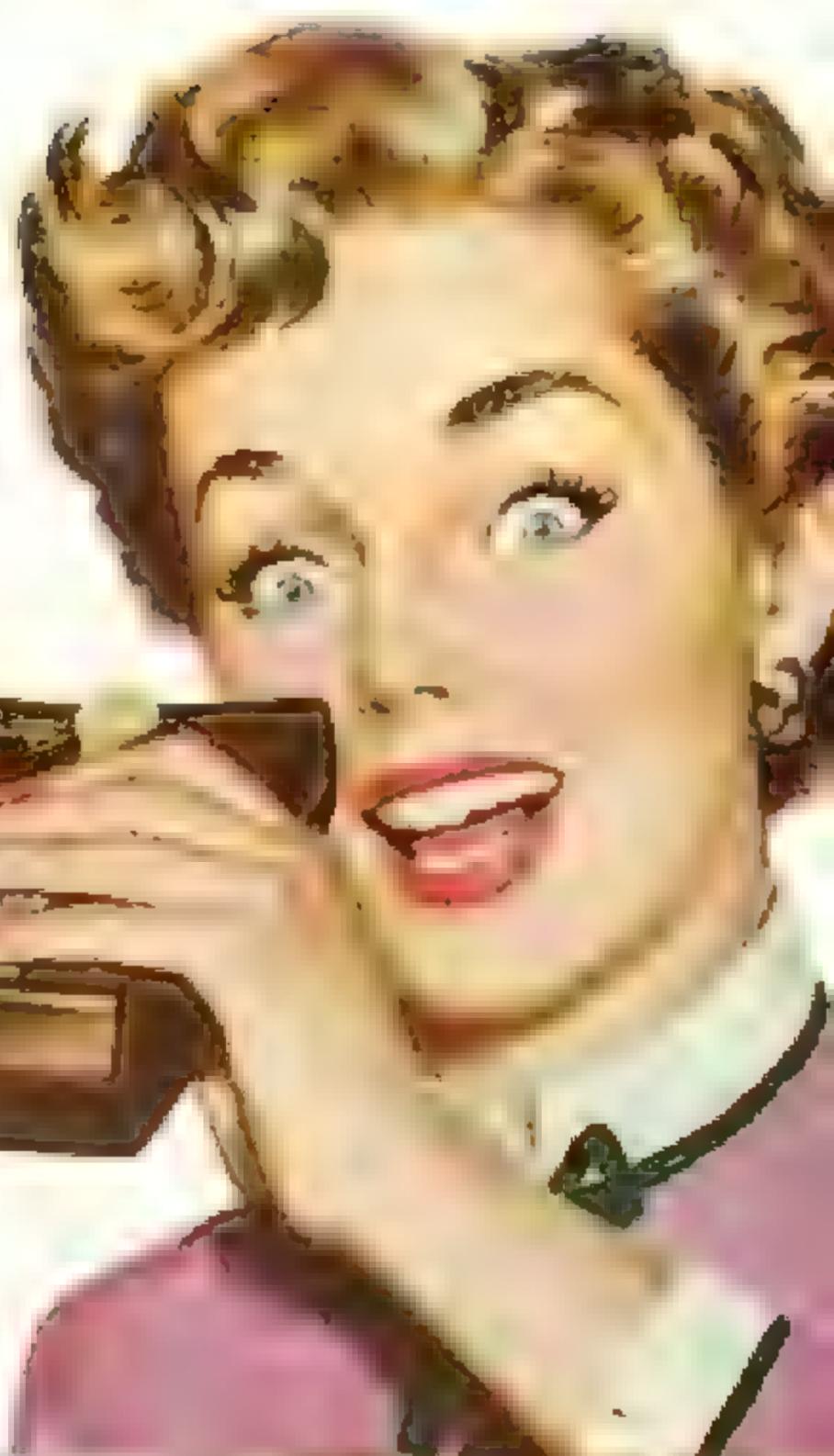
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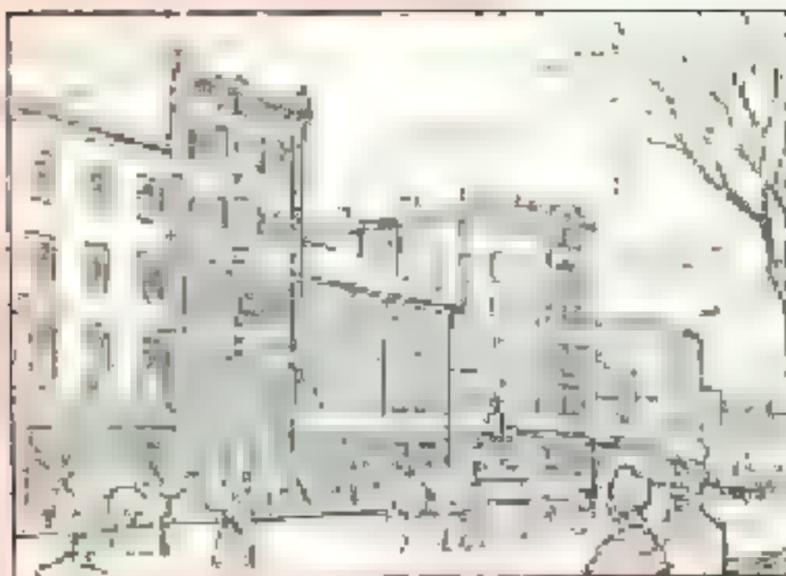


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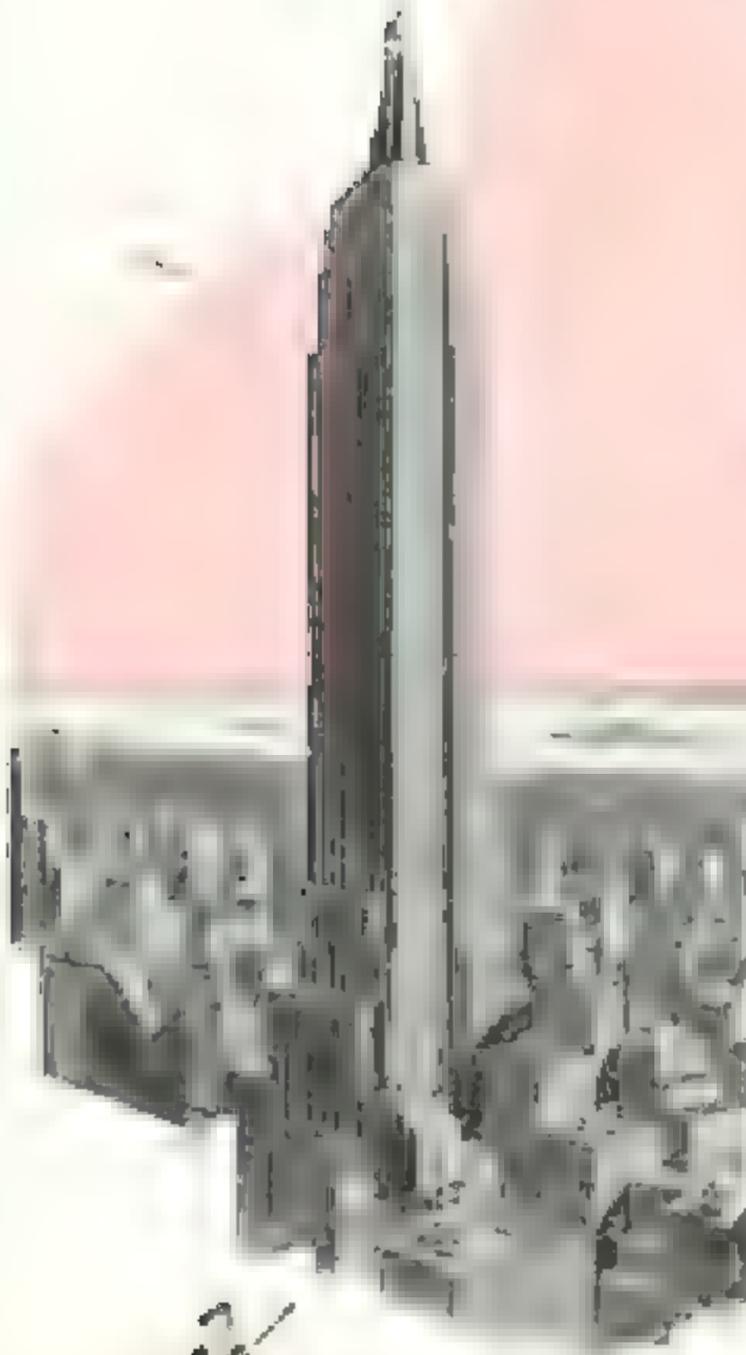
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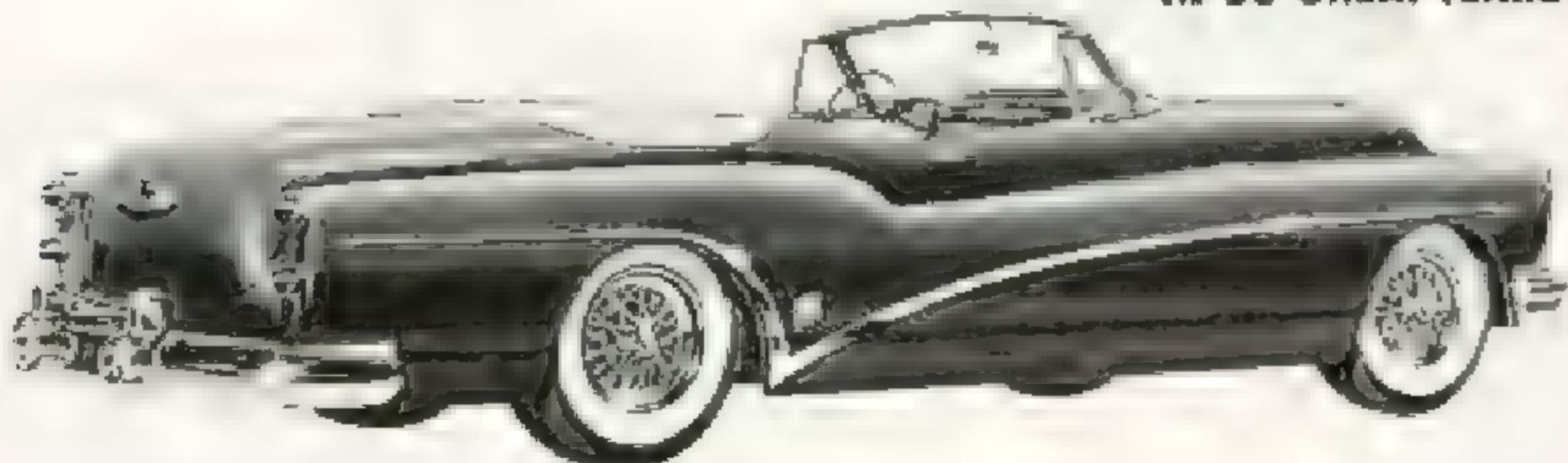
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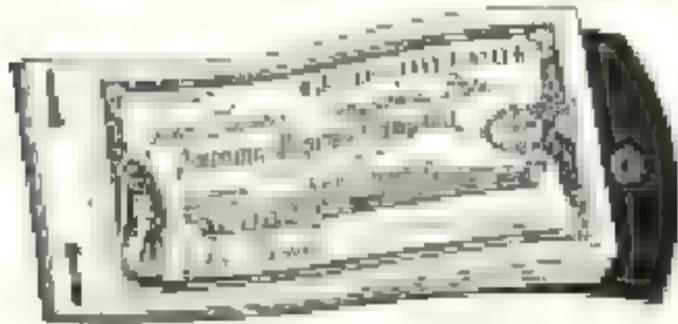
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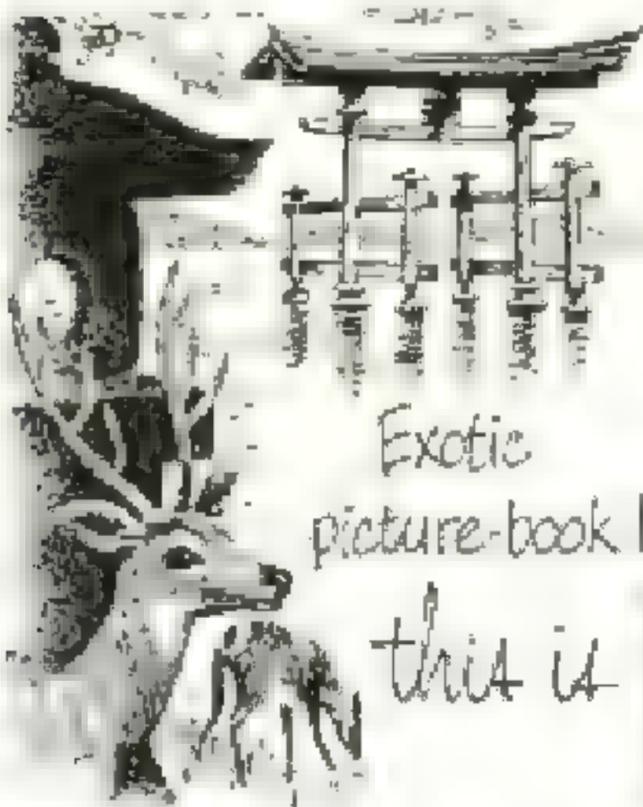


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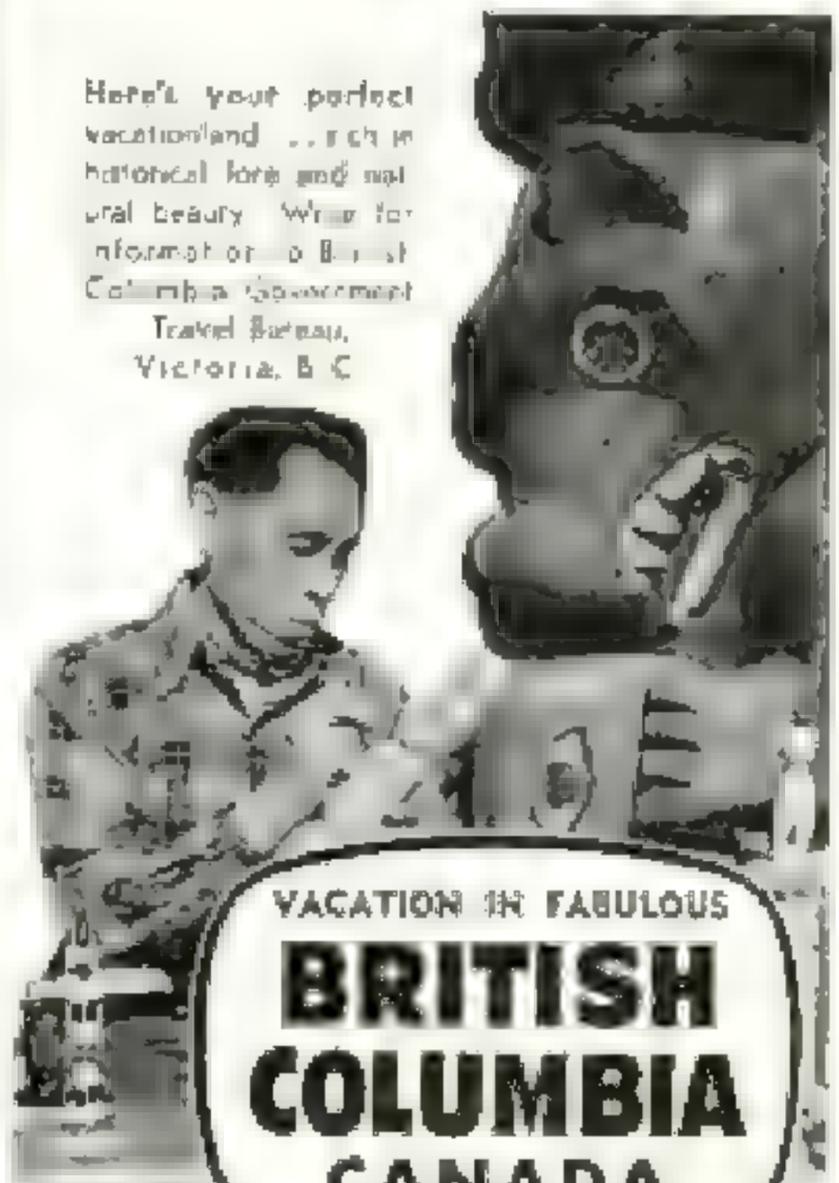
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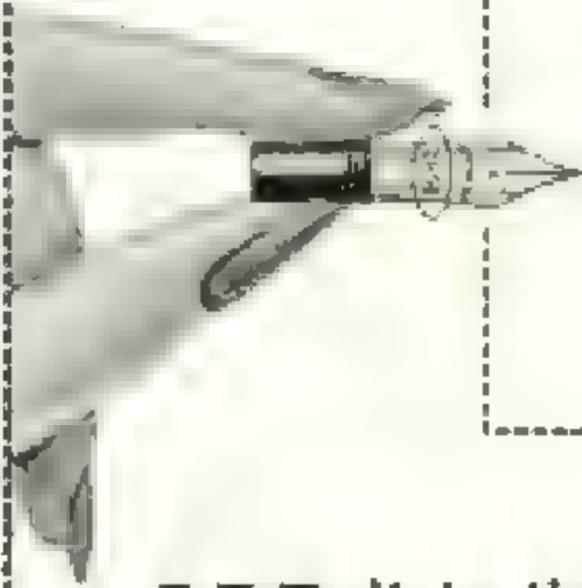
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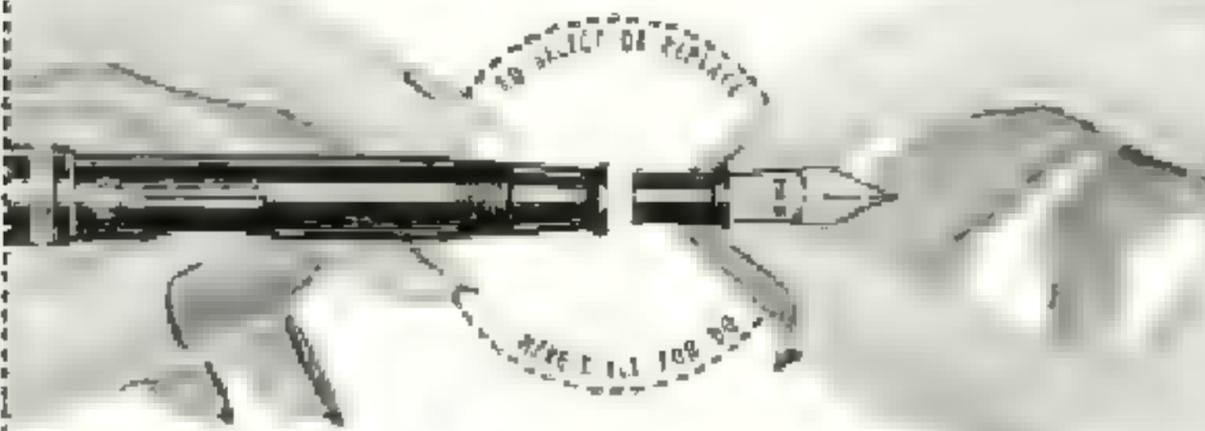


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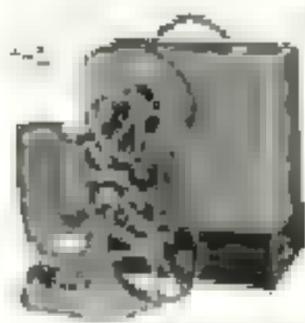
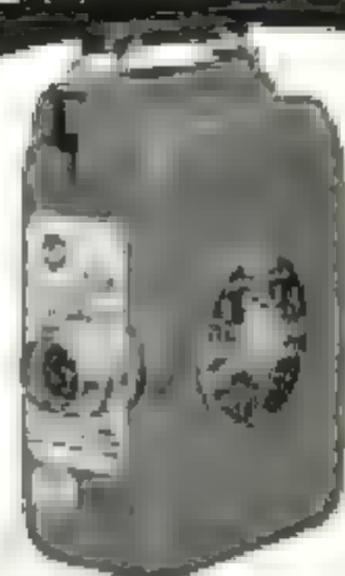
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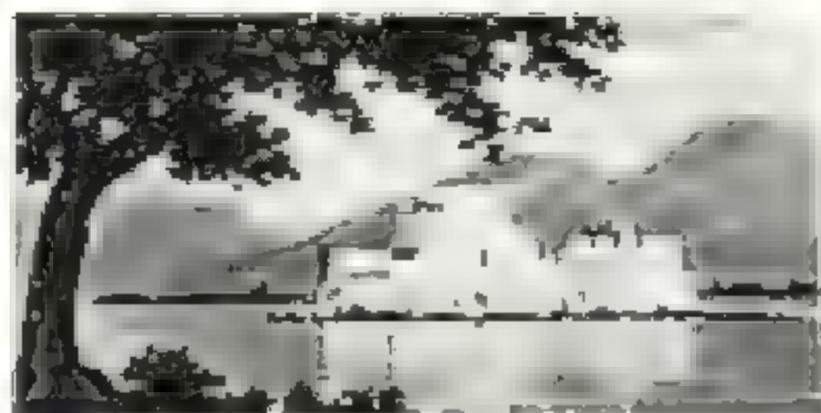


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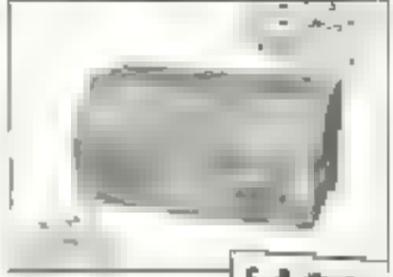
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In "Alice in Wonderland," Alice and the Dormouse were talking.

"Once upon a time there were three little sisters," the Dormouse began in a great hurry, "and their names were Elsie, Lacie, and Tillie,

and they lived at the bottom of a well —

"What did they live on?" said Alice.

"They lived on tarts," said the Dormouse.

"They couldn't have done that, you know," Alice remarked gently, "they'd have been ill,

Alice had the right idea about nutrition

Alice was right. No one could live on tarts (unless, to me, or any other single food. Indeed, she had the right idea about good nutrition.

Even today, unfounded claims are made about the "magic powers" of particular foods. Such claims should be disregarded. Authorities have proved that good health depends largely on eating a wide variety of properly chosen and properly prepared foods. These include meat, eggs, milk, fruits, vegetables, cereals and whatever else is available.

How much and what kinds of foods you should eat to maintain health and desirable weight depends on your age, your physical condition and the kind of work you do. An older person, for example, who is not physically active needs less of the foods that produce energy. He should have generous amounts of the foods that furnish protein, vitamins, and minerals essential to the upkeep and repair of the body.

Your meals, if well balanced, will supply these and other necessary elements in the proper amount. Protein, for example, is needed to build and repair the tissues of the body. The vitamins and minerals are necessary because they affect or take part in many chemical processes in the body. Proteins,

vitamins and minerals are found in many foods. Good nutrition depends upon eating a variety of such foods.

There is more to good eating habits, however, than simply *what* you eat. So, to help you get the full benefit from your food, here are some suggestions that you may follow:

Have your meals at regular hours.

Eat slowly and in a relaxed atmosphere.

Avoid strenuous exercise just before and immediately after eating.

See the doctor if you have frequent digestive troubles.

Have dental defects repaired promptly.

Follow your doctor's suggestions about reducing diet.

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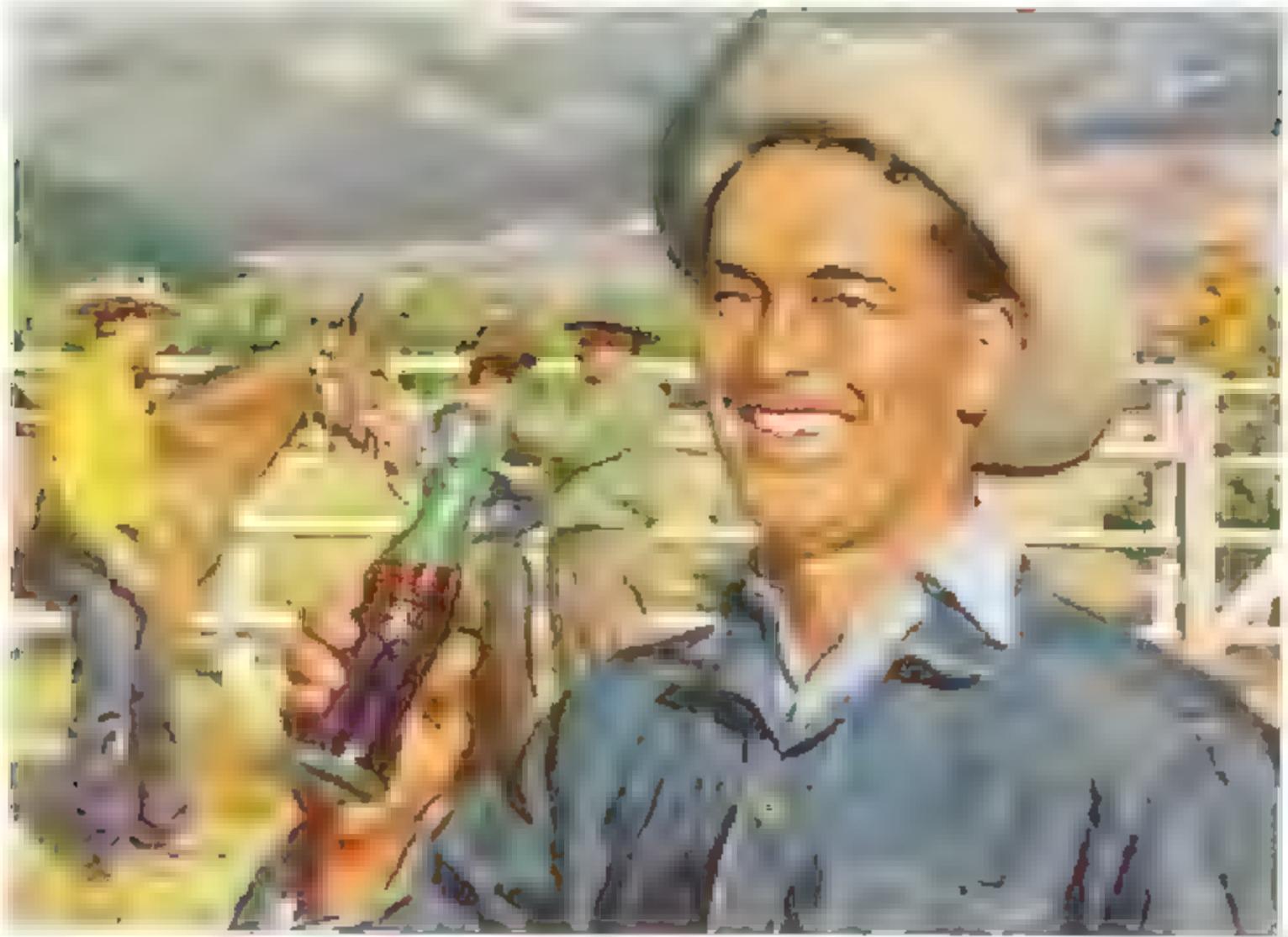
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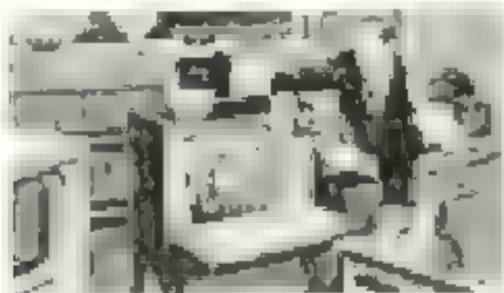
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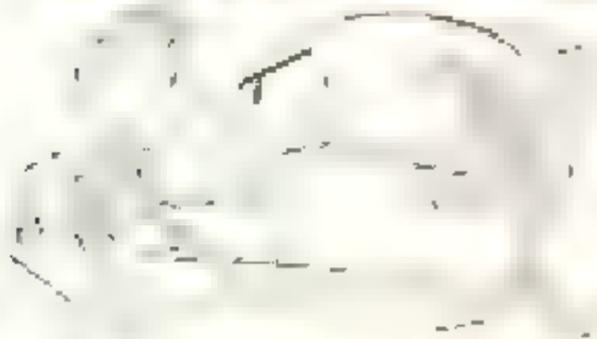


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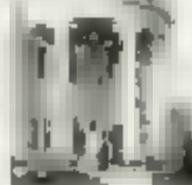
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